Catering for a Cause

Welcome to Plates Café and Catering located in Depot Park! Our restaurant and catering is also a Vocational Training Program that benefits Saint John’s Program for Real Change.

The following menus are primarily for our corporate catering. For weddings and other special events, our design team is happy to work hand-in-hand with you to create a menu to your taste! We can make anything!

At our Depot Park location, we can accommodate special groups of 120 to 200 in our main dining room, 50 in our private banquet room and up to 250 outside.

Our minimum for delivery is $150 ($500 on weekends) and we deliver within 25 miles of our location; this is to ensure freshness and quality of product. We also have pickup options available for some menus. We will do our best to accommodate all orders presented to us, however please contact us as soon as possible to ensure the date or dates you are looking for are available.

Erin Landreth, our director of Catering has been with us for 3+ years. She graduated from Kitchen Academy Culinary School in 2008 and has over 10 years of experience in the food industry.

Thank you again for considering Plates Café and Catering! You can reach Erin at elandreth@eatatplates.com.

Plates Cafe and Catering
14 Business Park Drive #149
Sacramento Ca 95825
(916) 381-2233 ext. #503

We also have our location at Plates Midtown 1725 L Street. Please inquire for availability.
Breakfast

All breakfasts come with fresh brewed coffee and juice
(Special requests include decaf or add on hot tea +$1.50 pp)

MIDTOWN CONTINENTAL CONNECTION
Muffins, seasonal whole fruits, plus hard-boiled egg and yogurt
$9.95 /Person $2.25 /person additional for add-on items

THE PLATES CONNECTION
Seasonal whole fruit served with breakfast sandwiches (your choice bacon, sausage or no meat) $10.95 /person Upgrade to our breakfast burritos for an additional $2.00 /person

THE OLD FASHIONED
Scrambled eggs, homestyle potatoes, and your choice of bacon or sausage plus country biscuit
$12.50 /person

THE STATION
Warm waffles served with fresh seasonal fruit toppings, whipped cream, assorted syrups, butter and your choice bacon slices or sausage patties
$11.25 /person

COUNTRY CLASSIC
Fresh baked country biscuits and sausage gravy served with – scrambled eggs with cheese, homestyle potatoes and seasonal whole fruit
$13.50 /person

ADD ONS
Seasonal Fresh Fruit $2.50 /person
Bacon or Sausage $2.25 /person 2pc bacon or 1 Sausage Patty
Eggs $1.50 /person
Homestyle Potatoes $1.75 /person
Cold Buffet

DELUXE SANDWICH BAR
An artistic display of a variety of meats and cheeses served with deluxe condiments and assorted breads. Your choice of standard salad. Fresh seasonal fruit.
$11.50 /person
Grilled Portobello Mushrooms +$1.50 /person

THE PLATES SPECIAL
Assorted sandwich platters (choose 3) served with standard salad and fresh seasonal fruit
• The Italian Sub
• Fresh Roasted Turkey & Swiss
• Roast Beef and Cheddar
• Premium Ham and Swiss
• Three Cheese Nature Lover
$11.75 /person
Made w/croissants or as wraps +1.50 /person

THE PLATES LUNCH BOX
(Choose 3 from sandwiches above) (Premium Sandwiches additional $1.50 /person)
Assorted sandwiches or salads served with your choice of: standard salad or chips and cookie
$10.95 /person

DELUXE SALAD BAR
10+ item salad bar, seasonal fruit included $10.25 /person
Add on our Baked Focaccia Pizza with Seasonal Veggies for an additional $2.50 /person

STANDARD SALADS
• Tossed Green
• Spinach and Strawberry Salad
• Caesar Salad

SPECIALTY SALADS
• Bistro Salad
• Traditional Potato Salad
• Seasonal Pasta Salad
• South of the Border Tossed Salad
Pasta

The following entrees are served with tossed green salad and garlic bread (Gluten-free pasta or pasta-free options available ($1.50 per person extra)

LASAGNA (MEAT OR VEGETARIAN)
$14.95 /person: Lunch
$17.95 /person: Dinner

THE PASTA BAR* (20-PERSON MIN.)
$13.95 /person for lunch
$16.95 /person for dinner
20-29 people (Choose 1 pasta and 1 sauce)
30-99 people (Choose 2 pastas and 2 sauces)
100+ people (Choose 3 pastas and 3 sauces)

ADD ONS:
Chicken $2.00 /person
Beef $3.00 /person
Seafood $4.00 /person
Tortellini Extra $1.50 /person
Cheese Ravioli Extra $1.50 /person

PASTAS:
Fettuccini
Bowtie Pasta
Spaghetti
Rotelle
Cavatali

SAUCES:
Marinara
Pesto
Garlic Wine
Alfredo
Basil Cream
Artichoke Pesto
Chicken Entrees

SANTA FE CHICKEN
$13.95 /person: Lunch
$17.95 /person: Dinner
Simmered in enchilada sauce and layered with cheese, diced tomatoes and olives served with: Mexican Caesar salad, Spanish rice, seasoned corn, chips and salsa

LEMON CHICKEN PARMESAN
$13.95 /person: Lunch
$16.95 /person: Dinner
Simmered in a lemon butter parmesan sauce served with: classic Caesar salad, wild rice medley, seasonal vegetables, bread and butter

