For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: SWRR Men's A

Cat: M-18-39

Total Time: 00 48 57

Leg 1: Sam Hopton - 00 11 49

Leg 2: Alex Crump - 00 12 52

Leg 3: Tom Humphrey - 00 12 25

Leg 4: Ollie Thorogood - 00 11 51



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Harriers A

Cat: M-18-39

Total Time: 00 49 30

Leg 1: Simon Fox - 00 12 09

Leg 2: Rob Mann - 00 12 49

Leg 3: Callum Crawford - 00 12 25

Leg 4: Simeon Bates - 00 12 07



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers 2

Cat: M-18-39

Total Time: 00 50 32

Leg 1: Rob Ellis - 00 12 32

Leg 2: Oli White - 00 12 34

Leg 3: Berihu Hadera - 00 13 08

Leg 4: Sam Kelly - 00 12 18



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Long Distance Relay-tionship

Cat: M-18-39 *S

Total Time: 00 50 52

Leg 1: Jason Hurford - 00 12 50

Leg 2: Jamie Barnett - 00 12 21

Leg 3: Ben Gerrish - 00 13 19

Leg 4: Jamie Barnett - 00 12 22



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Axe Valley Runners 1

Cat: M-40-49

Total Time: 00 52 48

Leg 1: Duncan Staddon - 00 12 52

Leg 2: Lee Moran - 00 13 53

Leg 3: Matt Clist - 00 13 11

Leg 4: Terry Emmett - 00 12 52



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Tri A Team

Cat: Mix

Total Time: 00 53 12

Leg 1: Steve Crowley - 00 14 42

Leg 2: Esmee Wood - 00 13 57

Leg 3: Tim Gordon - 00 11 54

Leg 4: Rich Edwards - 00 12 39



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: South West Road Runners

Cat: M-40-49

Total Time: 00 53 59

Leg 1: James Benham - 00 13 36

Leg 2: Edward Pickering - 00 13 54

Leg 3: Nick Bruce-White - 00 13 18

Leg 4: Jodie Bee - 00 13 11



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Team 360

Cat: Mix *S

Total Time: 00 54 05

Leg 1: Rose Alterman - 00 13 53

Leg 2: Edward Mole - 00 12 57

Leg 3: Tamar Hosking - 00 14 36

Leg 4: Samuel Wyatt-Haines - 00 12 39



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: SWRR Mixed A

Cat: Mix

Total Time: 00 54 10

Leg 1: Gareth Davies - 00 12 54

Leg 2: Nicky Savill - 00 14 49

Leg 3: Joe Osborne - 00 13 28

Leg 4: Jamie Pullinger - 00 12 59



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Greenbow 1

Cat: M-18-39

Total Time: 00 55 56

Leg 1: Paul Grieve - 00 12 29

Leg 2: Rab Churchill - 00 14 42

Leg 3: Scott Hunter - 00 14 24

Leg 4: Adam Main - 00 14 21



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Axe Valley Runners 2

Cat: Mix

Total Time: 00 56 14

Leg 1: Joel Seward - 00 13 01

Leg 2: Emilie Padmore - 00 15 41

Leg 3: Richard Hardy - 00 13 37

Leg 4: Rob Collier - 00 13 55



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: South West Road Runners V40 Team 2

Cat: M-40-49

Total Time: 00 57 29

Leg 1: David Wilson - 00 14 01

Leg 2: Don Rufus - 00 14 13

Leg 3: Milan Goč - 00 14 53

Leg 4: Don Rufus - 00 14 22



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: South West Road Runners MV50

Cat: M-50-59

Total Time: 00 57 36

Leg 1: Julian Cabrera - 00 14 53

Leg 2: Paul Thomas - 00 14 23

Leg 3: Nick Casey - 00 13 36

Leg 4: Paul Thomas - 00 14 44



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay ac seniors

Cat: M-18-39

Total Time: 00 57 46

Leg 1: Marc Hagland - 00 13 40

Leg 2: David Cooper - 00 14 13

Leg 3: Martyn Breslan - 00 15 04

Leg 4: Steve Weeks - 00 14 49



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers 3

Cat: M-40-49

Total Time: 00 58 43

Leg 1: Anthony Hatchard - 00 13 42

Leg 2: Jos Jones - 00 15 51

Leg 3: Craig Butler - 00 15 01

Leg 4: Mike Musgrove - 00 14 09



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers 4

Cat: M-18-39

Total Time: 00 59 03

Leg 1: Simon Minting - 00 12 59

Leg 2: David Snook - 00 15 26

Leg 3: Andrew Place - 00 16 37

Leg 4: Tristan Kelsall-Spurr - 00 14 01



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: South Devon AC

Cat: M-18-39

Total Time: 00 59 30

Leg 1: John Hiscoke - 00 15 52

Leg 2: Liam Lindon - 00 14 16

Leg 3: Colin Peters - 00 15 34

Leg 4: Harry Harrison - 00 13 48



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 2

Cat: M-18-39

Total Time: 01 00 02

Leg 1: James Ayre - 00 14 58

Leg 2: Andy Moore - 00 16 01

Leg 3: Andy Fraser - 00 14 29

Leg 4: Will Spencer - 00 14 34



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay AAC (U15/17M)

