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# Our Team of Experts

*Science, research, and world class expertise are the backbone of what we do. Learn a little more about who is behind our efforts.*

## Dr. Jody Thomas, PhD

Founder & Executive Director

- Licensed clinical psychologist, and specialist in pediatric pain, medical illness, and trauma
- Internationally-renowned expert, educator, and author in pediatric pain
- Current faculty at the Stanford University School of Medicine, Dept of Psychiatry and Biobehavioral Sciences
- Former Clinical Assistant Professor, Dept of Anesthesiology, Perioperative, and Pain Medicine
- Consultant for the Lucile Packard Children's Hospital at Stanford and Stanford Children's Health
- Founding Clinical Director of the Packard Pediatric Pain Rehabilitation Center at Stanford
- Core faculty of the National Pediatric Hypnosis Training Institute
- Recipient of the prestigious MayDay Fellowship

## Dr. Leora Kuttner, PhD

- Clinical psychologist and pioneer in the field of pediatric pain
- Clinical Professor of Pediatrics at University of British Columbia at BC Children's Hospital, Vancouver, Canada,
- Five-time award winning documentary filmmaker on children's pain
- Author of multiple books and research articles on pediatric pain
- Internationally-renowned expert and educator
- Multiple awards include The Woman of Distinction in Vancouver, the Outstanding Alumni for Professional Achievement from Simon Fraser University, The American Pain Society's Jeffrey Lawson Award on Advocacy for Children's Pain Relief

## Dr. Jeffrey Fisher, PhD

- A Board of Trustees Distinguished Professor of Psychology at the University of Connecticut
- Founding Director of the Institute for Collaboration on Health, Intervention, and Policy (InCHIP)
- Groundbreaking leader in the field of health behavior change
- International educator/consultant in the areas of HIV preventive behavior and adherence to medications
- Awarded 9 major grants for the U.S. National Institutes of Health
- Involved with over \$30.6 million in grants as Principal Investigator, Co-Director, or Co-Investigator, and has been Principal Investigator on \$22.7 million in external grants
- Served on the National Institute of Mental Health Psychobiological, Biological, and Neuroscience Subcommittee, the Mental Health Acquired Immunodeficiency Syndrome Research Review Committee, and the editorial boards of several journals

## Dr. Stefan Friedrichsdorf, MD, FAAP

- Medical director of the Center of Pain Medicine, Palliative Care and Integrative Medicine at the UCSF Benioff Children's Hospitals
- Professor in Pediatrics at University of California San Francisco School of Medicine
- President of the Special Interest Group on Pain in Childhood of the International Association for the Study of Pain (IASP)
- Associate editor of the Journal of Pain and Symptom Management
- Principal investigator of a National Institute of Health/National Cancer Institute on the creation implementation and evaluation of a Pediatric Palliative Care Curriculum
- Author of more than 60 peer-reviewed articles and contributions to more than 25 books on pain
- Multiple awards, including the Narcessian Award for Outstanding Educational Achievements in the Field of Pain

# Our Team of Experts

## Dr. William Zempsky, MD, MPH

- Francine L. and Robert B. Goldfarb-William T. Zempsky, MD Endowed Chair for Pain and Palliative Medicine at Connecticut Children's Medical Center
- Professor of Pediatrics at the University of Connecticut School of Medicine
- International expert on pediatric pain medicine
- Investigator on multiple NIH grants regarding novel interventions in pain
- Recipient of the Donaghue Investigator Award, as well as the Mayday Pain and Society Fellowship
- Co-editor of the Oxford Textbook of Pediatric Pain
- Board member of ChildKind International

## Dr. Rachael Coakley, PhD

- Pediatric pain psychologist in the Dept of Anesthesia and Pain Medicine at Boston Children's Hospital
- Assistant Professor of Psychology, Harvard Medical School
- Director of Clinical Innovation and Outreach in Pain Medicine & Associate Director of Psychological Services
- Founder and director of the Comfort Ability Program (CAP), an internationally disseminated program that teaches pain management skills to adolescents with chronic pain and their parents
- Internationally recognized leader in the pain world
- Chair of the Society of Pediatric Psychology Special Interest Group in Pain
- Advisory Board of ChildKind International
- Recipient of the David Weiner award for Innovation in Child Health and the 2020 Carolyn Schroeder award from the American Psychological Association for Outstanding Clinical Practice in pediatric psychology
- Award winning author of When Your Child Hurts (Yale University Press)
- Work featured in many major news publications including the Washington Post and New York Times

