



Friday 26 March 2021

Dear Parent,

Arrangements for supporting students during Ramadan

Although there are many benefits of fasting, we are conscious that students who decide to fast may need support to manage this safely and effectively, especially given the additional challenges of fasting during the current pandemic. Students are expected to attend and be on time as usual during Ramadan and to participate in learning as fully as they are able. The following measures are in place to support them in this:

General arrangements

- Staff will keep movement in lessons to a minimum, especially in PE, being mindful that students may be fasting and low in energy.
- If a student becomes unwell as a result of fasting, the academy will follow the usual procedures for treating students who are unwell which will include contacting parents.
- Classroom teachers will make allowances for students who are finding fasting difficult.

Lunch arrangements

- If students do not wish to spend their lunch break in the dining area (Dining Pavilion for key stage 3, Nightingale Hall for key stage 4 and 5), they must sit outside in their bubble area.
- Students who receive Free School Meals may collect a packed lunch from their dining area to eat when they break their fast.

Prayer room arrangements

- Please be aware that Covid restrictions mean that we have limited space and staffing for student prayer rooms. If there is significant demand, we will have to prioritise use of prayer rooms for students who cannot get home in time to pray during the required prayer time.
- If this applies to your child, please indicate this when you complete the parent survey (JotForm) at the end of this letter. We will then contact you with specific arrangements.

Home testing during Ramadan

Students should complete home testing as directed during Ramadan. The British Islamic Medical Association's view is that taking polymerase chain reaction (PCR) or lateral flow device (LFD) tests during Ramadan does not invalidate the fast. Individuals may feel more comfortable doing the tests when they are not fasting. Home tests can be carried out at any time.

Eid-al-Fitr

Clapton Girls' Academy supports observance of this religious festival by giving your child one day's approved absence to celebrate Eid-al-Fitr. If you would like your child to have one day's approved absence, please indicate this in the parent survey (JotForm). [Please click here for the parent survey \(JotForm\)](#). **If you would like to discuss anything in relation to this letter, please email cga@clapton.hackney.sch.uk**

Kind regards,

Anna Feltham
Headteacher