



EXETER 3K

FRIDAY 29TH SEPTEMBER 2023

MILE - RESULTS

Pos	Race No	Time	Name	Cat	Club	Predicted Time
1	49	5.12.8	Leon Snell	MUnder 13	TORBAY AAC	0:05:00
2	53	5.19.1	Isaac Malton	MUnder 13	SWRR	0:05:30
3	52	5.24.3	Jacob Adams	MUnder 13	EXETER HARRIERS	0:05:30
4	51	5.29.6	Finley Eales	MUnder 13	CITY OF PLYMOUTH ATHLETICS CLUB	0:05:15
5	57	6.08.4	Jack Penney	MUnder 11	CITY OF PLYMOUTH ATHLETICS CLUB	0:06:45
6	59	6.18.9	Joseph Balch	MUnder 11	SWRR	0:07:00
7	55	6.27.5	Adam Holland	MUnder 13	TORBAY AAC	0:05:50
8	68	6.27.7	Jac Watson	MUnder 11	SWRR	0:00:00
9	62	6.35.2	Abby Cox	FUnder 13	SOUTH WEST ROAD RUNNERS	0:07:30
10	58	6.36.4	Harrison Strong	MUnder 11	SOUTH WEST ROAD RUNNERS	0:07:00
11	64	7.01.1	Keaton Quinn	MUnder 11	TORBAY AAC	0:08:00
12	61	7.05.6	Henry Pope	MUnder 11	SWRR	0:07:30
13	63	7.08.0	Theia Jones	FUnder 11	CITY OF PLYMOUTH ATHLETICS CLUB	0:07:40
14	65	7.08.7	Harry Balch	MUnder 11	SWRR	0:08:00

C RACE - RESULTS

Pos	Race No	Time	Name	Cat	Club	Predicted Time
1	37	11.33.2	Alister Ferguson	M35+	SOUTH WEST ROAD RUNNERS	0:12:30
2	34	11.39.0	Nicholas Pope	M45+		0:12:00
3	33	11.42.8	Karl Schultze	M35+	SOUTH WEST ROAD RUNNERS	0:12:00
4	41	12.10.8	John Shapland	M70+	BIDEFORD AAC	0:13:05
5	36	12.11.9	Charlotte Brown	FUnder 20	EXETER UNIVERSITY ATHLETICS CLUB	0:12:30
6	35	12.44.7	Rosie Glazier	FSenior	SOUTH WEST ROAD RUNNERS	0:12:20
7	43	12.51.9	Michael Kay	M60+	SOUTH WEST ROAD RUNNERS	0:13:30
8	46	13.08.1	Seren Woodall	FUnder 20	EXETER ATHLETICS	0:14:12
9	44	13.13.6	Lee Cusick	M55+	SOUTH WEST ROAD RUNNERS	0:14:00
10	39	13.24.6	Stephen Wilbraham	M55+	TORBAY TRI CLUB	0:12:45
11	40	13.41.9	Ian Mcfarlane	M60+	UTOPIAN SPORT	0:13:00
12	45	13.42.4	Adrian Harding	M55+		0:13:45
13	38	13.55.1	Ian Wright	M65+	CORNWALL AC	0:12:30
14	42	14.04.5	Lewis Jones	M70+	SOUTH WEST ROAD RUNNERS	0:13:30
15	48	15.07.9	Mary Daymond	F60+	SOUTH WEST ROAD RUNNERS	0:18:00

B RACE - RESULTS

Pos	Race No	Time	Name	Cat	Club	Predicted Time
1	21	9.56.8	Jon Scott	M40+		0:10:15
2	18	10.09.4	Oliver Weedon	MSenior		0:10:00
3	20	10.09.9	Edward Lawrence Buckle	MUnder 20	EXETER UNIVERSITY ATHLETICS CLUB	0:10:15
4	19	10.15.1	Joseph Cooke	MUnder 17	BRISTOL & WEST AC	0:10:10
5	17	10.21.1	Inca Padfield	FSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:10:00
6	67	10.25.3	Rubean Easedale	MUnder 20	EXETER UNIVERSITY ATHLETICS CLUB	0:11:30
7	31	10.25.3	Steve Jones	M35+	CITY OF PLYMOUTH ATHLETICS CLUB	0:11:20
8	23	10.28.1	Jaime Ingleby	M40+	CITY OF PLYMOUTH ATHLETICS CLUB	0:10:30
9	26	10.30.2	Tallulah Robin Redmond	FSenior	CHELTENHAM & COUNTY HARRIERS	0:10:48
10	27	10.36.5	Bethany Wallis	FSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:10:50
11	30	10.47.9	Ella Richards	FUnder 15	TORBAY AAC	0:11:00
12	29	11.02.3	Philip Thomas	M45+	WADEBRIDGE RUNNING CLUB	0:11:00
13	25	11.08.4	Gwilym Lewis	MUnder 17	TORBAY AAC	0:10:45
14	32	11.10.8	Ella Treby	FUnder 20	EXETER UNIVERSITY ATHLETICS CLUB	0:11:35

A RACE - RESULTS

Pos	Race No	Time	Name	Cat	Club	Predicted Time
1	2	8.31.6	Matthew Brunnock	MUnder 20	WESTERN TEMPO	0:08:30
2	1	8.33.2	Thomas Crockett	MSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:08:30
3	66	9.03.7	Jamie Price	MSenior	0.00	0:00:00
4	4	9.15.1	Olly Morris	MUnder 17	EXETER HARRIERS	0:09:15
5	3	9.15.4	Jolyon Leavesley	MSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:09:10
6	11	9.18.6	Rupert Ferguson	MUnder 20	EXETER UNIVERSITY ATHLETICS CLUB	0:09:45
7	5	9.19.6	Sam Crowther	MSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:09:20
8	8	9.23.7	Matthew Bradley	M35+	CITY OF PLYMOUTH ATHLETICS CLUB	0:09:30
9	14	9.34.8	William Harvey	MUnder 20	EXETER UNIVERSITY ATHLETICS CLUB	0:09:50
10	12	9.45.0	Seb Owers	MSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:09:45
11	7	9.45.3	Ross Penney	M35+	CITY OF PLYMOUTH ATHLETICS CLUB	0:09:30
12	13	9.47.3	Luke Reynolds	MSenior	EXETER UNIVERSITY ATHLETICS CLUB	0:09:45
13	9	9.47.7	Lauren Cooper	FSenior	WESTERN TEMPO	0:09:40
14	10	9.49.4	Theo Glew	MUnder 15	TORBAY AAC	0:09:40