PHAME Course Catalog

Summer Term 2020

June 15-August 6

Summer Term will be held 100% online

For priority registration, submit your registration web form by Tuesday, May 26, 9 am
About PHAME

PHAME is a fine and performing arts academy serving adults with intellectual and developmental disabilities. Offering three ten-week terms of arts-based classes each year, as well as a rigorous performance program, PHAME empowers students to learn new skills, take artistic risks, and build lasting relationships with people who share their experience of having a disability.

PHAME is built upon the belief that art is for everyone, and that our community is stronger when it champions opportunities for all. With that in mind, PHAME brings passion, joy, and rigor to arts education and performance.

A Note for New Students

If you have not taken classes at PHAME before, the first step to becoming a student is to schedule a prospective student interview. To schedule, contact Rob Smith at (503) 764-9718 ext. 2 or email him at rsmith@phamepdx.org. Please schedule your interview before registering.

Contact

Rob Smith, Director of Community Engagement
(503) 764-9718 ext. 2, rsmith@phamepdx.org

Mailing address: 1631 NE Broadway #134, Portland, OR 97232.

www.phamepdx.org/summer2020
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Key Dates

**May 20:** Summer Term info session (6:30 pm) & Cabaret Zoom (7:00 pm)
Zoom link: [https://zoom.us/j/99267350881](https://zoom.us/j/99267350881)

**May 26:** Priority deadline for registration web forms (9 am)

**June 10 & 11:** Zoom practice sessions for students new to online learning. See page 14

**June 10:** Last day to submit a registration web form or add a class without a late fee

**June 15:** First Day of Summer Term, Tuition Assistance Forms Due

**June 19:** Last day to drop a class without an additional fee (Note that all classes include a $10 non-refundable fee)

**July 3:** Last day to drop and only pay a 25% fee (After this there are no refunds)

**August 6:** Last Day of Summer Term
**Weekly Schedule/ List of Classes**

Note that classes marked with a “*” symbol after the name meet twice a week and are project-based classes.

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<thead>
<tr>
<th>Mondays</th>
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<tbody>
<tr>
<td>Poetic Storytelling*</td>
<td>11:45 AM-1:00 PM</td>
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<tr>
<td>Dance*</td>
<td>11:45 AM-1:00 PM</td>
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<tr>
<td>CC Hallway</td>
<td>1:00 PM-1:55 PM</td>
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<tr>
<td>Drumming*</td>
<td>2:00 PM-3:15 PM</td>
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<tr>
<td>Line Drawn Animation*</td>
<td>2:00 PM-3:15 PM</td>
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<tr>
<td>Musical Storytelling*</td>
<td>3:30 PM-4:45 PM</td>
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<tr>
<td>Drop-In Mindfulness &amp; Meditation</td>
<td>3:30 PM-4:00 PM</td>
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<tr>
<th>Tuesdays</th>
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<tbody>
<tr>
<td>Homestyle Yoga</td>
<td>10:45 AM-12:00 PM</td>
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<tr>
<td>CC Hallway</td>
<td>1:00 PM-1:55 PM</td>
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<tr>
<td>Visual Art</td>
<td>2:00 PM-3:15 PM</td>
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<tr>
<td>Vocal Studio</td>
<td>2:00 PM-3:15 PM</td>
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<tr>
<td>Voice Acting</td>
<td>3:30 PM-4:45 PM</td>
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<tr>
<td>Playwriting for Musical Theatre</td>
<td>3:30 PM-4:45 PM</td>
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<tr>
<td>Mega Choir*</td>
<td>5:45 PM-7:00 PM</td>
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<th>Wednesdays</th>
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<tr>
<td>Poetic Storytelling*</td>
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<tr>
<td>Dance*</td>
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<td>Drumming*</td>
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<tr>
<td>Line Drawn Animation*</td>
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<tr>
<td>Musical Storytelling*</td>
<td>3:30 PM-4:45 PM</td>
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<th>Thursdays</th>
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<tr>
<td>Kick it Up</td>
<td>11:45 AM-1:00 PM</td>
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<tr>
<td>Acting 101</td>
<td>11:45 AM-1:00 PM</td>
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<tr>
<td>Musical Theatre</td>
<td>1:15 PM-2:30 PM</td>
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<tr>
<td>Digital Photography</td>
<td>1:15 PM-2:30 PM</td>
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<tr>
<td>Mega Choir*</td>
<td>2:45 PM-4:00 PM</td>
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Skill-Building Classes

The following classes meet once per week. You can take as many classes as you like—just be sure they don’t conflict!