HERB ROASTED CHICKEN W/ SEASONAL SAUCE
$13.95 /person: Lunch
$16.95 /person: Dinner
Herb roasted chicken with seasonal sauce served with: spinach strawberry salad, wild rice medley, seasonal vegetable, bread and butter

GRILLED CAPRESE CHICKEN
$14.95 /person: Lunch
$17.95 /person: Dinner
Grilled chicken with melted mozzarella cheese, fresh tomatoes, chiffonade basil and balsamic glaze served with: tossed green salad, rice pilaf, seasonal vegetables and fresh bread with butter
Beef Entrees

All served with tossed green salad garlic mashed potatoes, seasonal vegetables, and garlic bread

**HOMESTYLE MEATLOAF**
$14.50 /person: Lunch  
$17.50 /person: Dinner  
Our homestyle meatloaf is made with beef, spices, egg, and panko bread

**MONTREAL STEAK MEDALLIONS**
With Tuscan salsa verde sauce or Jack Daniels sauce cooked to a medium rare - please let us know if you would prefer well done or medium well  
$18.50 /person: Lunch  
$21.50 /person: Dinner

La Fiesta Entrees

**THE FAJITA BAR (LESS THAN 30 PEOPLE: ONLY ONE MEAT CHOICE)**
Sizzling chicken or beef w/ bell pepper and onion served w/ deluxe condiments, Spanish rice, beans, Mexican Caesar salad and tortilla chips.  
$13.95 /person

**THE WHOLE ENCHILADA**
Beef, chicken or cheese enchiladas served with: Mexican Caesar Salad, Spanish rice, beans, chips, salsa and Sour Cream  
$14.95 /person

**BUILD YOUR OWN TACO BAR**
Shredded chicken and ground beef served with deluxe toppings, Spanish rice, beans and chips  
$12.95 /person
The Stations

THE BAKED POTATO BAR
Shredded salsa chicken, vegetarian chili and deluxe accoutrements, seasonal fresh fruit, tossed green salad, fresh bread & butter
$11.50 /person: Lunch
$14.50 /person: Dinner

FROM OUR GRILL
1/3 lb. grilled hamburgers, standard salad, deluxe condiment platter and fresh fruit
$13.95 /person: Lunch
$16.95 /person: Dinner (1/2 lb. burgers for dinner pricing)

THE SLIDER BAR (Your choice of up to two)
Ground beef, pulled pork or pulled chicken, served with condiments, tossed green salad, and fresh fruit
$12.95 /person: Lunch
$15.95 /person: Dinner (dinner we add on small baked potato)

Desserts

- Chocolate Chip, Oatmeal, or Peanut Butter Cookies $2.00 ea
- Chocolate Brownies $2.50 ea
- Lemon Bars or Baklava $2.00 ea
- Assorted Finger Desserts $2.75 ea
- Assorted Mini Cheesecakes $2.25 ea
- Assorted New York Cheesecake with Assorted Seasonal Toppings $4.95 ea

Special requests available. Please inquire for pricing.
Starters and Nibbles

- Antipasti Skewers $2.50 ea
- Crudité $2.75/person
- Seasonal Fresh Fruit $2.95/person
- Marinated Beef Satay $2.50 ea
- English Cucumber Chip $1.50 ea
- Smoked Salmon Pinwheels $3.25 ea
- Grilled Chicken Skewers $2.00 ea (choice of marinade)
- Seasonal Bruschetta $1.50 ea
- Mini Dungeness Crab Cakes $2.50 ea
- Chicken Wings (BBQ, Caribbean or Hot!) $1.50 ea
- Vegetable Spring rolls $1.50 ea
- Chilled Prawns $2.50 ea
- Chicken Flautas $2.00 ea 1 pc
- Veggie Flautas $1.50 ea 1 pc
- Filo Croustades stuffed with Ceviche $2.00 ea
- Mac Cheese Bites $2.25 ea
- Artichoke Beignets $2.25 ea
- Grilled Chicken Focaccia Squares $2.50 ea
- Fried Wonton Cups filled with Honey Sesame Chicken Salad $2.00 ea

Appetizer Stations

TEX-MEX
Chicken flautas (vegetarian available), carne asada street tacos, jalapeno cheese dip, guacamole, sour cream, salsa and chips $13.00/person

ASIAN FESTIVAL
Thai peanut beef satay, fried wonton cups with honey sesame chicken salad, vegetable spring rolls and pork potstickers $9.50/person

THE ITALIAN TOUCH
Parmesan sausage stuffed mushrooms, antipasto skewers, seasonal bruschetta, mac cheese bites, chilled chicken focaccia squares $10.75/person
Beverages

Canned Sodas and Bottled Water $2.00 /person
Coffee $2.00 /person
Lemonade, Iced Tea, Water $2.95 /person

Miscellaneous Fees
Fees not included in pricing listed above:

DISPOSABLES: 1.50 /person Regular $2.00 /people PrestigeWare
TAX: Current Local Rate
SERVICE FEE: Standard 18% Flat
STAFFING: $35 per person, per hour, if needed
DELIVERY FEES: Delivery up to 25 miles
DELIVERY HOURS: Between 7:30am and 5:00pm
0-9 miles, $25 Delivery, $10 Pickup
10-18 miles, $35 Delivery, $15 Pickup
19-25 miles, $45 Delivery, $20 Pickup
(Delivery before/after normal hours $50 minimum charge)