PHAME Course Catalog

Fall Term 2020

September 14-November 19

Fall Term will be held online.

For priority registration, submit your registration form by Tuesday, August 25, 9 AM

PHAME: Creating art, expanding possibility.

Table of Contents

About PHAME ................................................................................................................................. 2
Contact ........................................................................................................................................... 2
A Note for New Students ................................................................................................................ 2
Key Dates ........................................................................................................................................ 3
Weekly Schedule/ List of Classes .................................................................................................... 4
Weekly Classes ................................................................................................................................ 5
CC Hallways ................................................................................................................................... 12
How Registration Works ............................................................................................................... 12
Adding & Dropping Classes ........................................................................................................... 13
Paying for Classes .......................................................................................................................... 13
Registration Policies & Fees .......................................................................................................... 13
Tuition Assistance .......................................................................................................................... 13
Using Zoom for Online Classes ...................................................................................................... 14
Sponsors ........................................................................................................................................ 14
About PHAME

PHAME is a fine and performing arts academy serving adults with intellectual and developmental disabilities. Offering three ten-week terms of arts-based classes each year, as well as a rigorous performance program, PHAME empowers students to learn new skills, take artistic risks, and build lasting relationships with people who share their experience of having a disability.

PHAME is built upon the belief that art is for everyone, and that our community is stronger when it champions opportunities for all. With that in mind, PHAME brings passion, joy, and rigor to arts education and performance.

Contact

Rob Smith, Director of Community Engagement
(503) 764-9718 ext. 2, rsmith@phamepdx.org
Mailing address: 1631 NE Broadway #134, Portland, OR 97232.
www.phamepdx.org/school

A Note for New Students

If you have not taken classes at PHAME before, the first step to becoming a student is to schedule a prospective student interview. To schedule, contact Rob Smith (his contact information is below). Please complete your interview before registering.
Key Dates

August 25:

Priority deadline for registration forms (9:00 am)

September 8:

Zoom Practice Session #1 (2 pm)

September 9:

Last day to register or add a class without a fee
Tuition Assistance forms due
Zoom Practice Session #2 (11 am)
Back to School Night (7:00 pm, new students invited to join at 6:30)

September 14:

Fall Term begins

September 18:

Last day to drop a class and only pay the $10 registration fee

September 25:

Last day to drop a class and only pay 25% (or $10, whichever is higher). After this date there are no refunds and student must pay 100% of tuition owed.

September 30:

Summer Video Release Party, 7 pm

November 19:

Fall Term ends
# Weekly Schedule/ List of Classes

## Mondays

<table>
<thead>
<tr>
<th>Class</th>
<th>Time</th>
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<tbody>
<tr>
<td>CC Hallway</td>
<td>12:00 PM-12:55 PM</td>
</tr>
<tr>
<td>Broadway Dance</td>
<td>1:15 PM-2:30 PM</td>
</tr>
<tr>
<td>Videography</td>
<td>1:15 PM-2:30 PM</td>
</tr>
<tr>
<td>Radio Drama</td>
<td>2:45 PM-4:00 PM</td>
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<tr>
<td>Podcasting</td>
<td>2:45 PM-4:00 PM</td>
</tr>
<tr>
<td>Drop-In Mindfulness &amp; Meditation</td>
<td>4:30 PM-5:00 PM</td>
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<tr>
<td>Improv</td>
<td>4:30 PM-5:45 PM</td>
</tr>
<tr>
<td>Rhythms &amp; Rhymes</td>
<td>5:30 PM-6:45 PM</td>
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</tbody>
</table>

## Tuesdays

<table>
<thead>
<tr>
<th>Class</th>
<th>Time</th>
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<tbody>
<tr>
<td>Homestyle Yoga</td>
<td>10:45 AM-12:00 PM</td>
</tr>
<tr>
<td>Art of Game Design</td>
<td>12:15 PM-1:30 PM</td>
</tr>
<tr>
<td>CC Hallway</td>
<td>1:00 PM-1:55 PM</td>
</tr>
<tr>
<td>Vocal Studio</td>
<td>2:00 PM-3:15 PM</td>
</tr>
<tr>
<td>Visual Art</td>
<td>2:00 PM-3:15 PM</td>
</tr>
<tr>
<td>Playwriting for Musical Theatre</td>
<td>3:30 PM-4:45 PM</td>
</tr>
<tr>
<td>Voice Acting (Section 1)</td>
<td>4:00 PM-5:15 PM</td>
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<tr>
<td>Voice Acting (Section 2)</td>
<td>5:30 PM-6:45 PM</td>
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</tbody>
</table>