Drop-In Mindfulness & Meditation (Free)
Teaching Artist(s): Billy Grossman & Lea Mulligan
Mondays 3:30 PM-4:00 PM  This session conflicts with Musical Storytelling.
Wednesday 1:15 PM-1:45 PM  This session has no conflicts.

Mindfulness is the practice of living fully in the present moment, and meditation is the practice of clearing your mind. Both can be helpful for managing stress and strong emotions. In these calming and informative free sessions, students will learn simple and effective mindfulness and meditation techniques. No registration is needed for this class, and students can join as many sessions as they like. However, if you do plan to join, please be on time. The zoom link for these session will be included in monthly student emails.

Homestyle Yoga ($110)
Teaching Artist(s): Amaya Alvarado
Tuesdays 10:45 AM-12:00 PM  This class has no conflicts.

Explore breath work, meditation, relaxation, and simple yoga poses that can be done at home in this introductory Yoga class. No special equipment required. Spots Available: 10.

Visual Art ($110)
Teaching Artist(s): Linnea Solveig
Tuesdays 2:00 PM-3:15 PM  This class conflicts with Vocal Studio.

Get your creativity flowing in this fun and playful art class. Students will use whatever drawing materials they have at home (ballpoint pens, colored pencils, anything!) to make imaginative drawings based on the instructor’s prompts. Spots Available: 14.
Vocal Studio ($110)
Teaching Artist(s): Tess Raunig
Tuesdays 2:00 PM-3:15 PM
This class conflicts with Visual Art.

This intensive music class focuses on the fundamentals of good singing technique and the development of each student’s personal solo repertoire. Class will begin with group warm ups, and students will then receive one-on-one mini lessons with the instructor. Students will be expected to practice outside of class time. Spots Available: 8.

Voice Acting ($110)
Teaching Artist(s): Jason Rouse
Tuesdays 3:30 PM-4:45 PM
This class conflicts with Playwriting for Musical Theatre.

Voiceover actors perform the voices of characters in commercials, animated movies, and more. Students will rehearse scenes from actual commercials and other scripts with the goal of being able to confidently record a 30-second voiceover spot by the end of the term. The class will also cover inflection, pacing, diction, emotion, and how to incorporate notes from a director. If you love “doing voices,” or if you’re interested in acting and want to focus on your voice, this class will show you what it takes to be a professional voice actor. Spots Available: 10.

Playwriting for Musical Theatre ($110)
Teaching Artist(s): Matthew Zrebski
Tuesdays 3:30 PM-4:45 PM
This class conflicts with Voice Acting.

Students will work with local professional playwright and director Matthew Zrebski to begin writing the script for next year’s (2021) summer show. You’ll learn the basics of what goes into writing a script for a stage play including elements like character archetypes, story arc, and some basic playwriting tools of the trade. This class will require work outside of class time. Spots Available: 8.

Kick It Up ($110)
Teaching Artist(s): Michael Galen
Thursdays 11:45 AM-1:00 PM
This class conflicts with Acting 101.
Learn specific dance moves as well as choreographed sequences while getting your heart rate up and your body moving! *Spots Available: 10.*

**Acting 101 ($110)**  
**Teaching Artist(s):** Laura Loy  
**Thursdays 11:45 AM-1:00 PM**  
*This class conflicts with Kick It Up.*

Learn the basics of good acting through theatre games, character development, short scenes, and more. *Spots Available: 10.*

**Musical Theatre ($110)**  
**Teaching Artist(s):** Laura Loy & Michael Galen  
**Thursdays 1:15 PM-2:30 PM**  
*This class conflicts with Digital Photography.*

Explore scenes and songs from your favorite musicals, sharpen your song and dance skills, and develop understanding of musical theatre history in this fun class that teaches you how to be a triple threat. Class time will include warm ups, videos, discussion, and specific instruction. *Spots Available: 20.*

**Digital Photography ($110)**  
**Teaching Artist(s):** Dave Chachere  
**Thursdays 1:15 PM-2:30 PM**  
*This class conflicts with Musical Theatre.*

Anyone can take pictures, but you need to understand what’s happening “under the hood” to take your photos to the next level. This introductory class will teach students about light and shadow, composition, color, perspective, and other tools for creating compelling photographs. Students will need to provide their own cameras. Phone cameras are ok. *Spots Available: 10.*
Project-Based Classes

This summer PHAME will be producing three distinct video projects spanning multiple artistic disciplines:

- **Project 1: Animated Short Story Video**
- **Project 2: Dance & Percussion Video**
- **Project 3: Mega Choir Video**

Each project will have one or more project-based class where students will work on creating parts of the video. These project-based classes will have an emphasis on collaborative art and on making a polished end product. **Students who are a part of these projects will need to bring a high level of commitment and dedication to their classes, and some work outside of class may be required.**

All project-based classes meet twice per week. Note that students are welcome to register for as many project-based classes as they wish—just make sure you’re not registering for classes that are scheduled at the same time.

