



Berks Trail Challenge

May 1 to October 31



Reading Hospital

TOWER HEALTH

Advancing Health. Transforming Lives.

TRAIL	DIFFICULTY	TERRAIN	DISTANCE	LOCATION	SYMBOL (write or draw)
Daniel Boone Homestead *gates open 9am-4pm	Easy	Maintained crushed stone trail	1.2 miles Loop Trail	400 Daniel Boone Road, Birdsboro, PA 19508	
Green Hills Preserve	Easy	Natural Pathways	2.8 Miles Out & Back Trail	553 Gunhart Road, Mohnton, PA 19540	
Muhlenberg Rail Trail Loop	Easy	Asphalt	3.6 Miles Out & Back Trail	Mount Laurel Road & Furnace Road, Temple, PA 19560	
Angelica Creek Trail Loop	Easy	Maintained trail	2 Miles Out & Back Trail	575 St Bernardine Street, Reading, PA 19607	
Gravity Trail via Angora Fruit Farm	Easy to Moderate	Uneven terrain, slight elevation change	3 Miles Out & Back	502 Angora Road, Reading, PA 19606	
Union Canal Trail	Moderate	Crushed gravel stone trail, flat	4.5 miles Out & Back Trail	1102 Red Bridge Road, Reading, PA 19605	
Your Park/Trail Name Here					
Your Park/Trail Name Here					

Please Note: All trail symbols are posted on the trailhead bulletin boards.
Please leave the trails better than you found them.

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HOW MANY TRAILS CAN YOU EXPLORE BY OCTOBER 31?

1. Register as an individual or a family at BeWellBerks.org.
2. Visit a trail.
3. Record the unique symbol located at each trail.
4. Complete 5 of the 8 trails. Return your challenge card via email, fax, or mail.

CONTACT INFORMATION

Name:

Age:

Address:

Email:

SUBMIT YOUR CHALLENGE CARD BY NOVEMBER 8.

Email: CommunityWellness@towerhealth.org

Fax: 484-628-5146

US Mail (Must be postmarked by November 8):

Reading Hospital
Attn: Community Wellness - A2S
PO Box 16052
West Reading, PA 19612



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Please note: Incentives will not be distributed until after the completion of the challenge.