



**30TH APRIL TO 6TH MAY 2020**

**SAM MILLS**

**1 KM TIME: 2.46**

**CLUB: GOSSY'S GAZELLES**

**CAT: MU17 – CAT BANK: 1**

**AGE GRADED: 84%**



**30TH APRIL TO 6TH MAY 2020**

**OLLIE THOROGOOD**

**1 KM TIME: 2.50**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: MSEN – CAT RANK: 1**

**AGE GRADED: 76%**



**30TH APRIL TO 6TH MAY 2020**

# **JAMIE PULLINGER**

**1 KM TIME: 2.51**

**CLUB: SWRR**

**CAT: MSEN – CAT BANK: 2**

**AGE GRADED: 76%**



**30TH APRIL TO 6TH MAY 2020**

**ADAM MILLER**

**1 KM TIME: 2.55**

**CLUB: EXMOUTH HARRIERS**

**CAT: M40+ – CAT RANK: 1**

**AGE GRADED: 82%**



**30TH APRIL TO 6TH MAY 2020**

# **MIKE MUSGROVE**

**1 KM TIME: 3.01**

**CLUB: EXMOUTH**

**CAT: M50+ – CAT RANK: 1**

**AGE GRADED: 84%**



30TH APRIL TO 6TH MAY 2020

# **JAMES ARMSTRONG**

**1 KM TIME: 3.04**

**CLUB: TAVISTOCK AC**

**CAT: M35+ – CAT RANK: 1**

**AGE GRADED: 72%**



30TH APRIL TO 6TH MAY 2020

# **EDWARD PICKERING**

**1 KM TIME: 3.05**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: M45+ – CAT RANK: 1**

**AGE GRADED: 79%**



30TH APRIL TO 6TH MAY 2020

# LANGDON WILLIAMS

1 KM TIME: 3.12

CLUB: EXMOUTH HARRIERS

CAT: M50+ – CAT RANK: 2

AGE GRADED: 80%





**30TH APRIL TO 6TH MAY 2020**

# **PAIGE QUINN**

**1 KM TIME: 3.12**

**CLUB: TORBAY AAC**

**CAT: FU17 – CAT RANK: 1**

**AGE GRADED: 91%**



**30TH APRIL TO 6TH MAY 2020**

**JOE OSBORNE**

**1 KM TIME: 3.14**

**CLUB: SWRR**

**CAT: MSEN – CAT BANK: 3**

**AGE GRADED: 67%**



**30TH APRIL TO 6TH MAY 2020**

# **JASON HOCKRIDGE**

**1 KM TIME: 3.17**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: M40+ – CAT RANK: 2**

**AGE GRADED: 70%**



**30TH APRIL TO 6TH MAY 2020**

**LEIGH CLARK**

**1 KM TIME: 3.21**

**CLUB: CLIMB SOUTH WEST**

**CAT: MSEN – CAT BANK: 4**

**AGE GRADED: 65%**



**30TH APRIL TO 6TH MAY 2020**

**AMY JONES**

**1 KM TIME: 3.21**

**CLUB: SWRR**

**CAT: F40+ – CAT RANK: 1**

**AGE GRADED: 75%**



**30TH APRIL TO 6TH MAY 2020**

**SIMON CHANT**

**1 KM TIME: 3.22**

**CLUB: EXETER TRIATHLON CLUB**

**CAT: M40+ – CAT RANK: 3**

**AGE GRADED: 70%**



**30TH APRIL TO 6TH MAY 2020**

**LUCA CAEDDU**

**1 KM TIME: 3.25**

**CAT: M35+ – CAT RANK: 2**

**AGE GRADED: 65%**



**30TH APRIL TO 6TH MAY 2020**

**ALISON THORN**

**1 KM TIME: 3.26**

**CLUB: ERME VALLEY HARRIERS**

**CAT: F45+ – CAT RANK: 1**

**AGE GRADED: 77%**





**30TH APRIL TO 6TH MAY 2020**

**NICHOLAS POPE**

**1 KM TIME: 3.28**

**CAT: M45+ – CAT RANK: 2**

**AGE GRADED: 69%**



30TH APRIL TO 6TH MAY 2020

# **BRIAN SANSON**

**1 KM TIME: 3.29**

**CLUB: EXMOUTH**

**CAT: M55+ – CAT RANK: 1**

**AGE GRADED: 75%**



**30TH APRIL TO 6TH MAY 2020**

**JODI FISK**

**1 KM TIME: 3.30**

**CLUB: TAVISTOCK AC**

**CAT: F35+ – CAT RANK: 1**

**AGE GRADED: 70%**



**30TH APRIL TO 6TH MAY 2020**

**AIDAN BOWN**

**1 KM TIME: 3.33**

**CLUB: EXMOUTH HARRIERS**

**CAT: MU17 – CAT BANK: 2**

**AGE GRADED: 71%**



**30TH APRIL TO 6TH MAY 2020**

**EVIE ROWE**

**1 KM TIME: 3.33**

**CLUB: SOUTH DEVON ATHLETICS**

**CAT: FU17 – CAT RANK: 2**

**AGE GRADED: 77%**



**30TH APRIL TO 6TH MAY 2020**

# **SERANE STONE**

**1 KM TIME: 3.34**

**CLUB: TIVERTON HARRIERS**

**CAT: F40+ – CAT RANK: 2**

**AGE GRADED: 73%**



**30TH APRIL TO 6TH MAY 2020**

# **KATIE COULT**

**1 KM TIME: 3.36**

**CLUB: SWRR**

**CAT: F35+ – CAT RANK: 2**

**AGE GRADED: 68%**



**30TH APRIL TO 6TH MAY 2020**

**LAURA COWIE**

**1 KM TIME: 3.37**

**CAT: F35+ – CAT RANK: 3**

**AGE GRADED: 68%**





30TH APRIL TO 6TH MAY 2020

