



POWER RUN 5-10MILE

2nd April 2022

[As per UKA rule 165.24 finish times rounded up to the nearest full second.](#)

Pos	No	Race	Time	Name	Cat	Cat Rank	Club
1	223	10Mile	0:63:04	Callum Crawford	MSen	1	EXETER HARRIERS
2	371	10Mile	0:66:49	Richard Pedrick	M35+	1	VEGAN RUNNERS UK
3	414	10Mile	0:68:14	Michael Whittle	M35+	2	NORTH DEVON AC
4	240	10Mile	0:70:30	Clare Cowen	FSen	1	EXETER HARRIERS
5	255	10Mile	0:73:09	Elizabeth Dyson	F35+	1	HALDON TRAIL RUNNERS
6	344	10Mile	0:75:17	Matthew Walkey	M35+	3	PLYMOUTH HARRIERS
7	244	10Mile	0:75:55	Dale Grimshaw	M45+	1	TRAWDEN AC
8	286	10Mile	0:76:07	James Kelly	MSen	2	
9	390	10Mile	0:76:18	Stefano Ferrari	M35+	4	HALDON TRAIL RUNNERS
10	343	10Mile	0:76:22	Matthew Day	M50+	1	EXETER HARRIERS
11	402	10Mile	0:76:35	Toby Kendall	M40+	1	TORBAY TRI
12	268	10Mile	0:76:53	Grainne Whelehan	FSen	2	
13	306	10Mile	0:76:55	Karl Williamson	M45+	2	
14	235	10Mile	0:77:08	Chris Hoskin	MSen	3	
15	300	10Mile	0:77:12	Jonathan Mill	M45+	3	EXMOUTH HARRIERS
16	388	10Mile	0:77:13	Simon Rickard	M45+	4	
17	398	10Mile	0:77:24	Thomas Murch	MSen	4	
18	413	10Mile	0:77:34	Edward White	M40+	2	0
19	279	10Mile	0:77:52	Ian Lynch	M60+	1	HALDON TRAIL RUNNERS
20	280	10Mile	0:78:21	Ian McClean	M55+	1	TORBAY TRIATHLON CLUB
21	263	10Mile	0:78:38	Geoff Nicholls	M60+	2	GREENBOW RUNNING CLUB
22	234	10Mile	0:78:52	Charlie Withers	M40+	3	SOUTH WEST ROAD RUNNERS
23	205	10Mile	0:79:06	Alistair Ferguson	M35+	5	SOUTH WEST ROAD RUNNERS
24	314	10Mile	0:79:24	Katie Hine	F40+	1	TORBAY TRI
25	340	10Mile	0:79:54	Martin Hurcombe	M50+	2	WESTON ATHLETIC CLUB
26	267	10Mile	0:80:45	Graham Reynolds	M55+	2	TORBAY TRI CLUB
27	246	10Mile	0:80:49	Daniel Hawkrigg	M40+	4	SWRR
28	285	10Mile	0:80:50	James Higgins	M35+	6	SWRR
29	349	10Mile	0:81:08	Michael Walkden	M50+	3	HALDON TRAIL RUNNERS
30	380	10Mile	0:81:11	Sean Kavanagh	MSen	5	PLYMOUTH HARRIERS
31	210	10Mile	0:81:24	Andrew Iley	M40+	5	SOUTH WEST ROAD RUNNERS
32	373	10Mile	0:81:34	Ross McKenzie	M35+	7	
33	217	10Mile	0:81:40	Barry Frost	M60+	3	SWRR
34	330	10Mile	0:81:59	Louise Reynolds	F40+	2	SOUTHWEST ROAD RUNNERS
35	303	10Mile	0:83:17	Justin Jones	M45+	5	
36	242	10Mile	0:83:19	Colin Bickerstaff	M50+	4	
