



TO REPORT CHILD ABUSE CALL
1-800-252-5400



STAR Youth & Family Program
Texas Prevention and Early Intervention



FIVE S.T.A.R. Service Components

1. Free crisis hotline available 24/7.
2. Individual, family and youth counseling to help reduce conflict.
3. Emergency short-term shelter for youth who run away or who are unable to stay at home because of family conflict.
4. Skill-building classes to help parents and caregivers learn how to handle difficult situations.
5. Skill-building classes for youth to help them gain coping skills and meet their needs in a positive way.

GALVESTON OFFICE

2200 Market Street, Suite 600, Galveston, Texas 77550
409-762-8636 (phone) 409-762-4185 (fax)

www.fsc-galveston.org

DICKINSON OFFICE

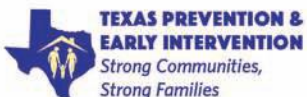
2401 Termini Street, Suite C, Dickinson, Texas 77539
281-576-6366 (phone) 409-938-4814 (phone)
409-938-4849 (fax)

CHAMBERS/LIBERTY STAR PROGRAM

281-576-6366 (phone)

STAR EMERGENCY NUMBER

1-888-267-4994



HELPING YOUTH AND
FAMILIES COPE WITH LIFE



FAMILY SERVICE CENTER'S MISSION is to promote the mental health and well-being of individuals and families through counseling, education, and prevention.

S.T.A.R. = Services to At-Risk Youth

gal.org

YOUTH

- > Do you feel all alone?
- > Do you feel like no one understands you?
- > Are you always fighting with your parents?
- > Do you feel like you just want to get away?
- > Are you having trouble at school or with the law?
- > Are there problems affecting your grades?

DO YOU NEED HELP WITH.....

- reducing stress
- increasing communication
- interacting more positively with schools
- decreasing negative behaviors
- coping with grief
- managing ADHD behaviors
- adjusting to divorce and co-parenting
- helping step-parents & children bond
- reducing anxiety
- managing anger

ELIGIBILITY

Children & teens under the age of 18 & their families

NOTE: Youth are not eligible for STAR if the youth is on formal probation.

PARENTS

- ? Is your family fighting or always in conflict?
- ? Does your youth have problems that interfere with school success?
- ? Do you feel like you're often in crisis?
- ? Can't talk to your youth anymore?
- ? Is your youth skipping school?
- ? Is your youth getting in trouble at home or at school?
- ? Do you want to learn better ways of handling your child's behavior?



S.T.A.R. offers services that make families stronger and better able to handle the stresses of life.

All services available at no cost