But First, We Nap

Story Summary
All Rabbit wants to do is play. All Sloth wants to do is sleep. This hilarious book will have kids young and old laughing along, as Rabbit continues to up his silly antics, in an attempt to wake up Sloth. Perfect for any time of the day, But First, We Nap shows the humorous side of what can be a common nap-time struggle.

But First, We Nap is written by David W. Miles and published by Familius.

For those with photosensitive epilepsy concerns, there is a sequence containing flashing lights at 2:45.

Lesson Focus
Onomatopoeia: Onomatopoeias are words that are also sounds. When you say the word aloud, an onomatopoeia can sound like a sound effect.

Activity Ideas
Retell the story
Design your own images of Rabbit and Sloth. Ask children to pass Rabbit and Sloth around as they retell the story.

Matching
Prepare cards with onomatopoeia words. As you make the sound, have the children hold up the cards or you hold up the cards and have children make the sound.

Additional activities can be found in the following pages of this document.
But First, We Nap

All Rabbit wants to do is play. All Sloth wants to do is sleep. Rabbit continues to up his silly antics, in an attempt to wake up Sloth. But First, We Nap shows the humorous side of what can be a common nap-time struggle.

What is *But First, We Nap* about?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

When do you like to play? When do you like to nap?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

Has anyone ever begged you to do something you didn’t want to do right then? How did you react?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

What do you do to get ready for a nap?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

What are some of the things Rabbit did to try to get Sloth to play?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

_______________________________________________________________________________________________
Vooks Pause & Ponder

But First, We Nap

Pause at the indicated time stamps and discuss the story

0:25
What is Sloth doing? How can you tell?

0:30
How is Rabbit feeling? How can you tell?

0:47
How is Rabbit feeling? How can you tell?

2:08
Why is Rabbit panting?

2:13
What is Rabbit doing? How can you tell?

2:56
How is Rabbit feeling? How can you tell?

3:10
How is Rabbit feeling? How can you tell?

After viewing the Book:

1. What are some ways Rabbit tries to get Sloth to play?

2. Talk about the feelings that Rabbit had in the story. Have you experienced those feelings? What event caused those feelings?

3. What sounds did you hear in the story?

4. What kinds of things wake you up?
Draw, Write, or Shout an Onomatopoeia

Onomatopoeia’s are words that are also sounds. When you say the word aloud, an onomatopoeia can sound like a sound effect.

Say the words below and then draw a picture of what that word makes you think of underneath.

This can be an individual or class activity.

- Crash
- Kaboom
- Quack
- Whoosh
Draw a Picture

Verbs are words that describe something you do. In the story, two of the verbs used were, Rabbit wants to **play** and Sloth wants to **nap**. It’s your turn to add your own verbs and change the sentence.

Brainstorm different verbs like play and nap and then fill in the blanks below to change the story.

*Example: Let’s **play**! Ok, but first we **nap**.

Let’s ____________________ ! Ok, but first, we ____________________ .

Now draw a picture showing Rabbit and Sloth, or yourself and a friend doing what your new sentence says.
**Connecting Activity**

Draw a line to match the animal with the sound they make.

Cow  Cluck

Dog  Meow

Cat  Squeak

Duck  Woof

Horse  Hoot

Chicken  Quack

Owl

Mouse  Moo

Neigh
Verb-only Madlibs

Verbs are action words, they describe what you do. Create your own sentences using the pattern below and inserting verbs.

Let’s play!

1. Cut out the verbs and place them in a cup.
2. Have students draw two verbs from the verb cup.
3. Insert the verbs into the sentence, and read the sentence aloud.

Example:
Let’s wiggle! Ok, but first we sing.

Let’s _____________________ ! Ok, but first, we _____________________ .

verb
verb

jectives
jump
wiggle
run
slurp
flap
snore
bike
swim
chomp
ride
sing
skip
read
hike
write