



#RunExe Virtual 0.4KM

8th May to 20th May 2020

Pos	No	Time	Name	Cat	Cat Rank	Club	% age adjusted
1	681	0:01:00	Adam Miller	M40+	1	Exmouth Harriers	79%
1	682	0:01:00	Mike Musgrove	M50+	1	Exmouth	83%
3	683	0:01:01	James Kelly	MSen	1	Exmouth Harriers	70%
4	684	0:01:01	Nick Casey	M50+	2	South West Road Runners	81%
5	685	0:01:04	Jason Hockridge	M40+	2	South west road runners	72%
6	686	0:01:06	Russell Forsbrook	M40+	3	Cheltenham & County Harriers	72%
7	687	0:01:07	David Nicholls	M35+	1	South West Road Runners	67%
8	688	0:01:07	Brian Sansom	M55+	1	Exmouth Harriers	76%
9	689	0:01:10	Luke Pascoe	MU17	1	Exeter Harriers	67%
10	690	0:01:11	Jacob Forsbrook	MU17	2	North Somerset AC	70%
11	691	0:01:11	Serane Stone	F40+	1	Tiverton Harriers	75%
12	692	0:01:12	Adam Rooke	M40+	4	Honiton Running Club	65%
13	693	0:01:13	Simon Chant	M40+	5	Exeter Triathlon Club	64%
14	765	0:01:15	Paula Hawkins	F40+	2	Exmouth Harriers	71%
15	694	0:01:17	Arthur Johns	M70+	1	Poole Runners & SW Vets	78%
16	695	0:01:17	Nicholas Pope	M45+	1	0	62%
17	696	0:01:19	Des White	M65+	1	Exmouth Harriers	70%
18	697	0:01:19	Serane Stone	F40+	3	Tiverton Harriers	68%
19	698	0:01:21	Des White	M65+	2	Exmouth Harriers	68%
20	699	0:01:22	Rob Sweet	M45+	2	0	58%
21	700	0:01:22	Craig Hobson	M45+	2	Maverick Runners	59%
22	701	0:01:28	Jules Pring	F45+	1	SWRR	63%
23	702	0:01:28	Niamh Tosh	FU17	1	South west road runners	64%
24	703	0:01:29	Hayley Ratcliff	F50+	1	Torbay AC	66%
25	704	0:01:30	Laura Nicholls	FSen	1	South West Road Runners	54%
26	705	0:01:30	Tracy Connor	F45+	2	South West Road Runners	62%
27	706	0:01:41	Jake Tosh	MU17	3	0	46%
28	707	0:01:42	Alison White	F65+	1	Exmouth Harriers	65%
29	708	0:01:44	Hania Lee	F40+	4	Maverick runners	51%

30	709	0:02:09	Claire Chalk	F50+	2	Swrr	45%
31	710	0:02:26	Mandy Lucas	F55+	1	Women on the Run	42%
32	711	0:02:34	Carrie-Anne Weirs	F35+	1	Women on The Run	32%