

## RULES

- The Whiskeag Trail is open to the public free of charge from dawn to dusk.
- Please help us protect what you have come to enjoy.
- Stay on the trail.
- Respect adjoining private property.
- Natural areas are delicate; foot and mountain bike traffic only (some sections are technical); no camping, fires, unleashed dogs or motorized vehicles.

## SPONSORS

Bath Trails is a partnership of the Kennebec Estuary Land Trust, City of Bath, local schools, non-profits, individual hikers and bicycle riders, and private businesses. The mission is set on the creation, connection, and maintenance of a network of multi-use trails for recreation, transportation, and a healthier community.

Special thanks to Healthy Maine Partnerships, Bath Area Family YMCA, National Park Service Rivers & Trails, Recreational Trails Program and Merrymeeting Bay Trust.

To volunteer or report trail conditions, please contact [www.bathtrails.org](http://www.bathtrails.org) or call 443-8360. For information on the Kennebec Estuary Land Trust visit [www.kennebecestry.org](http://www.kennebecestry.org)

## WHISKEAG TRAIL

YMCA to Thorne Head, Bath, Maine



## TRAIL HISTORY

Whiskeag Trail explores pockets of lovely woodland while connecting desirable destinations such as the YMCA, McMann playing fields, Bath Middle School, Oak Grove Cemetery and the conservation land at Sewall Woods and Thorne Head Preserves.

The Trail takes its name from an Abenaki word meaning “a creek that runs nearly dry at low tides.” Whiskeag Creek runs north from Lily Pond between High Street and State Road into the Kennebec River at Thorne Head. Here its fresh water mixes with the brackish water of the Kennebec Estuary. An estuary is a body of water where fresh and salt water mix. The water in the lower Kennebec is salty because the tide carries salt water from the ocean upstream, against the current of the river.

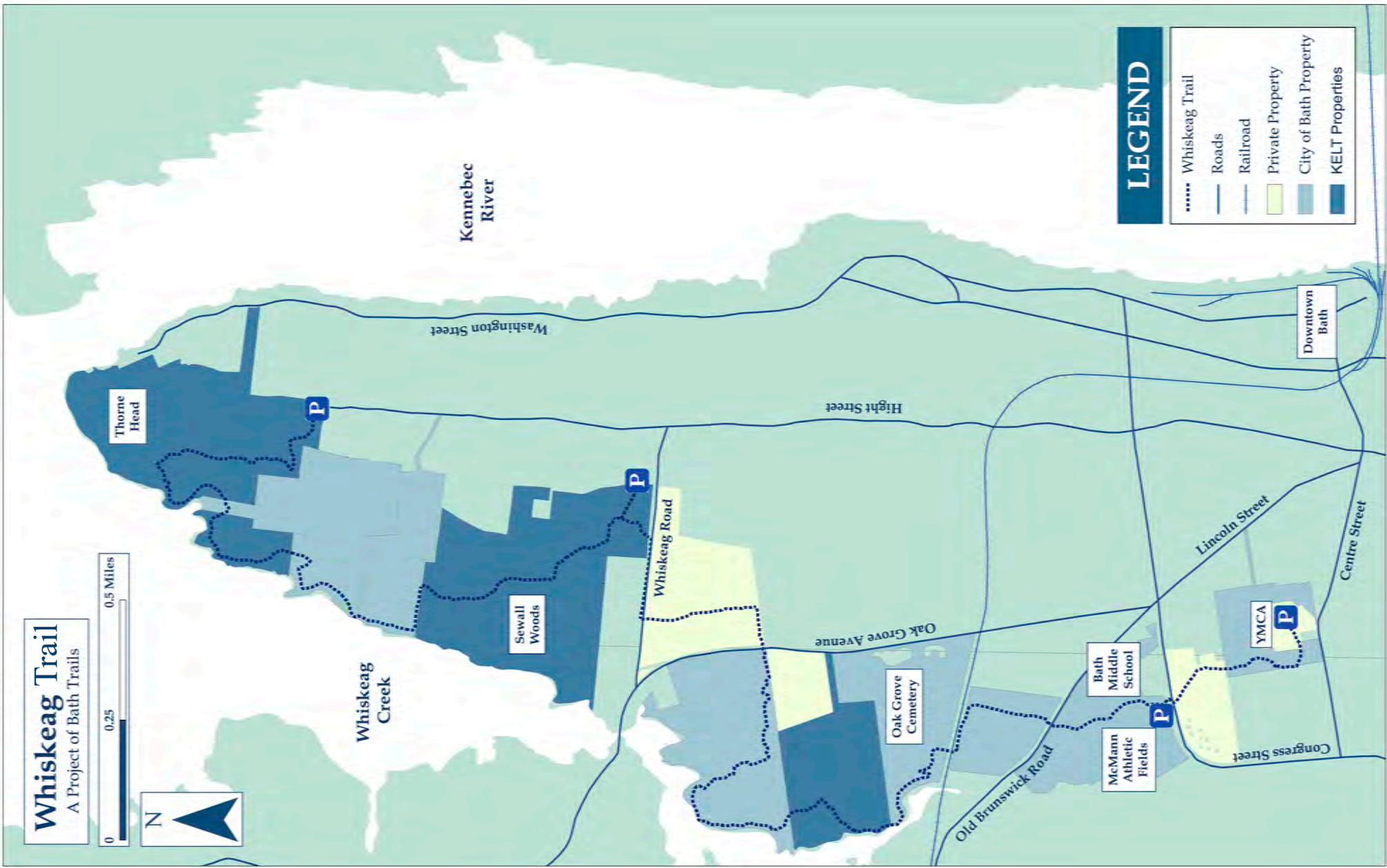
Wetlands and the land around waterways perform critical environmental functions, such as absorbing floodwater, reducing erosion, filtering pollutants, and recharging drinking water. Wetlands also provide habitat for many species of Maine’s water birds. Whiskeag Creek contains highly valuable tidal habitat for wading birds and waterfowl such as blue-winged teal, Great Blue Heron, Bald Eagle and Egret.

Animals such as beaver, wild turkey and coyote also live along the trail.

Development that is too close to sensitive bird nesting and feeding areas, or that happens at times that are critical to bird breeding activities, put these species at risk. Respect for the wildlife and their habitat is essential to the success of Whiskeag Trail

# Whiskeag Trail

A Project of Bath Trails



## LEGEND

- ..... Whiskeag Trail
- Roads
- Railroad
- Private Property
- City of Bath Property
- KELT Properties