



# #RunExe Virtual 1KM

30th April to 6th May 2020

Pos	No	Time	Name	Cat	Cat Rank	Club	% age adjusted
1	512	0:02:46	Sam Mills	MU17	1	Gossy's Gazelles	84%
2	513	0:02:50	Ollie Thorogood	MSen	1	South West Road Runners	76%
3	514	0:02:51	Jamie Pullinger	MSen	2	Swrr	76%
4	515	0:02:55	Adam Miller	M40+	1	Exmouth Harriers	82%
5	516	0:03:01	Mike Musgrove	M50+	1	Exmouth	84%
6	517	0:03:04	James Armstrong	M35+	1	Tavistock Ac	72%
7	518	0:03:05	Edward Pickering	M45+	1	South West Road Runners	79%
8	519	0:03:12	Langdon Williams	M50+	2	Exmouth Harriers	80%
9	520	0:03:12	Paige Quinn	FU17	1	Torbay Aac	91%
10	521	0:03:14	Joe Osborne	MSen	3	Swrr	67%
11	522	0:03:17	Jason Hockridge	M40+	2	South West Road Runners	70%
12	523	0:03:21	Leigh Clark	MSen	4	Climb South West	65%
13	524	0:03:21	Amy Jones	F40+	1	Swrr	75%
14	525	0:03:22	Simon Chant	M40+	3	Exeter Triathlon Club	70%
15	526	0:03:25	Luca Cadeddu	M35+	2	0	65%
16	527	0:03:26	Alison Thorn	F45+	1	Erme Valley Harriers	78%
17	528	0:03:28	Nicholas Pope	M45+	2		69%
18	529	0:03:29	Brian Sansom	M55+	1	Exmouth	75%
19	530	0:03:30	Jodi Fisk	F35+	1	Tavistock Ac	70%
20	531	0:03:33	Aidan Bown	MU17	2	Exmouth Harriers	71%
21	532	0:03:33	Evie Rowe	FU17	2	South Devon Athletics	77%
22	533	0:03:34	Serane Stone	F40+	2	Tiverton Harriers	73%
23	534	0:03:36	Katie Coult	F35+	2	Swrr	68%
24	535	0:03:37	Laura Cowie	F35+	3		68%
25	536	0:03:40	Jacob Forsbrook	MU17	3	North Somerset Ac	69%
26	537	0:03:42	Rob Sweet	M45+	3		65%
27	538	0:00:00	0.00	0	1	0	#N/A
28	539	0:03:46	Paula Hawkins	F40+	3	Exmouth Harriers	69%
29	540	0:03:49	Arthur Johns	M70+	1	Poole Runners & Sw Vets Ac	79%
30	541	0:03:52	Graham Cox	M40+	4	Maverick Runners	62%
31	542	0:03:53	Matt Coult	M35+	3		57%
32	543	0:03:53	Des White	M65+	1	Exmouth Harriers	74%
33	544	0:03:53	Adam Rooke	M40+	5	Honiton Running Club	61%

<b>34</b>	545	0:03:55	Tracy Connor	F45+	2	South West Road Runners	69%
<b>35</b>	546	0:03:56	Arthur Johns	M70+	2	Poole Runners & Sw Vets Ac	77%
<b>36</b>	547	0:03:58	Andy Macmillan	M50+	3		64%
<b>37</b>	548	0:04:03	Hayley Johns	FSen	1	Exmouth Harriers	60%
<b>38</b>	549	0:04:09	Jenny Reay	F60+	1	Exmouth Harriers	78%
<b>39</b>	550	0:04:28	Claire Baillie	F60+	2	0	73%
<b>40</b>	551	0:04:42	Alison White	F65+	1	Exmouth Harriers	74%
<b>41</b>	552	0:04:42	Niamh Tosh	FU17	3	South West Road Runners	60%
<b>42</b>	553	0:05:10	Jake Tosh	MU17	4		45%
<b>43</b>	554	0:05:48	Poppy Johnson	F35+	4		42%
<b>44</b>	555	0:06:03	Mandy Lucas	F55+	1	Women On The Run	50%
<b>45</b>	556	0:06:54	Jacob Town	MU17	4	Team Town	#N/A
<b>46</b>	557	0:06:57	Carrie-Anne Weirs	F35+	4	Women On The Run	35%