



7TH MAY TO 13TH MAY 2020

**ADAM HOLLAND**

**4 MILE TIME: 21.46**

CAT: TREADMILL-MSEN - CAT RANK: 1

TAVISTOCKAC



**7TH MAY TO 13TH MAY 2020**

**MIKO CAEDDU**

**4 MILE TIME: 22.16**

**CAT: MSEN - CAT RANK: 1**

**SOUTH WEST ROAD RUNNERS**

**AGE GRADED SCORE: 76%**



**7TH MAY TO 13TH MAY 2020**

**OLIVER WHITE**

**4 MILE TIME: 22.20**

**CAT: M35+ - CAT RANK: 1**

**EXMOUTH HARRIERS**

**AGE GRADED SCORE: 77%**



**7TH MAY TO 13TH MAY 2020**

**JAMES KELLY**

**4 MILE TIME: 22.50**

**CAT: MSEN - CAT RANK: 2**

**EXMOUTH HARRIERS**

**AGE GRADED SCORE: 74%**





7TH MAY TO 13TH MAY 2020

**NICK BRUCE-WHITE**

**4 MILE TIME: 23.34**

CAT: M40+ - CAT RANK: 1

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 76%



**7TH MAY TO 13TH MAY 2020**

**SERANE STONE**

**4 MILE TIME: 23.48**

**CAT: F40+ - CAT RANK: 1**

**TIVERTON HARRIERS**

**AGE GRADED SCORE: 85%**



7TH MAY TO 13TH MAY 2020

# LANGDON WILLIAMS

**4 MILE TIME: 23.53**

CAT: M50+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 82%



**7TH MAY TO 13TH MAY 2020**

**ALISON THORN**

**4 MILE TIME: 24.31**

**CAT: F45+ - CAT RANK: 1**

**ERME VALLEY HARRIERS**

**AGE GRADED SCORE: 85%**





**7TH MAY TO 13TH MAY 2020**

**EMMA STEPTO**

**4 MILE TIME: 24.43**

**CAT: F50+ - CAT RANK: 1**

**CORNWALL AC**

**AGE GRADED SCORE: 88%**



7TH MAY TO 13TH MAY 2020

**BRIAN SANSON**

**4 MILE TIME: 25.48**

CAT: M55+ - CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 78%



**7TH MAY TO 13TH MAY 2020**

**ADAM ROOKE**

**4 MILE TIME: 26.42**

**CAT: M40+ - CAT RANK: 2**

**HONITON RUNNING CLUB**

**AGE GRADED SCORE: 68%**



**7TH MAY TO 13TH MAY 2020**

**LAURA COWIE**

**4 MILE TIME: 27.22**

**CAT: F35+ - CAT RANK: 1**

**AGE GRADED SCORE: 71%**





**7TH MAY TO 13TH MAY 2020**

**JAMIE TOWN**

**4 MILE TIME: 27.31**

**CAT: M35+ - CAT RANK: 2**

**POWER RUN**

**AGE GRADED SCORE: 64%**



7TH MAY TO 13TH MAY 2020

**RICHARD FLOWER**

**4 MILE TIME: 27.42**

CAT: M35+ - CAT RANK: 3

AGE GRADED SCORE: 64%





7TH MAY TO 13TH MAY 2020

# PETE WAUMSLEY

4 MILE TIME: 28.20

CAT: M45+ - CAT RANK: 1

STORM PLYMOUTH

AGE GRADED SCORE: 66%





7TH MAY TO 13TH MAY 2020

**MATTHEW OLCZAK**

**4 MILE TIME: 28.44**

CAT: M40+ - CAT RANK: 3

GREENBOW RUNNING CLUB

AGE GRADED SCORE: 62%



