



# **ROBERT ELLIS**

**3 KM TIME: 9.28**

**CLUB: EXMOUTH HARRIERS**

**CAT: MSEN – CAT RANK: 1**

**AGE GRADED: 79%**



# **MIKO CAEDDU**

**3 KM TIME: 9.40**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: MSEN – CAT RANK: 2**

**AGE GRADED: 76%**



# **MIKE MUSGROVE**

**3 KM TIME: 9.44**

**CLUB: EXMOUTH HARRIERS**

**CAT: M50+ – CAT RANK: 1**

**AGE GRADED: 87%**



# **JOHN MCWILLIAMS**

**3 KM TIME: 9.45**

**CLUB: MILE HIGH**

**CAT: M35+ – CAT RANK: 1**

**AGE GRADED: 77%**



# **OLIVER WHITE**

**3 KM TIME: 10.00**

**CLUB: EXMOUTH HARRIERS**

**CAT: MSEN – CAT BANK: 3**

**AGE GRADED: 75%**



# **NICK BRUCE-WHITE**

**3 KM TIME: 10.23**

**CLUB: SWRR**

**CAT: M40+ – CAT RANK: 1**

**AGE GRADED: 75%**



# **LANGDON WILLIAMS**

**3 KM TIME: 10.44**

**CLUB: EXMOUTH HARRIERS**

**CAT: M50+ – CAT RANK: 2**

**AGE GRADED: 79%**



# **PETE WAUMSLEY**

**3 KM TIME: 10.45**

**CLUB: STORM PLYMOUTH**

**CAT: M45+ – CAT RANK: 1**

**AGE GRADED: 76%**





# **SERANE STONE**

**3 KM TIME: 10.47**

**CLUB: TIVERTON HARRIERS**

**CAT: F40+ – CAT RANK: 1**

**AGE GRADED: 83%**



# **RICHARD PEDRICK**

**3 KM TIME: 10.51**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: M35+ – CAT RANK: 2**

**AGE GRADED: 69%**



# **VICTORIA HILL**

**3 KM TIME: 11.05**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: F35+ – CAT RANK: 1**

**AGE GRADED: 78%**



# **BRIAN SANSON**

**3 KM TIME: 11.38**

**CLUB: EXMOUTH HARRIERS**

**CAT: M55+ – CAT RANK: 1**

**AGE GRADED: 75%**



# **HANNAH BOWN**

**3 KM TIME: 11.44**

**CLUB: EXMOUTH HARRIERS**

**CAT: F40+ – CAT RANK: 2**

**AGE GRADED: 75%**



# **LUCAS BLAND**

**3 KM TIME: 11.46**

**CAT: MSEN – CAT RANK: 4**

**AGE GRADED: 62%**



# **DES WHITE**

**3 KM TIME: 1202**

**CLUB: EXMOUTH HARRIERS**

**CAT: M65+ – CAT RANK: 1**

**AGE GRADED: 80%**



# **LAUREN CARR**

**3 KM TIME: 12.07**

**CLUB: SOUTH DEVON AC**

**CAT: FU17 – CAT RANK: 1**

**AGE GRADED: 74%**





# **NICHOLAS POPE**

**3 KM TIME: 12.08**

**CAT: M45+ – CAT RANK: 2**

**AGE GRADED: 66%**



# **ANDREW PLACE**

**3 KM TIME: 12.12**

**CLUB: EXMOUTH HARRIERS**

**CAT: MSEN – CAT RANK: 5**

**AGE GRADED: 60%**



# **CATH STIBBS**

**3 KM TIME: 12.17**

**CLUB: KENT AC**

**CAT: F45+ – CAT RANK: 1**

**AGE GRADED: 75%**



**ROB SWEET**

**3 KM TIME: 12.21**

**CAT: M45+ – CAT RANK: 3**

**AGE GRADED: 65%**



# **MATTHEW OLCZAK**

**3 KM TIME: 12.28**

**CLUB: GREENBOW RUNNING CLUB**

**CAT: M35+ – CAT RANK: 3**

**AGE GRADED: 62%**



# **DAVID SNOOK**

**3 KM TIME: 12.31**

**CLUB: TRI-HARDS EXMOUTH**

**CAT: M35+ – CAT RANK: 4**

**AGE GRADED: 61%**



# **DYLAN TRAVERS**

**3 KM TIME: 12.32**

**CLUB: EXETER TRIATHLON CLUB**

**CAT: MU17 – CAT BANK: 1**

**AGE GRADED: 