**Project 1: Animated Short Story Video**

*This project has three project-based classes that work toward making the elements for the finished video. Students may register for more than one if they choose.*

Poetic Storytelling ($210)

**Teaching Artist(s):** Alexis Hamilton from Portland Opera

**Mondays AND Wednesdays 11:45 AM-1:00 PM**

*This class conflicts with Dance.*

Learn how to use poetic devices to tell a short story from start to finish. All you need is your imagination and a means to put your thoughts into words—either through writing, speech to text, or any other accommodation/modification that works for you. Students in this project-based class will create the story for the
animated short story video project in collaboration with the Line Drawn Animation class and the Musical Storytelling class. **Spots Available: 8.**

**Line Drawn Animation ($210)**
*Teaching Artist(s):* Stephanie Scelza  
**Mondays AND Wednesdays 2:00 PM-3:15 PM**  
*This class conflicts with Drumming.*

Get ready to create animations from simple drawings! All you need is a pen or pencil, paper, scissors, and a smart phone or tablet. Students in this project-based class will create animations for the animated short story video project in collaboration with the Poetic Storytelling and Musical Storytelling classes. **Spots Available: 8.**

**Musical Storytelling ($210)**
*Teaching Artist(s):* Matthew Gailey & Dave Chachere  
**Mondays AND Wednesdays 3:30 PM-4:45 PM**  
*This class conflicts with Drop-In Mindfulness & Meditation on Mondays.*

You don’t need musical instruments to make music—you can use your voice, household items, iPads or other technology, and more. Students in this creative music class will make music using a range of tools. An iPad with GarageBand installed will come in handy if you have it, as will any musical instruments you have at home, but all you really need is your imagination and a desire to make some music. Students in this project-based class will create the music for the animated short story video project in collaboration with the Line Drawn Cartoons and Poetic Storytelling classes. **Spots Available: 10.**

**Project 2: Dance & Percussion Video**

*This project has two project-based classes that work toward making the elements for the finished video. Students may register for more than one if they choose.*

**Dance ($210)**
*Teaching Artist(s):* Michael Galen  
**Mondays AND Wednesdays 11:45 AM-1:00 PM**  
*This class conflicts with Poetic Storytelling.*
Calling all dancers and anyone who loves to move! Students in this project-based class will work on choreography for the Dance & Percussion video project in collaboration with the Drumming class. Students will need to be able to record and share videos of themselves dancing, and will need space where they can move around safely. **IMPORTANT: This class requires students to get instructor approval before registering.** Email mgalen@phamepdx.org to ask whether you are approved to register. Michael may ask you to do an audition over Zoom. Please do not register unless you have received his approval. **Spots Available: 15.**

**Drumming ($210)**  
**Teaching Artist(s):** Rob Smith  
**Mondays AND Wednesdays 2:00 PM-3:15 PM**  
*This class conflicts with Line Drawn Animation.*

Got rhythm? Students in this project-based class will compose an original percussion piece for students in the Dance class to dance to for the Dance & Percussion video project. Students will need to be able to record and share video of themselves playing their part. An iPad with GarageBand installed is not required, but is suggested. **Spots Available: 12.**

**Project 3: Mega Choir Video**

*This project has one project-based class that works toward making the elements for the finished video.*

**Mega Choir ($210)**  
**Teaching Artist(s):** Matthew Gailey with Choral Assistance from Tess Raunig  
**Tuesdays 5:45 PM-7:00 PM AND Thursdays 2:45 PM-4:00 PM**  
*This class has no conflicts.*

Students in this summer’s Mega Choir class will focus on rehearsing and recording 1-2 songs to produce a virtual choir video featuring PHAME student, staff singers, plus some special guest artists. For this project you’ll just need your voice, the ability to record and share video of yourself using your smartphone or tablet, and all the inner energy you can muster! Video of the virtual choir performing will be shared with our community at the end of the summer. **Spots Available: 35.**
Other Activities This Term

In addition to weekly classes, we’ll be offering online hangouts ("CC Hallways"), free YouTube Video Tutorials, podcasts sharing the experiences of people with I/DD, visiting artist events, and more. You can find more information about these opportunities on our website at www.phamepdx.org/summer2020.

