

HARRIS III  
PRESENTS

# SHATTERED

DISCOVER THE TRUTH

A FIVE-PART VIDEO SERIES

STUDY GUIDE



Study Guide

# SHATTERED

DISCOVER THE TRUTH

**A five-part video series**

...

by **Harris III**

## Video One

# DECEPTION

*The choices you make everyday are the GPS coordinates that have brought you to where you are right now. Those everyday decisions may seem small and insignificant, but a single thought has the ability to alter the course a day, a decade, even a life. Those split-second decisions may appear innocent and inconsequential, but every choice you make is swayed by the tug of your deceptive feelings.*

*I don't do what I know is true*

*I do what I don't want to do*

*Still I do it.*

Your choices create your chances. But beware; the smoke and mirrors of those multiple options can do you harm if you lack the knowledge to identify between what is fake, what is feeling, and what is fact.

**The failure to recognize the difference always leads to remorse.**

## Regret Review

- What do you regret?
- Why did you make that choice?
- It seemed like a good idea at the time. Why?
- Do you weigh the options before you chose? Or just roll the dice and hope for the best?
- What influences your decisions; facts or feeling?
- Which is more important?

- **What you see and feel may appear to be genuine. But if a magician can misdirect you into believing that an illusion is real, then how reliable are your senses?**
- **They say, “seeing is believing.” Others are sure that ‘seeing can be deceiving.’ Which is true?**

Feelings fluctuate. Facts are often altered by new information. But the Truth remains constant; and one of those truths is that “choices have consequences.” If focusing on what you see is unreliable, and every choice you make is potentially regrettable, what is dependable?

## Consider God

- **Is He an illusion, or just ‘invisible’ to our undependable eyes?**
- **Do you think He’s real?**
- **What do you feel?**
- **What do you believe?**
- **Do your notions about God change with your emotions?**
- **If basing your choices on what you can see is unreliable, then how can you rely on what you cannot see?**

## Shattering Deception

The absence of evidence is not the evidence of absence. To see the unseen requires Faith.

- **What is the difference between Illusion and Faith?**

At some point along the way everyone struggles with the notion of God’s existence, because all we can see are the regrettable choices created by our flawed perceptions. Nobody understood this better than the Apostle Paul, (who amassed a number of regrets back when he was called Saul).

The way he got passed his past was by closing his eyes. His secret was as simple and profound as his one–sentence invitation to us all;

*“...walk by faith, not by sight.”*

*2 Corinthians 5:7*

Paul confronted his faults not by concentrating on what was visible, (which is always subject to change and manipulation), but by considering The Unseen (which is eternal and unchanging).

If you are willing to challenge what your feelings tell you everyday, then, like Paul, you too have reset your GPS and take the first step to having every deception in your world... **shattered.**

## Video Two

# COUNTERFEIT

*What is genuine, honest-to-goodness Love? Is it that feeling you get when you hear your favorite song? Is it the butterflies in your tummy when you're in the presence of that special someone? Though love is universal, its affects are nearly impossible to describe to those who have yet to feel its sheer joy.*

It is part of our nature; love is as necessary as the air we breathe. We are drawn to it like a magnet. We hunt for it, like a starving animal. Our souls are hard-wired to crave it. We all long to hear those 'three little words.'

Yet there is nothing worse than the painful void of being denied love's company.

## The Things We Do For Love

In the pursuit of happiness we have all experienced the emptiness of love denied. At some point we have all known the pain of thinking we're not good enough, thin enough, handsome enough, to be included. In fact most of us would do anything, become anyone, in order to gain the acceptance our soul craves. It must be exhausting to always be "on" – to constantly be vying for the spotlight in order to be seen in the right light, in the right dress, and with the right crowd. But is it truly Love if you are forced to live a counterfeit life?

