



8TH – 21ST JULY 2020

OLIVER WHITE

4MILE TIME: 22.43

CAT: M35+ – CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 74%



8TH – 21ST JULY 2020

EMMA STEPTO

4MILE TIME: 24.48

CAT: F50+ – CAT RANK: 1

CORNWALL AC

AGE GRADED SCORE: 88%



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ADAM ROOKE

4MILE TIME: 25.28

CAT: M40+ – CAT RANK: 1

HONITON RUNNING CLUB

AGE GRADED SCORE: 70%



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CLAUDINE BENSTEAD

4MILE TIME: 26.52

CAT: F60+ – CAT RANK: 1

OKEHAMPTON RC

AGE GRADED SCORE: 94%



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ROB SWEET

4MILE TIME: 27.43

CAT: M45+ – CAT RANK: 1

AGE GRADED SCORE: 65%



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DES WHITE

4MILE TIME: 28.20

CAT: M65+ – CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 77%



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NICHOLAS POPE

4MILE TIME: 29.07

CAT: M45+ – CAT RANK: 2

AGE GRADED SCORE: 62%



8TH – 21ST JULY 2020

JENNY REAY

4MILE TIME: 30.14

CAT: F60+ – CAT RANK: 2

EXMOUTH HARRIERS

AGE GRADED SCORE: 84%



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HAYLEY RATCLIFF

4MILE TIME: 31.37

CAT: F50+ – CAT RANK: 2

TORBAY AAC

AGE GRADED SCORE: 71%



8TH – 21ST JULY 2020

ALISON WHITE

4MILE TIME: 32.56

CAT: F65+ – CAT RANK: 1

EXMOUTH HARRIERS

AGE GRADED SCORE: 82%



8TH – 21ST JULY 2020

TRACY CONNOR

4MILE TIME: 33.25

CAT: F45+ – CAT RANK: 1

SOUTH WEST ROAD RUNNERS

AGE GRADED SCORE: 63%