



B MILE RACE

Wednesday 19th June 2019, Exeter Arena

B RACE - RESULTS

Position	Race No	Time	Name	Cat	Cat Rank	Club	Power 10
1	67	5.25.91	Nick Daniels	M45	1	Taunton Athletics Club	Yes
2	68	5.28.63	Ethan Sterry	M20	1	South West Road Runners	Yes
3	73	5.30.43	Matthew Dalton	M45	2	Riviera Racers	Yes
4	70	5.40.59	Helen Southcott	F40	1	Wells City Harriers / Yeovil Olympiad	Yes
5	69	5.44.22	Isla Bryson	F13	1	Exeter	Yes
6	96	5.50.04	Millie Redman	F13	2	North Somerset Athletic Club	Yes
7	75	5.50.28	Paul Stidworthy	M35	1	South West Road Runners	Yes
8	78	5.55.61	Olivia Steer	F11	1	Exeter Harriers	No
9	77	5.56.81	John Shapland	M65	1	Bideford Aac	Yes
10	71	6.04.90	Yasmin Wafai	F23	1	North Devon Ac	Yes
11	80	6.15.21	Karen Shapland	F35	1	Bideford Aac	Yes
12	88	6.54.70	Caitlin Lodge	F13	3	South West Road Runners	Yes