



EXMOUTH HARRIERS

WESTDOWN WANDER

27th NOVEMBER 2022

Pos	Bib	Time	Name	Cat	Cat Rank	Club
1	96	01:04:20	Angus Menter	M45+	1	
2	40	01:04:21	Roger Easterbrook	M45+	2	Teignbridge Trotters
3	101	01:05:26	Lee Moran	M40+	1	Axe Valley Runners
4	57	01:07:14	Milan Goc	M40+	2	South West Road Runners
5	50	01:08:12	Darren Francis	M50+	1	Uk Vegan Runners
6	161	01:09:38	James Woolf	M55+	1	South West Road Runners
7	149	01:10:25	Pete Waumsley	M50+	2	Tamar Trotters
8	138	01:10:45	Richard Smith	M55+	2	Dawlish Coasters
9	59	01:10:48	Susanna Goffe	FSen	1	Teignbridge Trotters
10	42	01:11:05	Garrie Edwards	M45+	3	Dawlish Coasters
11	150	01:11:14	Steve Weeks	M45+	4	Torbay Aac
12	129	01:12:14	Julian Scanes	M50+	3	Teignbridge Trotters
13	74	01:12:15	Jerry Hocking	M50+	4	Torbay Tri Club
14	157	01:12:18	Charlie Withers	M45+	5	South West Road Runners
15	147	01:14:17	Steven Waters	MSen	1	Clapham Chasers
16	124	01:14:36	James Sampson	MSen	2	
17	141	01:14:37	Ross Stevens	M35+	1	South West Road Runners
18	84	01:14:43	Duncan Knight	M50+	5	Teignbridge Trotters
19	94	01:15:16	Ian Mcclean	M55+	3	Torbay Triathlon Club
20	44	01:15:30	David Engledew	M60+	1	Erme Valley Harriers
21	78	01:15:44	Simon Johnson	M50+	6	Torbay Tri Club
22	60	01:16:08	Oliver Goodchild-Horne	MSen	3	Sidmouth
23	12	01:16:32	Kerry Board	F45+	1	Axe Valley Runners
24	68	01:17:17	Matt Havard	M45+	6	
25	164	01:17:20	William Young	M35+	2	Haldon Trail Runners
26	153	01:17:21	Mandy Wheeler	F50+	1	Teignbridge Trotters
27	118	01:17:22	Patrick Rosello	M50+	7	Axe Valley Runners
28	92	01:18:28	Christopher M Reynolds	M45+	7	Exeter Triathlon Club
29	54	01:18:43	Barry Frost	M60+	2	South West Road Runners
30	93	01:19:04	Franki Mathews	F40+	1	0
31	160	01:19:07	Eleanor Wood	F65+	1	Axe Valley Runners
32	2	01:19:12	Tom Arkle	M35+	3	
33	131	01:19:35	Richard Stone	M40+	3	South West Road Runners
34	38	01:20:01	Keith Dixon	M55+	4	Maidenhead Rowing Club
35	146	01:20:32	Jamie Town	M40+	4	Dsfrs Running Club
36	87	01:20:42	Ian Langler	M40+	5	Teignbridge Trotters
37	151	01:20:57	Chloe Weeks	FU20	1	Torbay Aac
38	29	01:21:27	Nicholas Couch	M50+	8	Honiton Running Club
39	145	01:21:54	Suzie Tosh	F45+	2	South West Road Runners
40	136	01:22:00	Derek Skinner	M60+	3	Teignbridge Trotters
41	73	01:22:16	James Higgins	M35+	4	
42	152	01:22:32	Andrew West	M60+	4	Axe Valley Runners
43	117	01:23:10	Graham Reynolds	M55+	5	Torbay Tri Club
44	159	01:24:03	Grahame Womersley-Westlake	M40+	6	Sidmouth Running Club
45	139	01:24:10	Rebecca Stevens	F50+	2	Honiton Running Club
46	43	01:24:28	Alison Engledew	F60+	1	Erme Valley Harriers
47	69	01:24:45	James Hawker	M45+	8	Axe Valley Runners
48	21	01:24:51	Simon Chant	M45+	9	Exeter Triathlon Club
49	107	01:24:57	Mark Norton	M55+	6	Sidmouth Running Club
50	58	01:25:06	Jeremy Goddard	M55+	7	South Devon Athletic Club
51	81	01:25:15	Mike Kay	M55+	8	South West Road Runners
52	95	01:25:18	Kate Medicott	F55+	1	Erme Valley Harriers