- **What is Love?**
- **What ISN'T Love?**
- **Can Love be earned?**
- **Can it be bought?**
- **What is the craziest thing you have done to 'be worthy' of Love?**
- **What is the craziest thing you have done to show Love?**

## Ain't Nothin' Like The Real Thing

If Love is a feeling, don't feelings change? There are fickle folk out there that fall out of love as fast as they fall in. That kind of love is not real. Like a phony dollar bill, it is counterfeit. It may look and even feel legit, but don't try to cash it in. It's a transaction that will never amount to anything.

- **Have you ever felt unloved?**
- **Ever felt that you're not good enough, that you didn't measure up?**
- **What did you do about it?**
- **How did the experience affect your self worth?**
- **Describe counterfeit Love.**
- **Describe a counterfeit life.**

## The Difference

They say that the more a word is 'favored', the more definitions the word has. In Alaska there are over 50 ways to describe 'Snow'. In fact, around the world, there are multiple definitions for words like 'Sky', 'Laughter', and 'Music'. And, of course, there are countless kinds of 'Love': "Love my car," "Love my job," "Love to go to movies," "Love my wife."

- **Is a parent's Love different than God's Love?**
- **What is the difference between the love you have for your job and how much you love your vacation?**
- **What is the difference between the love you have for your pet and the love you have for your spouse/family?**

There's the kind of love we have for our Heavenly Father, and the kind we have for our natural father. As a child we may feel that we need to earn our Dad's approval. But does that mean we also need to earn God's love, too?

## Unconditional

What if genuine Love had nothing to do with our failures and successes? What if your acceptance had nothing to do with your looks, talent, possessions, or deeds? What if you were loved for who you are *already*? And what if you no longer had to play the make believe game of “What if?”

There is no need to pretend; no need to make believe you are something or someone you’re not. There’s no need to live that kind of counterfeit life. You can experience the sheer joy of genuine love, today.

It’s the kind of love you can take to the bank, for its value is in its unearned appreciation of you. This love is patient, kind, and never proud. It keeps no records of wrong. It is continually self-sacrificing and completely unconditional.

- **Describe the Love of God.**
- **How has God shown His love for you?**
- **How have you shown Love for God?**

This kind of acceptance has a name. The Greeks called it, ‘Agape’. This kind of love also has a definition. Found in the scriptures, its three-word description is not the little phrase we all expect to hear, but rather the declaration everyone needs to hear; “God is Love.”

Don’t settle for a counterfeit that depreciates you. Our Heavenly Father’s unconditional love... is a gift.



## Video Three

# GLASS WALLS

*Ever felt misunderstood; like the world doesn't 'get you'? We have all experienced the isolation of being a square peg in a round world; a lonely fish in a big glass bowl.*

You want to be 'you,' but no one can relate to that image, because others have already formed a picture of who you are - or better put - who they *think* you "should be."

It's like that fish bowl is a big glass wall separating you from everyone else: The world can see you, but neither side can get close enough to make that all-important connection.

- **Ever feel misunderstood? Give an example.**
- **What have you done to reveal the real you to your world?**
- **Is it difficult for you to communicate with others?**

## Disconnection

When we're kids we long for our parents to be proud of us. We go out of our way, do anything we can to get their attention, their approval; their indispensable praise. We long to see them beaming with pride at our growth and success. But painfully, that desired connection is rarely there.

Instead of words of praise and encouragement there is usually silence, apathy or, far worse; loud and frequent lectures of disappointment. "...*You're not trying hard enough! You could do more, be better!*"

- **Is it difficult to relate to your relations?**
- **Does your family try to change you, or challenge you?**

Understand that it's hard for parents to express their praise when their own parents had trouble connecting. And if communicating with our natural father is this difficult, then it follows that you might think twice about starting a dialogue with your Heavenly Father.

It's as if everyone is a fish in separate glass bowls; each swimming in a vicious circle of disconnection, with God apathetically watching it all from above.

- **Describe the meaning of the phrase “a fish in a bowl.”**
- **How does that phrase apply to your life?**
- **If so, what are some of the limitations you've experienced in your 'glass bowl'?**
- **Have your efforts to commune with your father/family made it easier or harder to talk to your Heavenly Father?**

## His Way

Your fish bowl of disconnection does not have to continue. The solution is to recognize the delusion; Stop believing the deception that the glass wall between you and everyone else is shatter proof.