Cat: M-Under17

Total Time: 01 00 07

Leg 1: James Larkin - 00 15 00

Leg 2: Sam Barnaby - 00 15 22

Leg 3: Oscar Eve - 00 15 39

Leg 4: Ben Osmond - 00 14 06



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Honiton Running Club Men's Team

Cat: M-18-39

Total Time: 01 00 45

Leg 1: Michael Mears - 00 14 48

Leg 2: Joshua Foundling-Hawker - 00 15 54

Leg 3: Kevin Hawker - 00 14 36

Leg 4: Johnny Bennett - 00 15 27



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Tri B Team

Cat: M-40-49

Total Time: 01 01 40

Leg 1: Paul Merchant - 00 16 05

Leg 2: Anthony Snow - 00 14 18

Leg 3: Mark McPhee - 00 15 47

Leg 4: Neil Grimwood - 00 15 30



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Tri C Team

Cat: M-40-49

Total Time: 01 02 03

Leg 1: Paul Sherwood - 00 15 39

Leg 2: Alex Hutchby - 00 14 50

Leg 3: Craig Beall - 00 16 40

Leg 4: Rupert Warren - 00 14 54



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Greenbow 4

Cat: M-18-39

Total Time: 01 02 09

Leg 1: Stephen Western - 00 14 36

Leg 2: Matt Olczak - 00 16 08

Leg 3: Eddie Stephens - 00 15 15

Leg 4: Paul Sprake - 00 16 10



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: SWRR

Cat: F-18-39

Total Time: 01 02 13

Leg 1: Victoria Hill - 00 14 26

Leg 2: Suzie Tosh - 00 16 37

Leg 3: Jo Pearce - 00 16 13

Leg 4: Fiona German - 00 14 57



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay Athletic Club Junior Boys

