

TIMETABLE - TRIFECTA LAVENDER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
10.00AM		TKD (ALL LEVELS)	TKD (ALL LEVELS)			9.00AM	TKD KIDS (L1)	TKD FAMILY
						10.00AM	10.00AM-10.45AM: TKD POWERTOTS	10.00AM-10.45AM: TKD POWERTOTS
3.15PM	TKD POWERTOTS	TKD POWERTOTS	TKD POWERTOTS	TKD POWERTOTS	TKD POWERTOTS	11.00AM	TKD KIDS (L1)	TKD KIDS (L1)
4.00PM	TKD KIDS (L1)	TKD KIDS (L1)	TKD KIDS (L1)	TKD KIDS (L1)	TKD KIDS (L1)	12.00PM	TKD (ALL LEVELS)	TKD KIDS (LIGHT SPARRING)
5.00PM	TKD KIDS (ALL LEVELS)	TKD KIDS (ALL LEVELS)	TKD KIDS (ALL LEVELS)	TKD KIDS (ALL LEVELS)	TKD KIDS (ALL LEVELS)	1.00PM	TKD KIDS (SPARRING)	TKD KIDS (ALL LEVELS)
6.00pm	TKD KIDS (SPARRING)	TKD KIDS (ADVANCED)	TKD KIDS (SPARRING)	TKD KIDS (ADVANCED)	TKD KIDS (SPARRING)			
7.00PM	7.30PM-8.30PM: TKD (SPARRING)		TKD (ALL LEVELS)		TKD (ALL LEVELS)	2.30PM	TKD TEENS (ALL LEVELS)	TKD FORMS/ PATTERN
8.00PM			TEST PREPARATION			3.30PM	TKD SPARRING	TKD KIDS TEAM SPARRING

 **Classes are not yet running. Enquire with our front desk for start dates.**