- **Have you tried to break through that glass wall?**
- **Give an example of your attempts.**

Your Heavenly Father is not apathetic. In fact He is the very definition of Love. God cared for us “fish” so much that He came down from Heaven, became one of us, and got into the bowl right along side us. He went out of His way to make a way, so that each of us to connect with Him – and each other.

**If wishes were magic, fill in the blanks:**

- “The best way \_\_\_\_\_ can show me love and acceptance is to\_\_\_\_\_.”
- “The best way I can show love and acceptance to \_\_\_\_\_ is to\_\_\_\_\_.”
- Describe the way God chose to commune with you.

By simply believing that God went out of His way for us, you can, in turn, discard the notion that you are a square peg in a round world. And when you do, you will shatter the imaginary glass wall that is in your way.

- **How can communication with God help shatter the glass wall that separates you from your world?**

## Video Four

# STRAITJACKET

*Do you feel 'free'? Or are you trapped by your negative feelings and poor choices?*

Maybe you have confronted your faults, confessed them and tried to do better. But the continual deceptions of the every day have misdirected you, entangled you, and compelled you to constantly fall back into those old familiar lies that bind.

- **What does “free” mean to you?**
- **How have your choices led to chains?**
- **Have you tried to break free, but found yourself stuck in the past, reliving something you did, or something that was done to you?**
- **List a sampling of the lies that have bound you.**
- **How has that list made your life better?**

It happens to us all. The one thing everyone has in common is that we have each known the clutches of deception. It is not a question of *‘if’* we’ve been fitted for our own Straitjacket, but rather “how long” have we been struggling against its tailor-made confines.

## The Lies That Bind

Doesn’t matter what kind of hold is on you; the desire for fame, fortune drugs, sex, power, they are all distractions, keeping you focused on the illusion of more. Clothes, cars, and bling, they are all mere temporary trinkets and will eventually go out of style. But the desire to possess such things is a Straitjacket that will always be in vogue – as long as you allow it.

- **What is a Straitjacket?**
- **What is its purpose?**
- **How does the metaphor of the Straitjacket fit into your life? What is your Straitjacket?**

Your temporary restraints are designed to keep you from discovering and comprehending one eternal constant...

*“...The Truth Will Set You Free.”  
John 8:32*

The adage is old, but that’s because lies never last, facts usually change, but the Truth sticks around... and it never constrains.

Here is another Truth declared by Christ, Himself;

*“The thief does not come except to steal,  
kill and to destroy.  
I have come that they might have life,  
and have it more abundantly.”  
John 10:10*

The way God’s Son accomplished this *“abundant life”* is by giving His Own life for us all. And then, performing the ultimate of escapes, he slipped the bonds of Satan’s Straitjacket and showed us by example how we, too can find our way to freedom again.

- **Unless you are a magician, can you escape your Straitjacket on your own?**
- **The jacket is designed to be inescapable, so is death; Who is the one man in history to perform the ultimate escape?**
- **Do you feel free?**
- **Are you trapped by negative feelings or poor choices?**

No matter what you have done, no matter what has been done to you, Christ's Truth can break those bonds and set you free.

- **Are you wearing a Straitjacket now?**
- **Are you ready to be free?**

Freedom is no longer a struggle. It's a choice...

*Shatter the lies that bind, shrug those burdens off your shoulder and leave your Straitjacket at the foot of the cross.*

## Video Five

# FACING FEAR

*Ever been scared, so frightened that the feeling stays with you long after the moment has passed?*

Whether it is a sudden sound, or the startle of an unexpected sight, a traumatic shock to the eyes, ears, heart and mind can stop you in your tracks, and keep you from exploring all that life has to offer.

It could be the sudden slam of a door, a clap of lightening on a stormy night, or the high-pitched crash of shattering glass. Fear - and the recollection of it - can make you jump out of your skin, or curl up into a ball of emotion. It can make your heart beat faster, or stop time altogether; forcing you relive the event like a perpetual uncontrollable flashback.

