



#RunExe Virtual 5k

11th to 17th June 2020

Pos	No	Time	Avg speed	Name	Cat	Cat Rank	Club	% age adjusted
1	48	0:19:08	00:03:50	Paige Quinn	FU17	1	Torbay athletic club	85%
2	49	0:19:48	00:03:58	Brian Sansom	M55+	1	Exmouth Harriers	77%
3	50	0:19:57	00:03:59	James Woolf	M50+	1	0	74%
4	51	0:21:25	00:04:17	Jim Durston	M50+	2	South West Road Runners	70%
5	52	0:21:38	00:04:20	Arthur Johns	M70+	1	Poole Runners & SW Vets	81%
6	53	0:22:36	00:04:31	Nicholas Pope	M45+	1	0	61%
7	54	0:23:25	00:04:41	Rob Sweet	M45+	2	0	59%
8	55	0:23:43	00:04:45	Des White	M65+	1	Exmouth Harriers	70%
9	56	0:25:11	00:05:02	Alison White	F65+	1	Exmouth Harriers	82%
10	57	0:27:34	00:05:31	Poppy Johnson	F35+	1	None	53%
11	58	0:28:46	00:05:45	Jane Burns	F50+	1	New forest runners	58%
12	59	0:29:06	00:05:49	Niamh Tosh	FU17	2	SWRR	54%