37	319	10Mile	0:83:20	Kerry Board	F45+	1	AXE VALLEY RUNNERS
38	298	10Mile	0:83:56	John Gilhooly	M55+	3	
39	350	10Mile	0:84:42	Michelle Cooper	F35+	2	PLYMOUTH HARRIERS
40	254	10Mile	0:84:44	Doug Dale	M50+	5	
41	291	10Mile	0:85:29	Jeffrey Curd	M55+	4	TIVERTON HARRIERS
42	318	10Mile	0:85:48	Kelly Thomas	F45+	2	EXMOUTH HARRIERS
43	232	10Mile	0:86:02	Cathy Parkinson	F55+	1	TORBAY TRI
44	212	10Mile	0:86:28	Andy Tedd	M35+	8	
45	266	10Mile	0:86:44	Graham Newton	M70+	1	SWVAC
46	219	10Mile	0:86:49	Belfrit Victor Batlajery	M35+	9	
47	203	10Mile	0:87:23	Alice Nimmo	FSen	3	CONGLETON HARRIERS

48	215	10Mile	0:87:40	Anne MacFarlane	F55+	2	DUMFRIES RUNNING CLUB
49	211	10Mile	0:87:46	Andrew West	M60+	4	AXE VALLEY RUNNERS
50	352	10Mile	0:88:16	Mike Kay	M55+	5	SOUTH WEST ROAD RUNNERS
51	321	10Mile	0:89:01	Kevin Crocker	M35+	10	TORBAY TRI
52	353	10Mile	0:89:14	Mike Murray	M55+	6	
53	387	10Mile	0:89:20	Simon Oliver	M60+	5	ILFRACOMBE RUNNING CLUB
54	281	10Mile	0:89:26	Ian Russell	M50+	6	GREENBOW RUNNING
55	391	10Mile	0:89:29	Stephen King	M60+	6	
56	324	10Mile	0:89:41	Lewis Jones	M70+	2	SOUTHWESTROADRUNNERS
57	297	10Mile	0:90:12	Joe Dickson	M50+	7	SOUTH WEST ROAD RUNNERS
58	262	10Mile	0:90:54	Geoff Jones	M50+	8	TRANSITION
59	358	10Mile	0:91:05	Neil Buddin	M35+	11	
60	334	10Mile	0:92:13	Maria Lock	F50+	1	
61	207	10Mile	0:92:15	Amanda Hawkrigg	F45+	3	
62	245	10Mile	0:92:18	Dale Stringer	M35+	12	
63	348	10Mile	0:92:23	Michael Hockey	M40+	6	PLYMOUTH MUSKETEERS
64	410	10Mile	0:92:30	Will Spencer	M35+	13	
65	299	10Mile	0:92:33	John Moorhouse	M60+	7	MELTHAM
66	377	10Mile	0:92:58	Sarah Adnett	F45+	4	JUST JOG - BIDEFORD
67	361	10Mile	0:92:58	Paul Adnett	M45+	6	JUST JOG - BIDEFORD
68	218	10Mile	0:94:44	Becky Denley	F50+	4	
69	208	10Mile	0:96:12	Amanda McCann	F45+	5	EXMOUTH HARRIERS
70	239	10Mile	0:96:20	Claire Langford	F45+	6	
71	412	10Mile	0:96:46	Zoe Woodbridge	F50+	2	
72	395	10Mile	0:97:10	Sue Park	F55+	3	FREMINGTON TRAILBLAZERS
73	278	10Mile	0:97:16	Howie Brugger	M45+	7	TORBAY TRI CLUB
74	346	10Mile	0:97:16	Michael Cash	M55+	7	TORBAY TRI
75	272	10Mile	0:97:25	Helen Lisk	F45+	7	
76	363	10Mile	0:97:29	Peter Bazley	M65+	1	TAVISTOCK AC
77	243	10Mile	0:97:42	Dagmar Cain	F40+	3	QUANTOCK HARRIERS
