YOUR PROCEDURE IS SCHEDULED AT NEWTON WELLESLEY HOSPITAL:

1. Please register by telephone (617-243-6122) with Newton Wellesley Hospital at least one week prior to procedure.

2. **Report to the GI Unit reception area. Enter through the Surgical Center/East Entrance and proceed to GI registration desk just inside the door.**

3. Your procedure is scheduled for ________________

4. **Arrival Time__________________, Procedure Time__________________**

**CANCELLATION/NO SHOW POLICY FOR PROCEDURES**

Scheduling time for procedures requires planning and coordination between the staff, doctors and the hospital. Since the schedule is often carefully planned to avoid delays and having patients taken care of in timely fashion, it is important that you adhere to the schedule as arranged. Should you need to reschedule or cancel, please do so at least 3 days prior to procedure.

If you have a viral infection or menstrual period, the exam will not be affected. However, if you have a fever, please call the office to reschedule.

If a procedure is not cancelled at least **3 business days in advance**, you will be charged a
seventy-five dollar ($75) fee. This fee is NOT covered by your insurance company.

**PREPARING FOR AN ENDOSCOPY**

**PROCEDURE:** Examination of the esophagus, stomach and duodenum with a flexible lighted tube. This procedure is done under intravenous sedation.

Blood Thinners- If you are on any blood thinners or anti-platelet drugs such as Coumadin (warfarin), Plavix (clopidogrel), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Ticlid (ticlopidine), Effient (prasugrel) or Persantine (dipyrimadole) you **NEED to discuss with your prescribing physician** whether your medication can be discontinued prior to the procedure and when to stop it. Please continue taking daily aspirin.

***Recommended: Coumadin and Plavix: 5 days prior***  
***Xarelto, Pradaxa, Eliquis, Savaysa: 2 days prior***

Please stop taking iron supplements five days before your procedure.

IF A BIOPSY IS DONE THE DOCTOR WILL ADVISE YOU WHEN TO RESUME TAKING YOUR ANTICOAGULANT.

**DO NOT** have anything to eat mouth after midnight. You may have clear liquids until 3 hours prior to your procedure **BUT** no thick liquids or solid foods.

Purchase clear liquids that are not red, purple or pink. The following clear liquids are allowed: water, clear fruit juice (apple, white grape), bouillon broth, Jell-O, popsicles, clear soda (7-Up, Sprite, Ginger Ale), black coffee and black tea (you may add sugar/sweetener, but NO dairy products). No artificial red color: i.e. no red Jell-O, Popsicle or Gatorade.

After your exam, you will not be able to drive or take any other transportation by yourself. You must arrange for a responsible adult to accompany you by car, taxi or public transportation. **This is strictly observed for your safety. No exceptions will be made unless you have the procedure without sedation. If you wish to have the procedure without sedation, which is uncommon, please discuss this with your doctor in advance.**

Date of Procedure: _______________________________________________________

Arrival Time: ____________________________________________________________

Procedure Time: _________________________________________________________