



8TH – 21ST JULY 2020

NICHOLAS POPE

1MILE TIME: 5.45

CAT: M45+ – CAT RANK: 1

AGE GRADED SCORE: 70%



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JAMES WOOLF

1MILE TIME: 5.46

CAT: M50+ – CAT RANK: 1

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 75%



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ADAM ROOKE

1MILE TIME: 5.55

CAT: M40+ – CAT RANK: 1

HONITON RUNNING CLUB

AGE GRADED SCORE: 68%



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DES WHITE

1MILE TIME: 6.04

CAT: M65+ – CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 80%



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CLAUDINE BENSTEAD

1MILE TIME: 6.08

CAT: F60+ – CAT RANK: 1

OKEHAMPTON RC

AGE GRADED SCORE: 94%



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JENNY REAY

1MILE TIME: 6.11

CAT: F60+ – CAT RANK: 2

EXMOUTH HARRIERS

AGE GRADED SCORE: 93%



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ROB SWEET

1MILE TIME: 6.12

CAT: M45+ – CAT RANK: 2

AGE GRADED SCORE: 65%



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ARTHUR JOHNS

1MILE TIME: 6.20

CAT: M70+ – CAT RANK: 1

POOLE RUNNERS & SW VETS

AGE GRADED SCORE: 80%



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TRACY CONNOR

1MILE TIME: 6.52

CAT: F45+ – CAT RANK: 1

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 70%



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HAYLEY RATCLIFF

1MILE TIME: 7.13

CAT: F50+ – CAT RANK: 1

TORBAY AAC

AGE GRADED SCORE: 70%



8TH – 21ST JULY 2020

ALISON WHITE

1MILE TIME: 7.56

CAT: F65+ – CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 77%



8TH – 21ST JULY 2020

MANDY LUCAS

1MILE TIME: 10.54

CAT: F55+ – CAT RANK: 1

WOMEN ON THE RUN

AGE GRADED SCORE: 49%