Cat: M-Under17

Total Time: 01 02 45

Leg 1: Sam Hart - 00 14 24

Leg 2: Chris Kerwin - 00 19 24

Leg 3: Jake Pascoe - 00 14 57

Leg 4: Myles Begley - 00 14 00



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Threshold Triathlon

Cat: Mix

Total Time: 01 03 12

Leg 1: Matthew Eddy - 00 15 34

Leg 2: Rakelle Eames - 00 17 48

Leg 3: Leigh Howarth - 00 15 35

Leg 4: Andrew Tucker - 00 14 15



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Watchet Whippets 1

Cat: Mix

Total Time: 01 03 27

Leg 1: Ben Tull - 00 12 00

Leg 2: Chris young - 00 14 20

Leg 3: Rachel Jarman - 00 17 22

Leg 4: Callum Murphy - 00 19 45



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 7

Cat: M-40-49

Total Time: 01 03 34

Leg 1: Jamie Tinniswood - 00 14 01

Leg 2: Alan Ledger - 00 16 09

Leg 3: Jon Weighell - 00 18 22

Leg 4: Byron McKinney - 00 15 02



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Taunton AC

Cat: Mix

Total Time: 01 04 45

Leg 1: Justin Cole - 00 16 22

Leg 2: Suzy Cole - 00 17 23

Leg 3: Liz Heal - 00 17 28

Leg 4: James Heal - 00 13 32



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers 1

Cat: M-60+

Total Time: 01 04 47

Leg 1: Des White - 00 15 17

Leg 2: Jimmy Joy - 00 16 29

Leg 3: Steve Morgan - 00 **17** 04

Leg 4: Hugh Marsden - 00 15 57



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Tri D Team

Cat: Mix

Total Time: 01 05 09

Leg 1: Michael Kawczynski - 00 14 35

Leg 2: Nic Davies - 00 18 37

Leg 3: Emma German - 00 17 17

Leg 4: Dan Kinver - 00 14 40



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay AAC MV50

Cat: M-50-59

Total Time: 01 06 11

Leg 1: Anthony Raine - 00 15 36

Leg 2: Ian Hayward - 00 16 50

Leg 3: Mark Smith - 00 17 03

Leg 4: Peter Hart - 00 16 42



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers Ladies 0/40

Cat: F-40-49

Total Time: 01 07 26

Leg 1: Cathy Newman - 00 15 18

Leg 2: Nicola Kelly - 00 18 59

Leg 3: Kelly Thomas - 00 16 16

Leg 4: Paula Hawkins - 00 16 53



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Thuza's Angels

Cat: Mix *S

Total Time: 01 07 30

Leg 1: Jontie Lloyd - 00 16 02

Leg 2: Martha Neal - 00 14 34

Leg 3: Thuza Edworthy - 00 20 36

Leg 4: Andrew Whittemore - 00 16 18



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Tri E Team

Cat: M-50-59

Total Time: 01 08 16

Leg 1: Rich Parker - 00 17 04

Leg 2: Steve Hussey - 00 16 50

Leg 3: Dave Sims - 00 17 41

Leg 4: Ulirich Hewlad - 00 16 41



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers Senior Ladies

Cat: F-18-39

Total Time: 01 08 20

Leg 1: Catarina Goncalves - 00 15 37

Leg 2: Katie Moore - 00 19 39

Leg 3: Lucy Davies - 00 17 47

Leg 4: Alice Kelly - 00 15 17



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 3

Cat: F-40-49

Total Time: 01 08 23

Leg 1: Tamsin Phelvin - 00 18 21

Leg 2: Serane Stone - 00 14 49

Leg 3: Kate Westcott - 00 20 23

Leg 4: Serane Stone - 00 14 50



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Greenbow 2

Cat: Mix

Total Time: 01 10 24

Leg 1: Jack Caulfield - 00 15 55

Leg 2: Greg Mimms - 00 18 32

Leg 3: Rosie Grieve - 00 18 39

Leg 4: Martin Shelton - 00 17 18



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Greenbow 5

Cat: Mix

Total Time: 01 10 27

Leg 1: Geoff Nicholls - 00 16 24

Leg 2: Wenna Hicks - 00 20 25

Leg 3: Johnny Marshall - 00 16 39

Leg 4: Kieren Watkins - 00 16 59



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Teignbridge Trotters

Cat: M-60+

Total Time: 01 10 35

Leg 1: Alan Kember - 00 16 22

Leg 2: Neil Rutley - 00 17 24

Leg 3: Paul Johns - 00 18 55

Leg 4: Bob Small - 00 17 54



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Run Exminster

Cat: F-18-39

Total Time: 01 10 56

Leg 1: Charlotte Gibson - 00 16 13

Leg 2: Chantelle Glanfield - 00 20 15

Leg 3: Victoria Ovens - 00 18 21

Leg 4: Beth Bryant - 00 16 07



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Axe Valley Runners 3

Cat: M-60+

Total Time: 01 11 38

Leg 1: Ron Seward - 00 17 51

Leg 2: Kevin Feeney - 00 19 02

Leg 3: David Cooke - 00 17 50

Leg 4: Graham Newton - 00 16 55



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: SWRR VM 50

Cat: M-50-59

Total Time: 01 11 51

Leg 1: James Woolf - 00 14 49

Leg 2: Callum Lamont - 00 17 33

Leg 3: Jonno Johnson - 00 19 37

Leg 4: Lawrence Atherton - 00 19 52



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay Athletic Club Junior Girls