78	323	10Mile	0:97:57	Leigh Robinson	M50+	9	PLYMOUTH HARRIERS
79	336	10Mile	0:98:38	Mark Burridge	M50+	6	
80	342	10Mile	0:98:43	Matt Power	M40+	7	TORBAY TRI
81	354	10Mile	0:98:48	Nadine Lee	F50+	3	TORBAY ATHLETICS CLUB
82	378	10Mile	0:99:11	Sarah Hine	F40+	4	TORBAY TRI
83	353	10Mile	0:99:15	Donna Smith	F60+	1	SOUTH WEST ROAD RUNNERS
84	361	10Mile	0:99:20	Paul Adnett	M45+	8	JUST JOG - BIDEFORD
85	382	10Mile	0:99:20	Shannon Tomlinson	F50+	5	
86	327	10Mile	0:99:41	Liz Michaelson	F55+	4	EXMOUTH HARRIERS
87	393	10Mile	0:99:55	Sue Hayes	F50+	4	TORBAY TRI
88	310	10Mile	0:99:56	Kate Wilson	F55+	5	OKEHAMPTON RC
89	368	10Mile	1:40:28	Rebecca Probert	F45+	8	
90	351	10Mile	1:41:14	Mike Atkins	M60+	8	
91	282	10Mile	1:41:17	Ian Wade	M60+	9	
92	365	10Mile	1:41:19	Rachel Biles	F35+	3	
93	355	10Mile	1:41:40	Nancy Osborne	F35+	4	
94	260	10Mile	1:41:55	Fiona Hughes	F35+	5	
95	201	10Mile	1:42:30	Aidan King	M50+	10	
96	206	10Mile	1:43:00	Alix Reynolds	F40+	5	TORBAY TRI CLUB
97	302	10Mile	1:43:00	Julie Box	F55+	6	
98	275	10Mile	1:43:01	Helene Bond	F55+	7	
99	374	10Mile	1:43:33	Russell Whelan	M35+	14	GREENBOW RUNNING CLUB
100	238	10Mile	1:44:34	Claire Costanza	F50+	6	
101	301	10Mile	1:44:38	Jonathan Witney	M50+	11	
102	416	10Mile	1:45:20	Kerry White-Cheshire	F50+	5	0
103	386	10Mile	1:45:20	Simon Fisher	M45+	9	
104	204	10Mile	1:45:35	Alison White	F65+	1	EXMOUTH HARRIERS
105	292	10Mile	1:45:52	Jemma Lane	F35+	6	

106	248	10Mile	1:45:56	Danni Meyer	F45+	9	HEAVITREE RUNNING GROUP
107	331	10Mile	1:46:16	Lucy Ashton	F35+	7	
108	228	10Mile	1:46:17	Caroline Tait	F55+	8	SOUTH WEST ROAD RUNNERS
109	347	10Mile	1:46:44	Michael Courtney	MSen	7	
110	221	10Mile	1:47:15	Bernadette Jones	F50+	6	TRANSITION
111	403	10Mile	1:47:52	Valerie McClean	F55+	9	TORBAY TRIATHLON CLUB
112	379	10Mile	1:49:06	Sarah Stephen	FSen	7	
113	409	10Mile	1:49:50	Will Brandon	M55+	8	VEGAN RUNNERS UK
114	384	10Mile	1:49:55	Shelley Phillips	F40+	6	
115	313	10Mile	1:49:58	Katie Craker	F40+	7	OKEHAMPTON RUNNING CLUB
116	227	10Mile	1:50:36	Caroline King	F55+	10	
117	284	10Mile	1:50:45	Jacqui Northfield	F50+	7	
118	332	10Mile	1:50:49	Lynda Banbury	F60+	2	
119	357	10Mile	1:52:30	Natalie Dorey	FSen	8	
120	209	10Mile	1:52:30	Amy Erith	FSen	8	CRANBROOK RUNNING CLUB
