



FREE EVENT | REGISTER NOW!

Better Parenting for Brighter Futures Assembly & Expo

Improve parenting skills hearing from expert counsellors and therapists, as well as social service agency and criminal justice professionals.

Increase knowledge of the impact of adverse childhood experiences, and increase effectiveness in working with children and parents in your congregation.

Interact with parents and other professionals who are working diligently to improve the future of families in the River Region.

APRIL 21, 2018

9AM - 1PM • MULTIPLEX @ CRAMTON BOWL, MONTGOMERY, AL

 @BRIGHTERFUTURESMGM

BRIGHTERFUTURESMGM.COM

ABOUT

In September 2017, a community-wide gathering of clergy, counselors and professionals met to define and prioritize mental health issues affecting our youth.

After discussing several issues in depth, such as suicide, bullying, domestic violence and many other issues, the group divided into small table discussions.

The unanimous finding was that more needed to be done to increase parenting skills throughout our community.

Montgomery Mayor Todd Strange challenged the group to plan a community-wide event to address parenting skills.

A task force was formed. Participants included the Samaritan Counseling Center, the City of Montgomery, Church of the Highlands, Center Pointe Fellowship Church, Mental Health America of Montgomery, Montgomery Public Schools and the Alabama Department of Mental Health.



Hey KIDS!

Ages 5-15

BrighterFuturesMGM.com

TIME & TOPICS

9:30 - 10:15 - General Session 1

Celebrity athletes will tell their stories of rising above an at-risk environment.

10:30 - 11:15 - General Session 2

Today's families, especially our children, are under tremendous stress with the potential to damage both physical health and psychological well-being. In today's environment, children and teens need to develop strengths, acquire skills to cope, recover from hardships, and be prepared for future challenges. Dr. Cathy Wood, long-time Montgomery pediatrician will share with Montgomery parents some tools they can use to raise more resilient children.

11:30 - 12:15 - Concurrent Breakout Sessions

Montgomery area experts will discuss:

- Bullying/Suicide
- Domestic Violence
- Parenting in the Age of Social Media
- Adverse Childhood Experiences

12:15 - 1:00 - Expo & Lunch

Expo will allow parents to access resources from private and governmental agencies, and non-profits who interact with children, parents and families.

REGISTER ONLINE

www.brighterfuturesmgm.com

FOR MORE INFORMATION:

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Football, basketball, soccer, as well as many other age appropriate activities that are sure to be a blast! All activities have been designed to teach kids how to lead on AND off the field. Grab your shoes, athletic clothes and best friend. We'll see you there!

