



ROB ELLIS

4 MILE TIME: 20.56

CAT: MSEN - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 82%



OLIVER WHITE

4 MILE TIME: 22.01

CAT: MSEN - CAT RANK: 2

EXMOUTH HARRIERS

AGE GRADED SCORE: 78%



MIKO CAEDDU

4 MILE TIME: 22.22

CAT: MSEN - CAT RANK: 3

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 76%



JOE OSBORNE

4 MILE TIME: 22.56

CAT: MSEN - CAT RANK: 4

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 74%



JODY BEE

4 MILE TIME: 23.21

CAT: M40+ - CAT RANK: 1

SWRR

AGE GRADED SCORE: 76%



ADAM MILLER

4 MILE TIME: 23.35

CAT: M40+ - CAT RANK: 2

EXMOUTH HARRIERS

AGE GRADED SCORE: 78%



LANGDON WILLIAMS

4 MILE TIME: 23.36

CAT: M50+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 83%



STEVE GOSS

4 MILE TIME: 23.39

CAT: M50+ - CAT RANK: 2

GOSSY GAZELLES

AGE GRADED SCORE: 82%



SERANE STONE

4 MILE TIME: 23.57

CAT: F40+ - CAT RANK: 1

TIVERTON HARRIERS

AGE GRADED SCORE: 85%



HANNAH BOWN

4 MILE TIME: 25.15

CAT: F40+ - CAT RANK: 2

EXMOUTH HARRIERS

AGE GRADED SCORE: 79%



RICHARD PEDRICK

4 MILE TIME: 25.16

CAT: M35+ - CAT RANK: 1

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 68%



BRIAN SANSOM

4 MILE TIME: 25.40

CAT: M55+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 78%



NEIL CLARKE

4 MILE TIME: 25.52

CAT: M40+ - CAT RANK: 3

EXMOUTH HARRIERS

AGE GRADED SCORE: 69%



PETE WAUMSLEY

4 MILE TIME: 26.14

CAT: M45+ - CAT RANK: 1

STORM PLYMOUTH

AGE GRADED SCORE: 72%



LUKE PASCOE

4 MILE TIME: 26.14

CAT: MU17 - CAT RANK: 1

EXETER HARRIERS

AGE GRADED SCORE: 71%



THOM BATES

4 MILE TIME: 27.04

CAT: M35+ - CAT RANK: 2

CLIMB SOUTH WEST

AGE GRADED SCORE: 64%



BEN TRAVERS

4 MILE TIME: 27.49

CAT: M35+ - CAT RANK: 3

AGE GRADED SCORE: 64%



ADAM ROOKE

4 MILE TIME: 28.02

CAT: M40+ - CAT RANK: 4

HONITON RUNNING CLUB

AGE GRADED SCORE: 65%



CATH STIBBS

4 MILE TIME: 28.19

CAT: F45+ - CAT RANK: 1

KENT AC

AGE GRADED SCORE: 73%



DYLAN TRAVERS

4 MILE TIME: 28.25

CAT: MU17 - CAT RANK: 2

EXETER TRIATHLON CLUB

AGE GRADED SCORE: 68%



RICHARD FLOWER

4 MILE TIME: 28.36

CAT: M35+ - CAT RANK: 4

AGE GRADED SCORE: 62%



DES WHITE

4 MILE TIME: 28.51

CAT: M65+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 77%



JENNY REAY

4 MILE TIME: 28.51

CAT: F60+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 87%



JIM DURSTON

4 MILE TIME: 28.59

CAT: M50+ - CAT RANK: 3

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 69%



PAUL CARR

4 MILE TIME: 29.04

CAT: M40+ - CAT RANK: 5

AGE GRADED SCORE: 61%



ANDREW PLACE

4 MILE TIME: 29.20

CAT: MSEN - CAT RANK: 5

