How to make fabric ties for the masks

There are many ways to do this, here is the one I use.

1. Start with a strip of fabric that is 1.5 x 18 inches. You can also make them 36 inches, and then cut the finished strips into 2 18inch sections.

2. Iron the strip in half, wrong sides together.

3. Open the strip back up (3a), and then fold each long edge into the center fold you just created (3b).

4. Fold the entire strip in half again, and press. You should now have a tiny strip.

5. Sew down the length of the strip, as close to the double folded edge as you can.