



### **In Attendance**

Debra Adams, PCOA	Tangye Beckham, Rio Rico Fire
Adina Wingate, PCOA	Tracy Koslowski, Drexel Fire
Brooke Reaves, Carondelet - St. Joseph's Hospital	Nicholas Cogdall, Pima County Health Department
Chelsea Downs, Encompass Health	Shi Martin, Southeastern Ass. Of Governments
Ella Mazurek, Pima County Health Department	Susan Kasle, Jewish Family & Children's Services of Southern Arizona
Lee Itule-Klasen, Pima County Health Department	Tawab Saljuqi, University of Arizona Trauma Dept.
Marcia Woodburn, Banner University	Terry Nordbrock, Pima County Health Department
	Lee Itule-Klasen, Pima County Health Dept.
	Maya Luria, TMC
	Kimberly Romo, Encompass
	Natalie Becker, Tucson Fire

### **Welcome and Introductions**

Lee Itule-Klasen, Pima County Health Department, welcomed everyone in attendance and a round robin of introductions were done, both in the room and on the phone.

### **Report on Arizona Falls Prevention Coalition and Other County Chapter Activities**

Lee provided the group with an update on the Arizona Falls Prevention Coalition and the chapters across the state. These updates include:

- The chair of the state-wide coalition has resigned; the coalition is seeking a new chair.
- The state coalition has multiple committees, including policy advocacy, which provides an opportunity to provide a brief to the Arizona Medical Association on policy related to education and training opportunities around falls prevention.
  - At present, there is no policy measure in place regarding falls prevention training opportunities. As such, this is a chance to be proactive in advocating for training policies.
- Other falls prevention coalitions are interested in providing the falls prevention tool through their organizations and are looking at adapting the tool to meet the needs of the populations that they serve.

### **Review of Recruitment Flyer**

Nic Cogdall, Pima County Health Department, provided the group with the updated recruitment flyer for the Southern Chapter of the Arizona Falls Prevention Coalition. The group was encouraged to provide any feedback or edits. The group noted that the name of the chapter needed to be updated.

### **Falls Prevention Strategies/Fall Prevention Resources in Southern Arizona**

The group discussed the availability of falls prevention resources being offered through Healthy Pima. Currently, the resources are specific to Pima County but there is potential to expand the information to include resources across southern Arizona.

Additionally, the group recognized the need to periodically update resources in case of changes to ensure that information is accurate. Additionally, the group wants to expand the number of resources. Members of the coalition are asked to provide additional resources by next month for discussion.



### Falls Prevention Events & Planning

The group discussed planning for falls prevention events for fall 2019. The group would like to begin reaching out to community centers and other locations to identify times and places to hold events. This will include mapping out where the locations are throughout the county and potentially expanding out to other areas including Benson, Bisbee, and Douglas. Using information from last year, the group can decide where to hold events. Additionally, there was interest in moving beyond community centers and working with hospitals like Banner and Carondelet for this year's events.

Once locations and times are identified, the group can move forward with planning, tabling, identifying relevant topics, and reaching out to speakers.

It was noted that participants last year enjoyed Tucson Medical Center's approach, which included both presentations and assessments. Ideally, this format is what the coalition would like to move towards. However, due to space limitations, talks and activities may not be possible at every location. In order to move forward with a working model, locations and times should be identified.

The group will want to begin promoting events and it may be beneficial to partner with fire districts. The second week of October is fire prevention week and will be a busy time for the fire districts but some of the departments could get involved given the number of falls-related injuries encountered by first responders. Additionally, the group discussed incorporating a professional training component into the coalition's efforts to focus on health care providers, potentially for continuing medical education credits. This would be an opportunity to increase the availability of resources and making sure that they are reaching the target populations. This training could also be recorded and shared.

Given that the falls prevention events will be starting up in September, the group should move forward with reviewing the map of locations and reaching out to contacts to help determine events that will be held in the fall.

### Updates

- Healthy South Tucson will be hosting a health and resource fair at Mission View Elementary on Sunday, April 28<sup>th</sup> from 8:00-1:00PM. Additional details will be shared as they come available.

### Next Meeting

The next Together 2 End Diabetes meeting will be held:

**Date:** Friday, May 16, 2019

**Time:** 9:00 – 10:00 PM

**Location:** Abrams Public Health Center, 3950. S. Country Club Rd. Tucson, AZ

**Room:** 1104

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