EXMOUTH HARRIERS

AGE GRADED SCORE: 58%



NICHOLAS POPE

4 MILE TIME: 29.29

CAT: M45+ - CAT RANK: 2

AGE GRADED SCORE: 63%



MATTHEW OLCZAK

4 MILE TIME: 29.34

CAT: M35+ - CAT RANK: 5

GREENBOW RUNNING CLUB

AGE GRADED SCORE: 60%



IAN RUSSELL

4 MILE TIME: 29.35

CAT: M50+ - CAT RANK: 4

GREENBOW RUNNING CLUB

AGE GRADED SCORE: 65%



ADAM ROOKE

4 MILE TIME: 29.39

CAT: M40+ - CAT RANK: 6

HONITON RUNNING CLUB

AGE GRADED SCORE: 62%



MARIA BOARD

4 MILE TIME: 29.49

CAT: F35+ - CAT RANK: 1

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 66%



CRAIG HOBSON

4 MILE TIME: 30.27

CAT: M45+ - CAT RANK: 3

MAVERICK RUNNERS

AGE GRADED SCORE: 61%



ROB SWEET

PUSHING BUGGY

4 MILE TIME: 30.42

CAT: M45+ - CAT RANK: 4

AGE GRADED SCORE: 60%



STEVE MORGAN

4 MILE TIME: 30.57

CAT: M60+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 70%



IAN WELLOWAY

4 MILE TIME: 31.05

CAT: M45+ - CAT RANK: 5

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 60%



MIKE KAY

4 MILE TIME: 31.40

CAT: M55+ - CAT RANK: 2

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 64%



TRACY CONNOR

4 MILE TIME: 31.53

CAT: F45+ - CAT RANK: 2

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 66%



HANIA LEE

4 MILE TIME: 31.58

CAT: F40+ - CAT RANK: 3

MAVERICK RUNNERS

AGE GRADED SCORE: 63%



SHARON WELLS

4 MILE TIME: 32.45

CAT: F50+ - CAT RANK: 1

HONITON RUNNING CLUB

AGE GRADED SCORE: 70%



PHIL HATCHARD

4 MILE TIME: 33.35

CAT: M35+ - CAT RANK: 6

EXMOUTH HARRIERS

AGE GRADED SCORE: 52%



PETER BUNYAN

4 MILE TIME: 34.09

CAT: M65+ - CAT RANK: 2

SOUTH WEST VETS AC

AGE GRADED SCORE: 66%



JAN KIRKHAM

4 MILE TIME: 35.29

CAT: F65+ - CAT RANK: 1

AGE GRADED SCORE: 75%



ALISON WHITE

4 MILE TIME: 35.29

CAT: F65+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 75%



CHARLES MOSSMAN

4 MILE TIME: 38.21

CAT: M70+ - CAT RANK: 1

CREDITON

AGE GRADED SCORE: 60%



NIAMH TOSH

4 MILE TIME: 40.24

CAT: FU17 - CAT RANK: 1

SOUTH WEST ROAD RUNNER

AGE GRADED SCORE: 54%



LAURA GREENHILL

4 MILE TIME: 40.30

CAT: F45+ - CAT RANK: 3

AGE GRADED SCORE: 53%



CARA KAYA

4 MILE TIME: 42.36

CAT: F40+ - CAT RANK: 4

GREENBOW

AGE GRADED SCORE: 48%



JANICE HINDLEY

4 MILE TIME: 44.11

CAT: F60+ - CAT RANK: 2

WOTR

AGE GRADED SCORE: 57%



LYN WONNACOTT

4 MILE TIME: 45.00

CAT: F60+ - CAT RANK: 3

WOMEN ON THE RUN

AGE GRADED SCORE: 56%



HEATHER FITZSIMMONS

4 MILE TIME: 50.23

CAT: F55+ - CAT RANK: 1

AGE GRADED SCORE: 47%



MANDY LUCAS

4 MILE TIME: 54.26

CAT: F55+ - CAT RANK: 2

WOMEN ON THE RUN

AGE GRADED SCORE: 43%