## Dr. Christine Chambers, PhD

- Killam Professor in the Departments of Pediatrics and Psychology & Neuroscience at Dalhousie University in Halifax, Nova Scotia, Canada
- Scientific Director for Canadian Institutes of Health Research and Solutions for Kids in Pain (SKIP)
- International leader in the study of children's pain
- Canada Research Chair (Tier 1) in Children's Pain
- Principal Investigator of the #ItDoesntHaveToHurt social media initiative
- Head of research team at the Centre for Pediatric Pain Research at the IWK Health Centre.
- Award-winning work spans research, training, knowledge translation, and advocacy.
- Associate Editor for PAIN and PAIN Reports
- Awards include the American Pain Society's Jeffrey Lawson Award for Advocacy in Children's Pain Relief and the Canadian Pain Society & Canadian Pain Coalition's Pain Awareness Award
- Member of the Royal Society of Canada's College of New Scholars, Artists and Scientists

## Dr. Jessica Bernacki, PhD

- Licensed, clinical psychologist in the Department of Medicine at the UCLA Medicine-Pediatrics Comprehensive Care Center
- Pediatric Psychiatry Consultation-Liaison psychologist at the UCLA Medical Center, Santa Monica
- Clinical, teaching, and research interests focus on the delivery of evidence-based behavioral health services in the primary care setting and coping with pediatric medical illness

## Dr. Jennifer Dilts, DO

- Director of Children's Mercy Kansas City's Comprehensive Headache Clinic
- Associate professor at the University of Missouri-Kansas City
- Board-certified in pediatrics, headache medicine, and medical acupuncture
- National award and grant recipient for pediatric acupuncture research
- Designed a curriculum to teach optimal procedural pain and anxiety management to pediatric residents.

# Our Team of Experts

## Dr. Emily Edlynn, PhD

- Licensed clinical psychologist who specializes in pediatric health psychology
- Former Clinical Director for the Comfort and Palliative Care Team at Children's Hospital Los Angeles
- Former Clinical Director for the Medical Day Treatment program at Children's Hospital Colorado
- Former Assistant Professor in the University of Colorado Denver School of Medicine
- Works with children and teenagers presenting with a wide range of diseases and chronic pain conditions.
- Authors a parenting blog, The Art and Science of Mom, and has been featured across national publications, including Scary Mommy, HuffPost Parenting, and Parents.
- Pens the weekly advice column, Ask Your Mom, for Parents.com.

## Dr. David Becker, MD, MPH

- Pediatrician who specializes in integrative medicine, behavioral health, and chronic pain conditions
- Co-Medical Director of UCSF Pediatric Pain Management Clinic
- Clinical Professor, Department of Pediatrics, UCSF
- Former primary care pediatrician at UCSF for 15 years before fully transitioning to integrative medicine and behavioral health at the UCSF Osher Center for Integrative Medicine
- Introduced pediatric services at the Osher Center in 2008, after completing fellowship training integrative medicine. He has extensive training and clinical experience with integrative medicine, mind-body strategies, chronic pain management, and clinical psychology.
- Medical degree, Master's in Public Health, and pediatric residency training from the University of North Carolina, Chapel Hill
- Additional post-graduate training includes the Fellowship in Integrative Medicine at the Andrew Weil Center for Integrative Medicine, a master's degree in Clinical Psychology from the Wright Institute, a psychotherapy internship at the San Francisco Psychotherapy Research Group
- Background in global humanitarian aid work with several relief organizations, including Doctors Without Borders
- He teaches and lectures nationally and internationally on integrative medicine, mental health, chronic pain management, and mind-body strategies.

## Julie Stanford

- Co-founder of Sliced Bread Design, a high-end user experience firm
- Helps companies use design thinking to create and execute the vision for their services
- Particular interest in techniques for validating ideas and gathering user feedback in more effective ways
- Clients include small Silicon Valley startups and large organizations such as Google, Gap, Adobe, and the US government
- Faculty of the d.School and the Computer Science department at Stanford University as a Science & Engineering Education Fellow. Her courses include Rapid Experimentation, Cross Cultural Design for China, Interaction Design Studio, and Design and AI