# JACOB FORSBROOK

1 KM TIME: 3.40

CLUB: NORTH SOMERSET AC

CAT: MU17 – CAT RANK: 3

AGE GRADED: 69%



**30TH APRIL TO 6TH MAY 2020**

**ROB SWEET**

**PUSHING BUGGY**

**1 KM TIME: 3.42**

**CAT: M45+ – CAT RANK: 3**

**AGE GRADED: 65%**





30TH APRIL TO 6TH MAY 2020

**PAULA HAWKINS**

**1 KM TIME: 3.46**

**CLUB: EXMOUTH HARRIERS**

**CAT: F40+ – CAT RANK: 3**

**AGE GRADED: 69%**



**30TH APRIL TO 6TH MAY 2020**

# **ARTHUR JOHNS**

**1 KM TIME: 3.49**

**CLUB: POOLE RUNNERS & SW VETS AC**

**CAT: M70+ – CAT RANK: 1**

**AGE GRADED: 79%**



**30TH APRIL TO 6TH MAY 2020**

**GRAHAM COX**

**1 KM TIME: 3.52**

**CLUB: MAVERICK RUNNERS**

**CAT: M40+ – CAT RANK: 4**

**AGE GRADED: 62%**



**30TH APRIL TO 6TH MAY 2020**

**MATT COULT**

**1 KM TIME: 3.53**

**CAT: M35+ – CAT RANK: 3**

**AGE GRADED: 57%**



30TH APRIL TO 6TH MAY 2020

**DES WHITE**

**1 KM TIME: 3.53**

**CLUB: EXMOUTH HARRIERS**

**CAT: M65+ – CAT RANK: 1**

**AGE GRADED: 74%**





**30TH APRIL TO 6TH MAY 2020**

**ADAM ROOKE**

**1 KM TIME: 3.53**

**CLUB: HONITON RUNNING CLUB**

**CAT: M40+ – CAT RANK: 5**

**AGE GRADED: 61%**



**30TH APRIL TO 6TH MAY 2020**

# **TRACY CONNOR**

**1 KM TIME: 3.55**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: F45+ – CAT RANK: 2**

**AGE GRADED: 69%**



**30TH APRIL TO 6TH MAY 2020**

# **ARTHUR JOHNS**

**1 KM TIME: 3.56**

**CLUB: POOLE RUNNERS & SW VETS AC**

**CAT: M70+ – CAT RANK: 2**

**AGE GRADED: 77%**



30TH APRIL TO 6TH MAY 2020

# ANDY MACMILLAN

1 KM TIME: 3.58

CAT: M50+ – CAT RANK: 3

AGE GRADED: 64%



**30TH APRIL TO 6TH MAY 2020**

# **HAYLEY JOHNS**

**1 KM TIME: 4.03**

**CLUB: EXMOUTH HARRIERS**

**CAT: FSEN – CAT RANK: 1**

**AGE GRADED: 60%**



**30TH APRIL TO 6TH MAY 2020**

# **JENNY BEAY**

**1 KM TIME: 4.09**

**CLUB: EXMOUTH HARRIERS**

**CAT: F60+ – CAT RANK: 1**

**AGE GRADED: 78%**



**30TH APRIL TO 6TH MAY 2020**

**CLAIRE BAILLIE**

**1 KM TIME: 4.28**

**CAT: F60+ – CAT RANK: 2**

**AGE GRADED: 73%**



**30TH APRIL TO 6TH MAY 2020**

**ALISON WHITE**

**1 KM TIME: 4.42**

**CLUB: EXMOUTH HARRIERS**

**CAT: F65+ – CAT RANK: 1**

**AGE GRADED: 74%**





**30TH APRIL TO 6TH MAY 2020**

**NIAMH TOSH**

**1 KM TIME: 4.42**

**CLUB: SOUTH WEST ROAD RUNNERS**

**CAT: FU17 – CAT RANK: 3**

**AGE GRADED: 60%**



**30TH APRIL TO 6TH MAY 2020**

**JAKE TOSH**

**1 KM TIME: 5.10**

**CAT: MU17 – CAT BANK: 4**

**AGE GRADED: 45%**



**30TH APRIL TO 6TH MAY 2020**

# **POPPY JOHNSON**

**1 KM TIME: 5.48**

**CAT: F35+ – CAT RANK: 4**

**AGE GRADED: 42%**



**30TH APRIL TO 6TH MAY 2020**

# **MANDY LUCAS**

**1 KM TIME: 6.03**

**CLUB: WOMEN ON THE RUN**

**CAT: F55+ – CAT RANK: 1**

**AGE GRADED: 50%**



**30TH APRIL TO 6TH MAY 2020**

# **JACOB TOWN**

**1 KM TIME: 6.54**

**CLUB: TEAM TOWN**

**CAT: MU17 – CAT BANK: 4**



30TH APRIL TO 6TH MAY 2020

# **CARRIE-ANNE WEIRS**

**1 KM TIME: 6.57**

**CLUB: WOMEN ON THE RUN**

**CAT: F35+ – CAT RANK: 4**

**AGE GRADED: 35%**