53	86	01:25:33	Richard Lane	M50+	9	Erme Valley Harriers
54	83	01:26:06	David King	M65+	1	Sidmouth Running Club
55	56	01:26:26	Rosie Glazier	F50+	2	South West Road Runners
56	132	01:26:58	Ron Seward	M70+	1	Axe Valley Runners
57	79	01:27:25	Frances Johnson	F55+	2	Egdon Heath Harriers
58	32	01:27:28	Lisa Cruise	F50+	3	South West Road Runners
59	49	01:27:58	PaulaEleanor Ferris	F45+	3	Honiton Running Club
60	142	01:28:00	Lydia Stone	F35+	1	
61	137	01:28:51	Jeremy Slade	M55+	9	Axe Valley Runners
62	104	01:29:03	David Mountain	M45+	10	
63	20	01:29:16	Don Cawthera	M60+	5	Sidmouth Running Club
64	45	01:29:26	Ben Epps	M45+	11	Haldon Trail Runners
65	140	01:29:41	Debra Stevens	F50+	4	South West Road Runners
66	112	01:30:04	Andrew Patten	M40+	7	
67	100	01:30:21	John Moorhouse	M60+	6	Dawlish Coasters
68	127	01:30:39	Helen Saunders	F50+	5	
69	11	01:30:52	Suzi Blackett	F40+	2	Axe Valley Runners
70	126	01:31:11	Roger Saunders	M65+	2	Honiton Running Club
71	16	01:31:11	Julian Budd	M55+	10	South West Road Runners
72	91	01:32:41	Steven Lewis	M70+	2	Axe Valley Runners
73	155	01:33:55	Kate Wilson	M55+	11	Okehampton Running Club
74	27	01:34:49	Jo Connock	F40+	3	
75	97	01:34:49	Emma Mill	F45+	4	
76	67	01:34:53	Deb Hart	F60+	2	Teignbridge Trotters
77	33	01:35:05	Lee Cusick	M55+	12	South West Road Runners
78	14	01:36:20	Corinne Bright	F45+	5	Teignbridge Trotters
79	35	01:36:24	Lewis Jones	M70+	3	South West Road Runners
80	85	01:36:42	Lindsay Lane	F40+	4	Erme Valley Harriers
81	128	01:36:57	Martin Sawyer	M60+	7	Axe Valley Runners
82	165	01:37:12	Tanya Alexander	F40+	5	Holbeton Harriers
83	47	01:37:51	Christine Farnham	F60+	3	Sidmouth Running Club
84	64	01:38:18	Graham Hall	MSen	4	
85	108	01:38:31	Stuart Moul	M60+	8	Sidmouth Running Club
86	46	01:38:55	Karen Farnham	F60+	4	Sidmouth Running Club
87	39	01:38:59	Bert Dykema	M55+	13	Sidmouth Running Club
88	62	01:39:08	Linda Grady	F55+	3	Honiton Running Club
89	19	01:39:58	Deb Cawthera	F55+	4	Sidmouth Running Club
90	65	01:40:21	Dominique Harcourt	F45+	6	Teignbridge Trotters
91	53	01:41:38	Lindsey Freathy	F45+	7	Axe Valley Runners
92	52	01:41:39	Simon Freathy	M45+	12	Axe Valley Runners
93	105	01:42:25	Katie Mowll	F50+	3	Dawlish Coasters
94	31	01:43:21	Eamon Crowe	M55+	14	Teignbridge Trotters
95	1	01:43:22	Chris Andrews	M60+	9	Teignbridge Trotters
96	121	01:44:00	Penny Rye	F60+	5	Exmouth Running Belles
97	18	01:44:56	Bob Carter	M65+	3	Axe Valley Runners
98	61	01:45:39	Michael Goodwin	M70+	4	
99	28	01:45:49	Tamsin Cook	F55+	5	Teignbridge Trotters
100	34	01:46:12	Mary Daymond	F60+	6	South West Road Runners
101	23	01:46:26	Sarah Clapham	F50+	4	Sidmouth Running Club
102	163	01:46:27	David Wright	M50+	10	Sidmouth Running Club
103	162	01:47:02	Mark Wotton	M60+	10	Teignbridge Trotters
104	89	01:47:06	Rachel Lawrence	F40+	6	
105	122	01:47:16	Sarah Ryerson	F45+	8	
106	143	01:47:24	Eleanor Taylor	F60+	7	Teignbridge Trotters
107	125	01:48:13	Joanna Griffin	F55+	6	Teignbridge Trotters
108	51	01:48:57	Amanda Francis	F50+	5	Vegan Runners Uk
109	123	01:52:15	Kerry Salter	F50+	6	Sidmouth Running Club
110	134	01:53:39	Paul Sharples	M65+	4	Teignbridge Trotters
111	133	01:53:57	Sharon Sharples	F55+	7	Teignbridge Trotters
112	115	01:54:04	Heide Piper-Oswald	NB50+	1	
113	55	01:54:05	Louise Garrity	F50+	7	Tiverton Ladies Running Club
114	99	01:54:09	Sally Moore	F65+	2	

115	113	01:54:11	Michelle Perry	F55+	8	Tiverton Women's Running Group
116	37	01:56:59	Linda Diggines	F60+	8	
117	88	01:58:19	Zoe Larder	F45+	9	Badass Mother Runners
118	120	01:58:19	Jenny Rudge	F45+	9	
119	111	02:01:27	Helen Palmer	F55+	9	Sidmouth Running Club
120	30	02:04:37	Louise Creber	F50+	8	Erme Valley Harriers
121	5	02:05:40	Alexa Baker	F50+	9	Sidmouth Running Club
122	114	02:07:57	Lydia Perry	F40+	7	Tiverton Women's Running Group
123	76	02:07:58	Megan Jackson	FSen	6	
124	156	02:09:14	Deborah Winship	F50+	10	South West Road Runners
125	66	02:12:11	Steph Harris	F55+	10	South Molton Strugglers
126	135	02:12:12	Helen Simmons	F45+	11	South Molton Strugglers
127	8	02:12:12	Tracey Bawden	F45+	11	South Molton Strugglers
128	154	02:12:13	Jillian Widlake	F35+	2	South Molton Strugglers
129	158	02:17:20	Donna Womersley-Westlake	FSen	7	Sidmouth Running Club
130	9	02:17:23	Terry Bewes	M75+	1	Sidmouth Running Club