

Our Goals Are...

- ♥ *To be an outreach ministry of Jesus Christ*
- ♥ *To give all assistance **FREE** of charge*
- ♥ *To offer alternatives to abortion by providing emotional support and practical assistance from Christians and the community at large*
- ♥ *To provide accurate and complete information about both prenatal development and abortion*
- ♥ *To abstain from recommending, providing, or referring for abortion*
- ♥ *To recognize the validity of adoption as one alternative to abortion, while refraining from recommending adoption over other life-saving alternatives*



A proud affiliate of



- ♥ Care Net is a network of pregnancy centers across the United States and Canada.
- ♥ Care Net affiliated centers provide abortion alternatives.
- ♥ Care Net educates and trains pregnancy caregivers.
- ♥ Care Net assists local churches in providing practical and compassionate care to the unborn, as well as single women and mothers who need assistance.
- ♥ Care Net was founded in 1975 by Dr. Harold O.J. Brown with the advice and encouragement of the Rev. Billy Graham and the late Dr. Francis A. Schaeffer.

For information or assistance, contact:
Appalachian Pregnancy Care Center
193 Main Street
P.O. Box 131
Pikeville, KY 41501

606-433-0700

www.appalachianpregnancycare.org
www.apcckky.com
Email: apcc@setel.com

Promoting life



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Appalachian Pregnancy Care Centers



A group of Christians, concerned about women in unplanned pregnancies,

has established a pregnancy care center in the heart of Eastern Kentucky. Our board members, staff, and volunteers are from a variety of churches and denominations throughout the area.

- ♥ The Appalachian Pregnancy Care Center exists to offer alternatives to abortion and give hope and help to women facing unplanned pregnancies.
- ♥ The center provides practical and spiritual help to encourage and assist women to carry their babies to term.
- ♥ The Center provides ongoing pre-natal and post-natal assistance.
- ♥ The Center provides post-abortion counseling through Bible studies for men and women.

Women experiencing an unplanned pregnancy can find compassionate help and confidential support.

Free of Charge!

What we offer...

- ♥ **Free Pregnancy Tests**
- ♥ **Peer Counseling**
- ♥ **Baby Clothing and Baby Supplies**
- ♥ **Referrals, Information and Resources**
- ♥ **Post-Abortion Counseling Education**
- ♥ **Education — Earn while you Learn!**
- ♥ **Adoption Resources**

PACE

The **Post-Abortion Counseling Education** (PACE), program is a one-on-one confidential counseling service designed to help women who have had an abortion and are experiencing signs of Post Abortion Stress Syndrome (PASS). Common symptoms of PASS include difficulty being in the presence of infants while experiencing the following:

- ◆ Depression
- ◆ Frequent crying
- ◆ Guilt
- ◆ Inability to forgive self
- ◆ Self-hatred
- ◆ Low self-esteem

BABY BUCKS

Earn While You Learn Program

The **Earn While You Learn Program** allows the client to earn "Baby Bucks" while attending counseling, pre-natal and parenting education sessions with one of our volunteers. *Baby Bucks* are computer-generated dollars that can be used in our *Bundle of Joy* room to purchase donated baby clothes and baby supplies.

In addition, *Baby Bucks* can be earned for the following activities:

- ♥ Viewing educational videos
- ♥ Completing assigned homework
- ♥ Other activities deemed appropriate to each individual client

How YOU can help!

- ♥ **Pray**
- ♥ **Send a one-time gift**
- ♥ **Become a monthly supporter**
- ♥ **Volunteer** (counseling, clerical duties, Bundle of Joy worker, fundraising and many more!)