121	383	10Mile	1:54:02	Sharon Chilcott	F40+	8	
122	392	10Mile	1:54:35	Steve Densham	M55+	9	
123	315	10Mile	1:55:34	Katrina McGeever	F40+	9	
124	288	10Mile	1:57:16	Jane Tanner	F50+	8	
125	394	10Mile	1:57:39	Sue Howe	F55+	11	
126	325	10Mile	1:57:39	Liz Ferrari	F55+	11	
127	320	10Mile	1:59:24	Ketmanee King	F55+	13	
128	381	10Mile	2:00:33	Sean McGleenan	M60+	10	DUMFRIES RUNNING CLUB
129	360	10Mile	2:00:52	Nigel McEwen	M70+	3	
130	328	10Mile	2:01:07	Lorna Bond	F45+	10	
131	214	10Mile	2:01:08	Anna Dalzell	F50+	9	HONITON RC
132	404	10Mile	2:01:08	Vanessa Knowles	F60+	3	HONITON RUNNING CLUB
133	305	10Mile	2:02:21	Karen Limon	F55+	14	
134	283	10Mile	2:02:42	Jacky Theedom	F65+	2	LONELY GOAT
135	406	10Mile	2:04:14	Vikki Moye	F45+	11	
136	249	10Mile	2:04:14	David Allard	M45+	10	
137	296	10Mile	2:05:12	Joanne Williams	FSen	10	
138	337	10Mile	2:05:12	Mark Nowak	M40+	8	
139	401	10Mile	2:05:19	Tim Dodsworth	M35+	15	
140	270	10Mile	2:06:27	Heidi Spear	F35+	8	
141	311	10Mile	2:07:18	Kathryn Carroll	F60+	4	BOVEY VALLEY RUNNERS
142	295	10Mile	2:07:55	Jill Bishop	F60+	5	BOVEY VALLEY RUNNERS
143	287	10Mile	2:14:45	Jane Harvey-Hill	F45+	12	
144	309	10Mile	2:14:51	Kate Waters	F55+	15	QUANTOCK HARRIERS
145	397	10Mile	2:19:30	Teresa Holmes	F65+	3	TEIGNBRIDGE TROTTERS
146	376	10Mile	2:26:12	Sam Harvey	F40+	10	
147	226	10Mile	2:26:13	Carol Sene	F60+	6	WOMEN ON THE RUN
Pos	No	Race	Time	Name	Cat	Cat Rank	Club
1	68	5Mile	0:31:06	Hugh Lea	M45+	1	
2	162	5Mile	0:33:47	Shaun Yeoman	M35+	1	
3	72	5Mile	0:35:38	Isabelle Stoate	F35+	1	
4	127	5Mile	0:37:34	Mat Kelly	M35+	2	PURE ENDURANCE
5	55	5Mile	0:38:28	Duncan Brown	MU17	1	
6	126	5Mile	0:39:08	Mark Newson	M55+	1	HONITON RUNNING CLUB
7	57	5Mile	0:39:10	Elke Morgan	FSen	1	EUTRIC
8	170	5Mile	0:39:57	Steve Price	M45+	2	
9	168	5Mile	0:40:22	Steve Morgan	M65+	1	EXMOUTH HARRIERS
10	122	5Mile	0:40:38	Mahni Clear	MU17	2	
11	166	5Mile	0:41:13	Stephen Shepherd	M55+	2	
12	155	5Mile	0:42:02	Sam Withers	MU20	1	
13	20	5Mile	0:43:01	Andrew Brown	M50+	1	
14	11	5Mile	0:43:12	Adam McKenna	M35+	3	
15	241	5Mile	0:43:15	Clare Melbourne	F35+	2	HONITON RUNNING CLUB

16	21	5Mile	0:43:53	Andrew Horide	MSen	1	
17	33	5Mile	0:43:54	Billy Challis	MSen	2	