Cat: F-Under17

Total Time: 01 12 03

Leg 1: Holly Leaman-Liberal - 00 15 03

Leg 2: Penny Richards - 00 19 51

Leg 3: Mia Ratcliff - 00 19 33

Leg 4: Chloe Weeks - 00 17 36



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exeter Tri Ladies Team

Cat: F-18-39

Total Time: 01 12 13

Leg 1: Corinne Parnall - 00 21 13

Leg 2: Beccy Williams - 00 17 47

Leg 3: Tarryn Lowth - 00 17 33

Leg 4: Grainne Whelehan - 00 15 40



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 5

Cat: M-50-59

Total Time: 01 12 38

Leg 1: Pete Aggett - 00 16 00

Leg 2: Terry Fullick - 00 21 26

Leg 3: Jeff Curd - 00 17 15

Leg 4: Phil Spencer - 00 17 57



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Honiton Juniors

Cat: MIx

Total Time: 01 13 07

Leg 1: Max Spiller - 00 16 59

Leg 2: Emily Pepper - 00 22 35

Leg 3: Ella Spiller - 00 19 16

Leg 4: George Pemberton - 00 14 17



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 6

Cat: M-60+

Total Time: 01 13 38

Leg 1: Kerry Roberts - 00 16 27

Leg 2: Goff Welchman - 00 20 29

Leg 3: Tony Fahy - 00 18 48

Leg 4: Walter Andrews - 00 17 54



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 1

Cat: F-18-39

Total Time: 01 13 54

Leg 1: Vicky Glanville - 00 19 16

Leg 2: Katherine Humphreys - 00 16 48

Leg 3: Amy Garland - 00 20 48

Leg 4: Lauren Burd - 00 17 02



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers 5

Cat: M-18-39

Total Time: 01 14 12

Leg 1: Jon Garrity - 00 15 48

Leg 2: Scott Jordan - 00 16 55

Leg 3: Ray Lewis - 00 25 17

Leg 4: Regan Meadowcroft - 00 16 12



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay AAC fv40-49

Cat: F-40-49

Total Time: 01 14 41

Leg 1: Sara Crozier - 00 17 57

Leg 2: Hayley Ratcliff - 00 18 24

Leg 3: Jan Barrett - 00 20 39

Leg 4: Heather Eve - 00 17 41



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: SWRR chickpeas

Cat: F-18-39

Total Time: 01 15 16

Leg 1: Katie Williams - 00 20 20

Leg 2: Jenny Debenham - 00 18 44

Leg 3: Harriet Munday - 00 18 05

Leg 4: Roz Debenham - 00 18 07



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Exmouth Harriers Ladies 0/60

Cat: F-60+

Total Time: 01 15 47

Leg 1: Jenny Reay - 00 16 57

Leg 2: Kay Douglas - 00 19 48

Leg 3: Alison White - 00 20 23

Leg 4: Susan Hill - 00 18 39



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: TAAC

Cat: M-50-59

Total Time: 01 16 14

Leg 1: Glen Hawkins - 00 19 12

Leg 2: Darren Barrett - 00 18 49

Leg 3: Andy Philippou - 00 20 23

Leg 4: Iaen Sell - 00 17 50



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Cranbrook Running Club

Cat: F-18-39

Total Time: 01 17 37

Leg 1: Christina Green - 00 18 10

Leg 2: Kelly Keatley - 00 19 17

Leg 3: Rachel Chamberlain - 00 19 38

Leg 4: Hayley Bauer - 00 20 32



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Honiton Running Club

Cat: F-18-39

Total Time: 01 18 40

Leg 1: Rebecca Stevens - 00 18 40

Leg 2: Clare Melbourne - 00 20 05

Leg 3: Kate Harding - 00 19 33

Leg 4: Mandy Ward - 00 20 22



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Honiton RC

Cat: Mix

Total Time: 01 19 07

Leg 1: Alan Rowe - 00 23 19

Leg 2: Pip Vanham - 00 22 08

Leg 3: Simon Spiller - 00 16 44

Leg 4: Timon Burford - 00 16 56



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Greenbow 3

Cat: F-40-49

Total Time: 01 19 43

Leg 1: Kelly Lawson - 00 18 23

Leg 2: Liz Wilson - 00 20 14

Leg 3: Danni Rubio - 00 22 06

Leg 4: Kirsty Bickell - 00 19 00



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Tiverton Harriers 4

Cat: F-50-59

Total Time: 01 22 59

Leg 1: Lynn Stephens - 00 18 41

Leg 2: Cathie Welchman - 00 24 27

Leg 3: Mary Humphries - 00 20 22

Leg 4: Kate Stanton - 00 19 29



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Los Morkels

Cat: F-40-49 *S

Total Time: 01 25 55

Leg 1: Raul Fuentes - 00 20 26

Leg 2: Javier Fuentes-Hermoso - 00 23 23

Leg 3: Enrique Fuentes-Hermoso - 00 22 21

Leg 4: Paloma Hermoso - 00 19 45



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Torbay AAC SF

Cat: F-18-39

Total Time: 01 27 15

Leg 1: Rosh Panayidas - 00 18 37

Leg 2: Michell McCullum - 00 22 09

Leg 3: Charlotte Philipou - 00 22 53

Leg 4: Naomi Hagland - 00 23 36



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Watchet Whippets 2

Cat: Mix

Total Time: 01 27 45

Leg 1: Lizzy Dwyer - 00 23 31

Leg 2: Razia Begum - 00 21 35

Leg 3: Cheryl Clavey - 00 22 44

Leg 4: Orien Begum - 00 19 55



For doing battle at

#RunExeRelays

Friday 6th August 2021

Team: Watchet Whippets 3

Cat: Mix

Total Time: 01 36 51

Leg 1: Tanya allen - 00 22 01

Leg 2: Charlie young - 00 25 26

Leg 3: Shauna Mayers - 00 28 43

Leg 4: Sharon Tull - 00 20 41

