From the creative vision of Merce Cunningham to the brave voice of Bernie Whitebear, *Courageous People from Washington Who Changed the World* is an introduction to the brave people from Washington who made a difference. Simple text and adorable illustrations tell the contributions of more than a dozen courageous Americans from the state of Washington: Chief Seattle, George Washington, Catherine Montgomery, Bertha Knight Landes, Dixie Lee Ray, Merce Cunningham, Bernie Whitebear, Gary Locke, Bill and Melinda Gates, and Pearl Jam. A quote from each hero is included along with colorful, delightful artwork.

### Activity Ideas

**Washington Research**
Research facts about the state of Washington and share the facts with your class or guardian.

**Additional ideas for Match the Quote Activity**
- Memory Game—duplicate the hero names and quotes, and match them.
- Choose one quotation to put in your own words.
- Using the quotations as an example, write your own.

*Additional activities can be found in the following pages of this document.*
Courageous People from Washington Who Changed the World

Simple text and adorable illustrations tell the contributions of more than a dozen courageous Americans from the state of Washington: Chief Seattle, George Washington, Catherine Montgomery, Bertha Knight Landes, Dixie Lee Ray, Merce Cunningham, Bernie Whitebear, Gary Locke, Bill and Melinda Gates, and Pearl Jam.

What is *Courageous People from Washington Who Changed the World* about?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

What do you know about the state of Washington?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

What was one fact you learned from *Courageous People from Washington Who Changed the World*?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

Which of the courageous people in *Courageous People from Washington Who Changed the World* do you think changed the world the most? Why?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

How were these heroes courageous?

_______________________________________________________________________________________________

_______________________________________________________________________________________________

Discuss the story and write your answers together.
Vooks Pause & Ponder

Courageous People from Washington Who Changed the World

Pause at the indicated time stamps and discuss the story

Why do you think this happened?

How did Seattle, Washington get its name?

What does “made her pitch” mean?

Why shouldn’t we accept things just because someone says so?

“We put together a plan, lobbied, and got ... a resolution.” What does Bernie Whitebear’s quotation mean?

Who inspires you? What do they inspire you to do?

After viewing the Book:

1. What do you know about your heritage?
2. What is ethnic diversity?
3. What are some foundations you know about and how do they help people?
Fact Sheet: Washington Heroes

George Washington
- Because he had dark skin, his mother gave him to a family with light skin so he wouldn’t be raised as a slave.
- Established Centralia, a new town, on 640 acres.
- Worked to make sure all of the people in Centralia were happy and cared for, regardless of skin color or heritage.

Chief Seattle
- Warrior and chief of two Native American Tribes.
- Believed all land was sacred because of the memories and lives of ancestors.
- The city of Seattle was named after him.

Catherine Montgomery
- Explored the outdoors.
- She made a pitch to local mountain clubs to make a safe path through the woods.
- Helped make the Pacific Crest Trail a reality.

Bertha Knight Lande
- Learned about people from her parents and eight brothers and sisters.
- Studied history and politics in college.
- Became the first female mayor of Seattle.

Dixy Lee Ray
- Loved learning about animals and being outside so she joined the Girl Scouts and was the youngest girl (at the time) to climb Mount Rainier.
- Made a fun science center where anyone could explore nature.
- Became the first female governor of Washington in 1976.

Merce Cunningham
- Started dancing when he was twelve.
- Celebrated emotion in the dance movements he created.
- The world of dance would never be the same because of him.

Bernie Whitebear
- Grew up on a reservation.
- Spent his life fighting to improve life for Native Americans.
- Created places for Native Americans to take classes, celebrate art, and find joy in their heritage.

Gary Locke
- His grandpa sailed from China to America to find a better life for his family.
- Became the first Chinese American governor in the United States in 1996.
- Became the US ambassador to China.

Bill and Melinda Gates
- Bill started Microsoft and became one of the richest people in the world.
- Melinda is a smart compassionate woman.
- They use their foundation to help people in need all around the world.

Pearl Jam
- One of the most popular rock bands of all time.
- Inspire fans to make a difference in their neighborhoods.
- Their special project, “The Home Shows”, has raised millions of dollars to help the homeless in Seattle.
Draw yourself in the outline next to some of the heroes in Courageous People from Washington Who Changed the World and finish the sentence below.

Being courageous means ____________________________________________________________________________________________
Who was your favorite world changer from Washington. Draw a picture of the person and finish the sentences below.

My favorite world changer from Washington was ____________________________.

They were my favorite because ____________________________________________.
Connecting Activity

Match the world changer from Washington with the quote that they said. Draw a line to connect the two.

1. George Washington
2. Chief Seattle
3. Catherine Montgomery
4. Bertha Knight Lande
5. Dixy Lee Ray
6. Merce Cunningham
7. Bernie Whitebear
8. Gary Locke
9. Bill and Melinda Gates
10. Pearl Jam

This activity can be done by following along with Vooks, working in a group, or done individually.

- “[Dance] gives you nothing back... but that single fleeting moment when you feel alive.”
- “Ethnic diversity adds richness to a society.”
- “We put together a plan, lobbied, and got... a resolution.”
- “I believe that if you show people the problems and you show them the solutions, they will be moved to act.”
- “I want to do right by my fellow men. And if I do, I'll never lose anything by it.”
- “When there are challenges here, we want to be part of the solution. It’s going to take all of us.”
- “In politics, it commonly takes a superior women to overcome the handicap of...prejudice.”
- “We shouldn’t accept things just because somebody says so.”
- “But why do not you mountaineers do something big for western America?”
- “Every part of this country is sacred to my people.”