18	47	5Mile	0:43:58	Dave Chanter	M65+	2	TAVISTOCK RUN PROJECT
19	46	5Mile	0:44:09	Daniel Cameron	M35+	4	FREMINGTON TRAILBLAZERS
20	105	5Mile	0:44:27	Kevin Kelly	M35+	5	
21	183	5Mile	0:44:27	Warren Jones	M35+	5	
22	102	5Mile	0:44:28	Keith Knott	M40+	1	
23	258	5Mile	0:45:30	Eric Foster	M65+	3	DAWLISH COASTERS
24	14	5Mile	0:46:05	Albie Mayne	MU17	3	
25	15	5Mile	0:46:06	Alex Mayne	M40+	2	
26	101	5Mile	0:46:34	Keith Belt	M75+	1	SOUTH DEVON AC
27	103	5Mile	0:46:37	Kelly Lawson	F40+	1	GREENBOW RUNNING CLUB
28	179	5Mile	0:47:04	Tracey Roberts	F50+	1	RIVIERA RACERS
29	49	5Mile	0:47:05	David King	M40+	3	FREMINGTON TRAILBLAZERS
30	99	5Mile	0:47:08	Katie Holman	FSen	2	DAWLISH COASTERS
31	137	5Mile	0:47:26	Nicola Oliver	F55+	1	ILFRACOMBE RUNNING CLUB
32	173	5Mile	0:47:31	Susan Willoughby	FSen	3	
33	24	5Mile	0:47:31	Annabel Frost	FSen	3	
34	106	5Mile	0:47:32	Kirsty Bickell	F50+	2	GREENBOW RUNNING CLUB
35	119	5Mile	0:47:41	Lucy Nelson	F55+	2	RIVIERA RACERS
36	151	5Mile	0:47:56	Ryan Peare	M35+	7	FREMINGTON TRAILBLAZERS
37	87	5Mile	0:47:59	Jonathan Field	M55+	3	
38	113	5Mile	0:48:05	Lee Smale	M50+	2	FREMINGTON TRAILBLAZERS
39	86	5Mile	0:48:05	Jodie Foster	F40+	2	
40	83	5Mile	0:48:33	Jason Moore	M40+	4	
41	13	5Mile	0:48:40	Alana Devereux	F60+	1	
42	100	5Mile	0:48:48	Katie Mowll	F50+	3	DAWLISH COASTERS
43	139	5Mile	0:48:54	Nigel Acheson	M55+	4	
44	59	5Mile	0:48:58	Faye Hussey	F60+	2	FIT2RUN
45	175	5Mile	0:49:24	Tanya Francis	F35+	3	FREMINGTON TRAILBLAZERS
46	69	5Mile	0:49:25	Ian Grimes	M70+	1	LAUNCESTON ROAD RUNNERS
47	116	5Mile	0:49:26	Lisa Venn	F45+	1	
48	54	5Mile	0:49:27	Donna Bickerstaff	F45+	2	
49	96	5Mile	0:49:28	Katharine Smith	F40+	3	
50	78	5Mile	0:49:28	Jane Smith	F45+	3	
51	75	5Mile	0:49:31	James Thomas	MSen	3	FREMINGTON TRAILBLAZERS
52	143	5Mile	0:49:33	Paula Little	F55+	3	DAWLISH COASTERS
53	29	5Mile	0:49:42	Beccy Green	F45+	4	
54	22	5Mile	0:49:44	Andy Evans	M55+	5	
55	185	5mile	0:50:25	Clare Acreman	F40+	4	0
56	71	5Mile	0:50:35	Irene Hewings	F65+	1	TORBAY ATHLETIC CLUB
57	128	5Mile	0:50:43	Matt Bonnell	M45+	3	GREENBOW RUNNING CLUB
58	174	5Mile	0:50:52	Suzi Smale	F50+	4	FREMINGTON TRAILBLAZERS
59	304	5Mile	0:50:57	Karen Dore	F45+	5	LONELY GOAT RUNNING CLUB