**7TH MAY TO 13TH MAY 2020**

**CATH STIBBS**

**4 MILE TIME: 28.45**

**CAT: F45+ - CAT RANK: 2**

**AGE GRADED SCORE: 72%**



**7TH MAY TO 13TH MAY 2020**

**ARTHUR JOHNS**

**4 MILE TIME: 28.48**

**CAT: M70+ - CAT RANK: 1**

**POOLE RUNNERS & SW VETS**

**AGE GRADED SCORE: 81%**



**7TH MAY TO 13TH MAY 2020**

**DES WHITE**

**4 MILE TIME: 29.04**

**CAT: M65+ - CAT RANK: 1**

**EXMOUTH HARRIERS**

**AGE GRADED SCORE: 76%**





**7TH MAY TO 13TH MAY 2020**

**NICHOLAS POPE**

**4 MILE TIME: 29.05**

**CAT: M45+ - CAT RANK: 2**

**AGE GRADED SCORE: 64%**



**7TH MAY TO 13TH MAY 2020**

**JENNY REAY**

**4 MILE TIME: 29.09**

**CAT: F60+ - CAT RANK: 1**

**EXMOUTH HARRIERS**

**AGE GRADED SCORE: 86%**



**7TH MAY TO 13TH MAY 2020**

**ROB SWEET**

**PUSHING BUGGY**

**4 MILE TIME: 29.47**

**CAT: M45+ - CAT RANK: 3**

**AGE GRADED SCORE: 62%**



**7TH MAY TO 13TH MAY 2020**

**JON DAND**

**4 MILE TIME: 29.56**

**CAT: MSEN - CAT RANK: 3**

**AGE GRADED SCORE: 56%**





**7TH MAY TO 13TH MAY 2020**

**MIKE KAY**

**4 MILE TIME: 30.49**

**CAT: M55+ - CAT RANK: 2**

**SOUTH WEST ROAD RUNNERS**

**AGE GRADED SCORE: 66%**



**7TH MAY TO 13TH MAY 2020**

# **TRACY CONNOR**

**4 MILE TIME: 31.45**

**CAT: F45+ - CAT RANK: 3**

**SOUTH WEST ROAD RUNNERS**

**AGE GRADED SCORE: 66%**



**7TH MAY TO 13TH MAY 2020**

**HANIA LEE**

**4 MILE TIME: 31.48**

**CAT: F40+ - CAT RANK: 2**

**MAVERICK RUNNERS**

**AGE GRADED SCORE: 63%**



**7TH MAY TO 13TH MAY 2020**

**JAN KIRKHAM**

**4 MILE TIME: 33.02**

**CAT: F65+ - CAT RANK: 1**

**0**

**AGE GRADED SCORE: 81%**





**7TH MAY TO 13TH MAY 2020**

# **GRAHAME MACE**

**4 MILE TIME: 33.32**

**CAT: M45+ - CAT RANK: 4**

**AGE GRADED SCORE: 56%**



**7TH MAY TO 13TH MAY 2020**

**MARGARET JARVIS**

**4 MILE TIME: 33.56**

**CAT: F65+ - CAT RANK: 2**

**OKEHAMPTON RC**

**AGE GRADED SCORE: 79%**



**7TH MAY TO 13TH MAY 2020**

**ALISON WHITE**

**4 MILE TIME: 34.49**

**CAT: F65+ - CAT RANK: 3**

**EXMOUTH HARRIERS**

**AGE GRADED SCORE: 77%**



**7TH MAY TO 13TH MAY 2020**

**NIAMH TOSH**

**4 MILE TIME: 38.51**

**CAT: FU17 - CAT RANK: 1**

**SOUTH WEST ROAD RUNNERS**

**AGE GRADED SCORE: 56%**





**7TH MAY TO 13TH MAY 2020**

**JA BURND**

**4 MILE TIME: 41.07**

**CAT: F50+ - CAT RANK: 3**

**NEW FOREST**

**AGE GRADED SCORE: 53%**



**7TH MAY TO 13TH MAY 2020**

**HEATHER FITZSIMMONS**

**4 MILE TIME: 49.54**

**CAT: F55+ - CAT RANK: 1**

**WOMEN ON THE RUN**

**AGE GRADED SCORE: 47%**



**7TH MAY TO 13TH MAY 2020**

**MANDY LUCAS**

**4 MILE TIME: 52.30**

**CAT: F55+ - CAT RANK: 2**

**WOMEN ON THE RUN**

**AGE GRADED SCORE: 45%**



7TH MAY TO 13TH MAY 2020

# CARRIE-ANNE WEIRS

**4 MILE TIME: 65.08**

CAT: F35+ - CAT RANK: 2

WOMEN ON THE RUN

AGE GRADED SCORE: 30%