Maybe you did something wrong and the negative reaction of those around you has rendered you helpless, embarrassed, afraid to try again. Fear can be debilitating.

- **What frightens you?**
- **How does fear affect your every day life?**
- **Is your fear motivated by what others think of you?**
- **What has fear stopped you from accomplishing?**

## A Window of Opportunity

It's amazing how one small stumble can stop us from taking the next step in our growth. Fear has the power to paralyze us. It can bring us to a stand still, and haunt us into believing that we can never, ever 'move on.'

I can relate. For a long time I was stuck in an old, abandoned, about-to-fall-down house. It was a dark, scary place. And I was its prisoner - for years.

*When I was a boy, my family lived atop a hill on the grounds of my grandparents' spacious farm. Every day after school, my cousins and I would get together in the big field, kick off our shoes and play a couple of innings of barefoot baseball. It was a happy time.*

*Just across the fence from our makeshift diamond was an abandoned house where my great-grandparents once lived. Its rickety wood frame, gray and parched with age, had been a part of the farm's landscape for well over a century. Being that it was always there, we kids never gave the house much thought – that is, until I hit a long one over the fence, through one of its ancient windows, with the only baseball we had.*

*After I ran the bases and slid into Home, my cousins grinned, and pointed to the hole in the distant window; “You hit the ball. You get the ball.” And with no snappy comeback for that logic I realized, I had at least one more ‘home run’ to make.*

*With a little assist from my cousins, I was hoisted onto the frame of the broken window. Peering inside, the room was musty, dark and reeked of age. It took a moment for my eyes to adjust, but eventually I saw it. Our prized ball was on the floor, just a few feet away.*

*Perched on the windowsill, I squinted through the darkness and considered my next move. “If I jump, will the floor hold me?”*

*Egged on by my impatient teammates, I eventually pushed my hesitations aside, took a deep breath and leaped into the great unknown.*

*I heard the sound first; it was the high-pitched shatter of breaking glass! Apparently the ball only punched a hole in the window, dislodging the glass plate from the frame just enough for the darkness to trick my eyes. I was not aware that there was anything between me, and the room. I never saw the glass. But I felt it, because I was falling through its slicing shards!*

*As I landed, a visual firework of stars overwhelmed me, as pain shot through every fiber of my body. That day the floor held. I was the one who fell apart. In the end my feet were nothing but a bloody collection of unforgettable wounds.*

*Though years have passed, and I seem to have moved on from that experience, there are still moments when I am freaked out by broken glass. One day my sister accidentally dropped a glass in the kitchen. When it shattered on the*



floor, I was instantly back in that dark, rickety house; reliving the blood, the pain and helplessness that fear won't let you forget.

Eventually I came to realize that it was not my memory of the window frame that needed to be purged, but my fear of it. The secret to moving on is *facing your fear*. And for me, I had to turn that broken glass into a window of opportunity.

To *face my fear* I had to put it *under my feet*. I had to learn to figuratively and literally.... *walk on glass*. And to do that required another giant leap -- of Faith.

- **Do your fears paralyze you, or push you to do more?**
- **What is the opposite of Fear?**
- **How was Harris deceived by the room?**
- **How was Harris held prisoner by the house?**
- **What is the secret to facing your fears?**

## **Fear Separates Faith Creates**

*The secret to walking on glass is not a magic trick. I was able to make that journey by arming myself with the knowledge that the FEAR of the glass cutting my feet was just an illusion. I simply recognized that 'Truth' afforded me the ability to make the improbable possible.*

It is a lesson we all must learn. Whether you are walking on glass or taking the first steps toward a better life, if you face your fears with no illusions you can do anything.... even walk on water.

- **What is 'illusion'?**
- **How do illusions affect your fears?**

- What is the difference between reality and illusion?
- What is the difference between Faith and Fear?
- If all your fears were gone, what would you do?