60	338	5Mile	0:50:58	Mark Parry	M45+	4	
61	117	5Mile	0:50:59	Liz Stevens	FSen	5	
62	65	5Mile	0:51:01	Heather Daniel	F35+	4	
63	94	5Mile	0:51:02	Karen Powlesland	F55+	4	HEAVITREE RUN GROUP
64	133	5Mile	0:51:11	Mike Davies	M35+	8	
65	136	5Mile	0:51:20	Nicola Ashworth	F50+	5	
66	74	5Mile	0:51:33	James Kelly	M35+	9	
67	182	5Mile	0:51:49	Victoria Shaddick	F45+	6	FREMINGTON TRAILBLAZERS
68	132	5Mile	0:52:06	Melissa Janes	F50+	6	
69	135	5Mile	0:52:39	Nicky Davey	F45+	7	
70	161	5Mile	0:52:40	Sarah-Jane Edmonds	F35+	5	
71	181	5Mile	0:52:42	Vicky Hutchinson	F55+	5	
72	115	5Mile	0:52:49	Linda Hoe	F70+	1	TRI-HARDS LADIES EXMOUTH
73	80	5Mile	0:52:52	Janet Lathom	F65+	2	LAUNCESTON ROAD RUNNERS

74	50	5Mile	0:52:53	Deborah Barnes	F35+	6	
75	165	5Mile	0:53:07	Steph Ross	F60+	3	TEIGNBRIDGE TROTTERS
76	123	5Mile	0:53:12	Mandy Ward	F50+	7	
77	82	5Mile	0:53:35	Janice Newson	F50+	8	HONITON RUNNING CLUB
78	178	5Mile	0:53:36	Tracey Healey	F55+	6	TRI-HARDS
79	12	5Mile	0:53:38	Adrian Evans	M50+	3	
80	147	5Mile	0:53:39	Rebecca Wade	F55+	7	
81	90	5Mile	0:53:41	Julia Proctor	F50+	9	
82	144	5Mile	0:53:46	Phil Davey	M60+	1	GREENBOW RUNNING CLUB
83	415	5Mile	0:54:12	Debbie Hutchings	F60+	4	RIVIERA RACERS
84	160	5Mile	0:54:20	Sarah Moore	F40+	5	
85	95	5Mile	0:54:26	Kate Heath	F35+	7	FREMINGTON TRAILBLAZERS
86	32	5Mile	0:54:38	Beverley Holloway	F45+	8	
87	118	5Mile	0:54:39	Lorna Richards	F65+	3	DAWLISH COASTERS
88	140	5Mile	0:54:53	Owen Tomlinson	MSen	4	
89	169	5Mile	0:54:56	Steve Park	M65+	4	
90	77	5Mile	0:55:05	Jane Richardson	F70+	2	OKEHAMPTON RC
91	85	5Mile	0:55:17	Jerry Williamson	M75+	2	TEIGNMOUTH PARKRUN
92	88	5Mile	0:55:28	Josh Wooff	M35+	10	
93	62	5Mile	0:55:52	Frank Biederman	M50+	4	FREMINGTON TRAILBLAZERS
94	273	5Mile	0:56:00	Helen Simcoe-Walker	F45+	9	
95	34	5Mile	0:56:00	Brenda Stuckey	F55+	8	TRI HARDS
96	37	5Mile	0:56:19	Caroline Davis	F45+	10	
97	38	5Mile	0:56:19	Cath Burnett	F50+	10	
98	399	5Mile	0:56:24	Tim Attenburrow	MSen	5	
99	73	5Mile	0:56:28	James Ferguson	M70+	2	SOUTH WEST ROAD RUNNERS
100	36	5Mile	0:56:29	Brent Carpenter	M40+	5	FREMINGTON TRAILBLAZERS
101	63	5Mile	0:56:29	Hannah Harvey	F45+	11	FREMINGTON TRAILBLAZERS
102	158	5Mile	0:56:55	Sarah Carr	FSen	6	
