



#RunExe Virtual Mile

18th to 25th March 2020

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Pos	No	Time	Name	Cat	Cat Rank	Club	% age adjusted
1	88	0:04:39	Ben Neale	MSen	1	Tavistock Run Project	81%
2	89	0:04:47	Rob Ellis	MSen	2	Exmouth Harriers	79%
3	70	0:04:55	John McWilliams	M35+	1	Mile High	77%
4	54	0:04:58	Oliver White	MSen	3	Exmouth Harriers	76%
5	91	0:05:02	Mike Musgrove	M50+	1	Exmouth Harriers	85%
6	100	0:05:19	Ethan Sterry	MU20	1	South West Road Runners	71%
7	110	0:05:22	Jason Hockridge	M40+	1	South West Road Runners	73%
8	71	0:05:41	Richard Pedrick	M35+	2	South West Road Runners	67%
9	111	0:05:41	Amy Jones	F40+	1	South West Road Runners	78%
10	51	0:05:44	Serane Stone	F40+	2	Tiverton Harriers	80%
11	99	0:05:54	Aidan Bown	MU17	1	Exmouth Harriers	72%
12	86	0:05:55	Andrew Place	MSen	4	Exmouth Harriers	63%
13	92	0:06:01	Paula Hawkins	F40+	3	Exmouth Harriers	76%
14	55	0:06:15	Lauren Carr	FU17	1	South Devon Ac	72%
15	50	0:06:18	Lauren Burd	FU20	1	Tiverton Harriers	67%
16	93	0:06:40	Nicholas Pope	M45+	1		61%
17	94	0:06:40	Tracy Connor	F45+	1	South West Road Runners	72%
18	82	0:06:42	Paul Carr	M40+	2		58%
19	56	0:06:43	Charles Mossman	M70+	1		75%
20	102	0:07:02	Steve Morgan	M60+	1	Exmouth Harriers	67%
21	48	0:07:13	Des White	M65+	1	Exmouth Harriers	67%

22	49	0:08:28	Alison White	F65+	1	Exmouth Harriers	73%
23	101	0:09:20	Maria Whelan	F45+	2		50%
24	53	0:10:36	Eva Holland	FU17	2	#TeamHolland	48%
25	52	0:12:00	Niamh Tosh	FU17	3	South West Road Runners	39%
26	90	0:12:19	Mandy Lucas	F55+	1	Women On The Run	44%
27	47	0:15:55	Mollie Mimms	F2	1	Greenbow Running Club	#N/A