

#Exeter3k Records

These records start from when City Runs took over organisation in 2015

Time	Name	Gen	Cat	Club	Year
10.57	Helen Southcott	Female	35+	Maiden Newton Runners	2018
10.36	Serane Stone	Female	40+	Tiverton Harriers	2017
11.07	Serane Stone	Female	45+	Tiverton Harriers	2021
12.29	Julie Hedges	Female	50+	Swrr	2016
11.22	Cathy Newman	Female	55+	Exmouth Harriers	2021
11.14	Cathy Newman	Female	60+	Exmouth Harriers	2022
15.35	Alison White	Female	65+	Exmouth Harriers	2021
9.47	<u>Lauren Cooper</u>	<u>Female</u>	<u>Sen</u>	<u>Western Temp</u>	<u>2023</u>
10.35	Olivia Steer	Female	U13	Exeter Harriers	2021
10.13	Molly Canham	Female	U15	Newton Abbot Ac	2015
10.52	Eevee-May Banbury	Female	U17	Ndac	2015
10.54	Phoebe Killen	Female	U20	Exeter Harriers	2015
Time	Name	Gen	Cat	Club	Year
9.23	<u>Matthew Bradley</u>	<u>Male</u>	<u>35+</u>	<u>City of Plymouth Ac</u>	<u>2023</u>
9.53	Geoff Davey	Male	40+	Teignbridge Trotters	2015
10.12	Edward Pickering	Male	45+	South West Road Runners	2018
9.50	Clive Stephenson	Male	50+		2022
10.48	Mike Jones	Male	55+	Exmouth Harriers	2018
10.36	Paul Thomas	Male	60+	South West Road Runners	2021
11.39	John Shapland	Male	65+	Bideford Aac	2018
12.10	<u>John Shapland</u>	<u>Male</u>	<u>70+</u>	<u>Bideford Aac</u>	<u>2023</u>
14.03	Ray Elston	Male	75+	Exmouth Harriers	2015
8.33	<u>Thomas Crockett</u>	<u>Male</u>	<u>Sen</u>	<u>Exeter University AC</u>	<u>2023</u>
10.03	Charlie Hague	Male	U13	Exeter Harriers	2018
9.49	<u>Theo Glew</u>	<u>Male</u>	<u>U15</u>	<u>Torbay Aac</u>	<u>2023</u>
9.15	<u>Olly Morris</u>	<u>Male</u>	<u>U17</u>	<u>Exeter Harriers</u>	<u>2023</u>
9.15	Elliot Moran	Male	U17	Exeter Harriers	2017
8.31	<u>Matthew Brunnock</u>	<u>Male</u>	<u>U20</u>	<u>Western Tempo</u>	<u>2023</u>