When you register for Summer Term Classes, you’ll automatically be signed up for our monthly student emails where we share information about upcoming events, new tutorials, and more. This is also where we share the links for CC Hallways, Drop-In Meditation Sessions, and any other Zoom meetings in order to ensure that the links only get seen by PHAME students and their support people. If you’re not seeing these emails, check your spam! Sometimes they end up there.
How to Register

To register to PHAME classes, fill out our registration web form, available at www.phamepdx.org/su20-registration-form. The priority deadline for submitting your registration web form is May 26, 9 am. Beginning that morning, PHAME staff will process the registration forms we have received in a random order, and students will receive automatic confirmation emails when their registration has been processed. After May 26 you may still register using the registration web form, however your registration will be processed after the registrations we receive by the priority deadline. Note that after June 10, registrations will incur a $10 per class late-registration fee.

When you fill out the registration web form, you will not submit a payment. Please wait for your confirmation email, which will confirm how much you owe. If you indicate on your form that you need Tuition Assistance and/or that you need a payment plan this summer, you will receive a separate follow-up email from PHAME staff within one week to discuss your Tuition Assistance/ payment plan. See the following section for information on how to pay.

Submitting the registration web form does not guarantee that you will be placed in all of the classes you request, as some classes may already be full when your registration is processed. Students are encouraged to list alternate classes on their registration web forms. That way if a class is already full, staff can place the student in an alternate class.

Paying for Classes

Paying by check is PHAME’s preferred payment method. PHAME also accepts credit cards and money orders. PHAME is not currently accepting cash—if this is a problem for you, please let us know and we can discuss.

Payment can be mailed to our mailing address, 1631 NE Broadway #134, Portland, OR 97232. To pay with a card by phone, please call Anya at (503) 764-9718 ext.5.

Payment plans of up to three payments are available. One third of payment is due the first week of classes, and full payment must be received by the end of the term.
Registration & Withdrawal Policies

Tuition for each class includes a $10 non-refundable registration fee. The last day to drop a class without paying an additional fee is the Friday at the end of the first week of classes (June 19). For classes dropped during the second or third week of classes, students will be responsible for paying 25% of tuition owed or $10, whichever is greater. For classes dropped after the third week of classes, there are no refunds and students will be responsible for 100% of tuition owed.

The last day to register without incurring a late fee is Wednesday, June 10, end of day. After that date, registration must be done by calling Anya at (503) 764-9718 ext. 5 and will incur a $10 per class late registration fee.

Tuition Assistance

PHAME can provide Tuition Assistance to students who demonstrate financial need. Assistance normally ranges from 5% to 80%, however during our Summer 2020 Online Term, we can offer higher levels of assistance to students experiencing financial hardship due to the pandemic—just get in touch and let us know what you need.

Students who receive Tuition Assistance must apply using the request form once per school year. This means that students who receive Tuition Assistance in Fall Term do not need to reapply for Winter, Spring, or Summer Terms. If you need Tuition Assistance and have not submitted a form yet this year, you may download a form at www.phamepdx.org/registration.

You will be asked to indicate whether you need Tuition Assistance your registration web form. Your registration confirmation email will show the total cost of your classes, and you can ignore this number. You will receive a separate email from PHAME staff within one week to confirm the actual amount you owe.

Tuition Assistance forms are due by the first day of the term, however earlier is better.

For questions about registration, paying your tuition, registration fees, or tuition assistance please call Anya at (503) 764-9718 ext.5.
Using Zoom for Online Classes

For students new to online learning

Getting Started
After you’ve signed up for online classes, the first step is to download Zoom, the program we use to run our online classes. You can view a tutorial explaining how to set up Zoom by visiting www.phamepdx.org/summer2020/#Tech-Support

Zoom Practice Sessions
You’ll also want to plan on attending a Zoom practice session. We have two to choose from, but you only need to attend one.

Option 1: Wednesday, June 10, 11 am
Zoom link to join the practice session: https://zoom.us/j/92782420619

Option 2: Thursday, June 11, 2 pm
Zoom link to join the practice session: https://zoom.us/j/91312099226

Joining Your Class
On the day of your class, you teacher will email you the link to your class 15 minutes before the class begins. You can join the class as soon as you receive the email, OR you can wait until the class time to join.

Your teacher will tell you in the email who the tech support person for your class is. If you have trouble getting into the Zoom class, you can contact that person and they will help you out. If you can’t get a hold of them, you can also try Rob at (503) 764-9718 ext. 2.
PHAME is supported in part by the following sponsors:
Regional Arts & Culture Council
Oregon Arts Commission

Find out how you can support PHAME by visiting www.phamepdx.org/donate