## Take The First Step

Consider Peter. The scriptures describe him as a brash, passionate, an often over zealous guy. Like you and me, Peter often stumbled, fell and suffered through his own share of phobias. And being a fisherman, no doubt one of his chief fears was his struggle with the Sea of Galilee. On countless occasions Peter's small boat had battled the angry lake's frequent storms. For him the threat of ship wreck, or worse, was always in the back of his mind.

Galilee's furious waves taught the man a healthy dread for Nature's fury. But Peter was not just a fisherman. He was also a follower of Jesus Christ. And over their three-year adventure together Peter likewise learned a healthy dependence on the nature of Faith. --- a knowledge that came in handy on one particularly dark, stormy night.

**By all appearances the situation looked grim. Peter and his shipmates were huddled in a boat that was being battered and tossed about by the furious waves of Galilee.**

*The boat was already a considerable distance from land,  
buffeted by the waves because the wind was against it*

*Matthew 14:24*

**Surrounded by flashes of lightning and wind-driven waves, the sudden storm no doubt filled Peter with a growing dread. And if that wasn't enough, he and his shipmates spotted something amid the waves that terrified them even more than the weather.**

Shortly before dawn Jesus went out to them, walking on the lake. When the crew saw him on the waves, they were terrified. “It’s a ghost,” they cried out in fear.

*But Jesus immediately said to them:*

*“Take courage! It is I. Don’t be afraid”*

*Matthew 14:25-27*

Though taunted by his surroundings, the timbre of the voice Peter heard was familiar, reassuring. Realizing that, he ignored the apparition and focused on the familiar sound. It was the same voice he had heard countless times over the last three years. And buoyed by that knowledge the disciple disregarded the wind, ignored the appearance of the “ghost,” and called to the Master as if he expected the apparition to answer.

*“Lord, if it’s you,” Peter replied,*

*“tell me to come to you on the water.”*

*“Come,” he said*

*Matthew 14:28-29*

Hearing the simple reply to his incredible request, Peter’s blind-to-the-circumstances faith combined with the Son of God’s one word, “Come,” and instantly all of his indecision and fear of the waves disappeared. Throwing his leg over the side of the wind-tossed ship, Peter lowered himself onto the sea—like he was actually going somewhere!

And with his act of faith all of the necessary elements locked into place to allow a mere man to walk on water.

*Then Peter got down out of the boat,  
walked on the water and came toward Jesus*

*Matthew 14:29*

Peter believed despite what he saw. Doing so, he realized that his fear of the waves was *nothing but an illusion*. And taking that first step of faith, he put his fear under his feet and accomplished what no other human ever has... Peter walked on water.

- **What waves are you battling today?**
- **What is keeping you from putting your fears under your feet?**
- **Does faith 'separate' or 'create'?**
- **Peter recognized the voice of Jesus. Can you?**
- **If you could walk on water, what amazing thing would you do next?**

If Peter can shatter the illusions around him and literally put his fear under his feet, what is holding you back?

It is time to look past the *deceptions* of your *counterfeit* surroundings and breakthrough the *glass wall* of your little fish tank. Slip out of the *Straitjacket* of fear that is holding you back and trample it under your feet.

When you do you are sure to both hear and recognize the voice of Jesus, for all of your illusions will finally be **SHATTERED**.

...

**SHATTERED**  
DISCOVER THE TRUTH

*Did you enjoy this video series and study guide? If so, would you mind helping us spread the word to others who you think might appreciate knowing about this totally free resource?*

We'd love for as many people as possible to experience the life-changing truth about shattering illusions. This world is inundated with deception, but the truth can set people free! Help us help others by spreading the word! Just visit: [www.HarrisIII.com/Shattered](http://www.HarrisIII.com/Shattered) and click the share buttons!



**About Harris, III:** Harris “the Third” is a Master Illusionist & Communicator has spoken to and performed for over one million people worldwide, in over fifteen countries on five continents, making him one of the most sought-after speakers and entertainers in America. When not touring around the world, he lives in Nashville, TN with his wife, Kate, and son, Jude. For more information about scheduling an event with Harris, *visit his website: [www.HarrisIII.com](http://www.HarrisIII.com)*

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