67%**



# **STEVE MORGAN**

**3 KM TIME: 12.36**

**CLUB: EXMOUTH HARRIERS**

**CAT: M60+ – CAT RANK: 1**

**AGE GRADED: 74%**





# **RICHARD FLOWER**

**3 KM TIME: 12.39**

**CAT: M35+ – CAT RANK: 5**

**AGE GRADED: 61%**



# **JIM DURSTON**

**3 KM TIME: 12.43**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: M50+ – CAT RANK: 3**

**AGE GRADED: 68%**



# **TRACY CONNOR**

**3 KM TIME: 12.45**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: F45+ – CAT RANK: 2**

**AGE GRADED: 74%**



# **BEN TRAVERS**

**3 KM TIME: 1256**

**CAT: M35+ – CAT RANK: 6**

**AGE GRADED: 60%**



# **HEIDI SIMMS**

**3 KM TIME: 13.28**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: FSEN – CAT RANK: 1**

**AGE GRADED: 62%**



# **JULES PRING**

**3 KM TIME: 13.52**

**CLUB: SWRR**

**CAT: F45+ – CAT RANK: 3**

**AGE GRADED: 67%**



# **CAROLINE TAIT**

**3 KM TIME: 14.07**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: F50+ – CAT RANK: 1**

**AGE GRADED: 73%**



# **MIKE KAY**

**3 KM TIME: 14.22**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: M55+ – CAT RANK: 2**

**AGE GRADED: 62%**





# **PETER BUNYAN**

**3 KM TIME: 14.28**

**CLUB: SOUTH WEST VETS AC**

**CAT: M65+ – CAT RANK: 2**

**AGE GRADED: 68%**



**JANE CLARK**

**3 KM TIME: 14.48**

**CAT: F40+ – CAT RANK: 3**

**AGE GRADED: 60%**



# **SHARON WELLS**

**3 KM TIME: 14.49**

**CLUB: HONITON RUNNING CLUB**

**CAT: F50+ – CAT RANK: 2**

**AGE GRADED: 70%**



# **DEREK WHITE**

**3 KM TIME: 15.16**

**CLUB: MINEHEAD R C**

**CAT: M75+ – CAT RANK: 1**

**AGE GRADED: 72%**



# **IAN WELLOWAY**

**3 KM TIME: 15.28**

**CLUB: SOUTH WEST ROAD RUNNERA**

**CAT: M45+ – CAT RANK: 4**

**AGE GRADED: 53%**



# **ALISON WHITE**

**3 KM TIME: 15.44**

**CLUB: EXMOUTH HARRIERS**

**CAT: F65+ – CAT RANK: 1**

**AGE GRADED: 77%**



# **IAN RUSSELL**

**3 KM TIME: 15.55**

**CLUB: GREENBOW RUNNING CLUB**

**CAT: M50+ – CAT RANK: 4**

**AGE GRADED: 53%**



# **IAN RUSSELL**

**3 KM TIME: 15.55**

**CLUB: GREENBOW RUNNING CLUB**

**CAT: M50+ – CAT RANK: 4**

**AGE GRADED: 53%**





# **JAN KIRKHAM**

**3 KM TIME: 15.59**

**CAT: F65+ – CAT RANK: 2**

**AGE GRADED: 76%**



# **LAUREN BROWN**

**3 KM TIME: 18.24**

**CLUB: LONELY GOAT RC**

**CAT: FSEN – CAT RANK: 2**

**AGE GRADED: 45%**



# **JANE BROWN**

**3 KM TIME: 19.14**

**CLUB: WOMEN ON THE RUN**

**CAT: F55+ – CAT RANK: 1**

**AGE GRADED: 55%**



# **CARA KAYA**

**3 KM TIME: 21.30**

**CAT: F40+ – CAT RANK: 4**

**AGE GRADED: 42%**



# **MANDY LUCAS**

**3 KM TIME: 22.32**

**CLUB: WOMEN ON THE RUN**

**CAT: F55+ – CAT RANK: 2**

**AGE GRADED: 47%**



# **NICKI HART**

**3 KM TIME: 22.40**

**CLUB: WOMEN ON THE RUN**

**CAT: F45+ – CAT RANK: 4**

**AGE GRADED: 42%**