103	130	5Mile	0:57:34	Maxine Commings	F45+	12	
104	138	5Mile	0:57:34	Nicola Walmsley-Shiguemiti	F40+	6	
105	23	5Mile	0:57:48	Andy McPhee	M70+	3	
106	396	5Mile	0:58:36	Tamsin Cook	F55+	9	TEIGNBRIDGE TROTTERS
107	362	5Mile	0:58:41	Paul Fleming	M60+	2	FREMINGTON TRAIL BLAZERS
108	25	5Mile	0:58:41	Annabel Urquiza	F50+	11	TRIHARDS EXMOUTH
109	107	5Mile	0:58:47	Kirsty Hunt	FSen	7	HEAVITREE RUNNING GROUP
110	307	5Mile	0:59:00	Kate Brown	M50+	5	
111	145	5Mile	0:59:37	Philippa Greenslade	F60+	5	
112	180	5Mile	0:59:40	Tracy Kearley	F45+	13	TRI-HARDS
113	149	5Mile	0:59:44	Robyn Ash	FSen	8	
114	156	5Mile	0:59:44	Sarah Bearne	F35+	8	
115	90	5Mile	0:59:45	Julia Proctor	F50+	12	
116	89	5Mile	0:59:55	Julia McDonald	F55+	10	
117	184	5Mile	0:59:56	Zoe McDonald	FSen	9	
118	42	5Mile	0:60:00	Claire Farrar	F40+	7	TEIGNBRIDGE TROTTERS
119	225	5Mile	0:60:01	Carol McSweeney	F40+	8	
120	60	5Mile	0:60:01	Fiona Carse	F45+	14	
121	51	5Mile	0:60:06	Deborah Gorrod	F70+	3	
122	41	5Mile	0:60:10	Claire Barnes	F50+	13	
123	43	5Mile	0:60:35	Claire Hawes	F65+	4	ALMOST ATHLETES
124	56	5Mile	0:60:59	Duncan Walker	M60+	3	
125	26	5Mile	0:61:05	Anne Devlin	F60+	6	0
126	114	5Mile	0:61:18	Linda Harley	F50+	14	
127	45	5Mile	0:61:22	Clare Mayne	F45+	15	
128	48	5Mile	0:61:22	David Anderson	M70+	4	
129	229	5Mile	0:61:28	Caroline Warner	F85+	1	
130	84	5Mile	0:61:32	Jen Forster	F40+	9	
131	53	5Mile	0:61:35	Donald Govan	M45+	5	

132	76	5Mile	0:62:19	Jane Kovalev	F65+	5	TRI-HARDS
133	154	5Mile	0:62:27	Sally Turner	F60+	7	
134	104	5Mile	0:63:45	Kerry Hull	F40+	10	
135	91	5Mile	0:63:45	Julie Jones	F35+	9	UP & RUNNING TORBAY
136	58	5Mile	0:63:49	Emma Pendle	F45+	16	
137	109	5Mile	0:64:02	Laura Menzies	F40+	11	BRADWORTHY RUNNERS
138	164	5Mile	0:64:40	Sophie Nedelec	F35+	10	SMASH THE PATRIARCHY
139	19	5Mile	0:65:55	Amanda Greig	F55+	11	
140	17	5Mile	0:69:06	Alison Snell	F55+	12	TRI-HARDS
141	112	5Mile	0:70:02	Leah Witton	F55+	10	DAWLISH COASTERS
142	159	5Mile	0:73:23	Sarah McKenna	F35+	11	
143	61	5Mile	0:73:57	Frances Dymond	F55+	13	HOLSWORTHY RUNNING CLUB
144	134	5Mile	0:74:08	Moirra Anderson	F50+	15	
145	171	5Mile	0:74:17	Sue Davey	F65+	6	
146	148	5Mile	0:74:25	Ria Thompson	F35+	12	HOLSWORTHY RUNNING CLUB