



#RunExe Virtual Half Mile

7th May to 13th May 2020

Pos	No	Time	Name	Cat	Cat Rank	Club	% age adjusted
1	603	0:02:09	Adam Miller	M40+	1	Exmouth Harriers	85%
2	604	0:02:09	Adam Holland	Treadmill-Msen	1	Tavistockac	
3	605	0:02:10	Oliver Capps	MU17	1	Cdp	84%
4	606	0:02:19	Adam Holland	MSen	1	Tavistockac	73%
5	607	0:02:22	Russell Forsbrook	M40+	2	Cheltenham & County Harriers	78%
6	608	0:02:26	James Kelly	MSen	2	Exmouth Harriers	69%
7	609	0:02:28	Luke Pascoe	MU17	2	Exeter Harriers	75%
8	610	0:02:29	Langdon Williams	M50+	1	Exmouth Harriers	79%
9	611	0:02:30	Hamish Fletcher-Cooney	MSen	3	South West Road Runners	67%
10	612	0:02:30	Paige Quinn	FU17	1	Torbay Athletic Club	90%
11	613	0:02:31	Oliver White	M35+	1	Exmouth Harriers	67%
12	614	0:02:41	Serane Stone	F40+	1	Tiverton Harriers	74%
13	615	0:02:41	Simon Chant	M40+	3	Exeter	68%
14	616	0:02:42	Brian Sansom	M55+	1	Exmouth Harriers	75%
15	617	0:02:42	Iiona Farquharson	FU17	2	Torbay Athletics Club	75%
16	618	0:02:46	Katie Coult	F35+	1	Swrr	68%
17	619	0:00:00	0.00	0	1	0	#N/A
18	620	0:02:50	Laura Cowie	F35+	2		66%
19	621	0:02:52	Adam Rooke	M40+	4	Honiton Running Club	63%
20	622	0:02:52	Nicholas Pope	M45+	1		65%
21	623	0:02:54	Suzie Tosh	F40+	2	South West Road Runners	69%
22	624	0:02:55	Sam Eyre	MU17	3	Axe Valley Runners	63%
23	625	0:02:55	Luca Cadeddu	M35+	2	0	59%
24	626	0:02:56	Des White	M65+	1	Exmouth Harriers	75%
25	627	0:02:57	Arthur Johns	M70+	1	Poole Runners & Sw Vets	79%
26	628	0:03:01	Rob Sweet	M45+	2		61%
27	629	0:03:04	Grahame Mace	M45+	3		61%
28	630	0:03:11	Heidi Simms	FSen	1	South West Road Runners	59%
29	631	0:03:14	Tracy Connor	F45+	1	South West Road Runners	64%
30	632	0:03:17	Jon Dand	MSen	4		51%
31	633	0:03:28	Ann Pascoe	F45+	2		59%
32	634	0:03:30	Niamh Tosh	FU17	3	South West Road Runners	63%
33	635	0:03:31	Jake Tosh	MU17	4		52%

34	636	0:03:42	Carly Olczak	F40+	3	Women On The Run	52%
35	637	0:03:52	Alison White	F65+	1	Exmouth Harriers	69%
36	638	0:04:23	Claire Chalk	F50+	1	Swrr	49%
36	639	0:04:36	Tori Kennedy	Treadmill-F40+	1	0	
36	640	0:04:47	Mandy Lucas	F55+	1	Women On The Run	48%
36	641	0:05:05	Eva Holland	FU17	4	#Teamholland	52%
36	642	0:05:09	Jacob Town	MU17	5	Team Town	#N/A
36	643	0:05:18	Jane Richardson	F70+	1	Okehampton Rc	56%
36	644	0:05:35	Carrie-Anne Weirs	F35+	3	Women On The Run	34%