## Wednesdays

<table>
<thead>
<tr>
<th>Class</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Drumming</td>
<td>12:00 PM-1:15 PM</td>
</tr>
<tr>
<td>Line Drawn Animation</td>
<td>12:00 PM-1:15 PM</td>
</tr>
<tr>
<td>Kitchen Concertos</td>
<td>1:30 PM-2:45 PM</td>
</tr>
</tbody>
</table>
**Songwriting**  
1:30 PM-2:45 PM

**Drop-In Mindfulness & Meditation**  
3:00 PM-3:30 PM

**Rock Ensemble**  
4:00 PM-5:15 PM

**Thursdays**

**Kick It Up**  
11:45 AM-1:00 PM

**Acting 101**  
11:45 AM-1:00 PM

**CC Hallway**  
1:00 PM-1:55 PM

**Musical Theatre**  
1:15 PM-2:30 PM

**Digital Photography**  
1:15 PM-2:30 PM

**Choir**  
2:45 PM-4:00 PM

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**Weekly Classes**

The following classes meet once per week. You can take as many classes as you like—just be sure they don’t conflict!

**Broadway Dance ($170)**
Teaching Artist(s): Laura Loy  
**Mondays 1:15 PM-2:30 PM**
This class conflicts with Videography.

Reach for the stars as you learn Broadway style dance and classic choreography. Come to class prepared to move: you’ll stretch, practice dance steps, and re-create fun dance numbers from musicals. You’ll also learn about the choreographers and watch clips of famous performances. Singing along encouraged but not required!  
*Spots Available: 10.*
**Videography** ($170)

**Teaching Artist(s):** Jason Rouse  
**Mondays 1:15 PM-2:30 PM**  
*This class conflicts with Broadway Dance.*

Channel your inner Spielberg in this fun and collaborative introduction to creating videos. Coursework will focus on postproduction: editing, effects, setting video to music, and more. Students with access to a camera that takes video will be able to share their videos for the class to edit, however a camera is not required. *Spots Available: 8.*

**Radio Drama** ($170)

**Teaching Artist(s):** Stephanie Scelza & Laura Loy  
**Mondays 2:45 PM-4:00 PM**  
*This class conflicts with Podcasting.*

Students in this collaborative class will create and record a radio drama. After choosing a script to work with, students will create sound effects, record dialogue, and finalize the drama while building their problem solving, voice, and acting skills. *Spots Available: 14.*

**Podcasting** ($170)

**Teaching Artist(s):** Jason Rouse  
**Mondays 2:45 PM-4:00 PM**  
*This class conflicts with Radio Drama.*

Podcasting is the practice of using the Internet to make digital recordings to broadcast for download on a computer or mobile phone. In this class, students will produce at least one episode of the podcast “PHAME Studio Presents: Listen Up!” which will be made available to the PHAME community online. If you are interested in Internet radio, journalism and the like, this class will take your creative writing, journalism and Internet savviness to new heights. *Spots Available: 8.*

**Drop-In Mindfulness & Meditation (FREE)**

**Teaching Artist(s):** Billy Grossman & Lea Mulligan  
**Mondays 4:30 PM-5:00 PM**  
*This session conflicts with Improv.*

Mindfulness is the practice of living fully in the present moment, and meditation is the practice of clearing your mind. Both can be helpful for managing stress and strong emotions. In these calming and informative sessions, students will learn simple and effective mindfulness and meditation techniques. These sessions are free and open to any enrolled student. No registration is needed for this class, and students can join as many sessions as they like. However, if you do plan to join, please be on time. The zoom link for these session will be included in monthly student emails and weekly emails from teachers.
**Improv ($170)**

**Teaching Artist(s):** Jason Rouse  
**Mondays 4:30 PM-5:45 PM**  
This class conflicts with Monday’s Drop-In Mindfulness & Meditation and Rhythms & Rhymes.

Improv is a form of theatre that is created without the use of scripts or planning. Instead, improv actors work together to create spontaneous—and often funny—original scenes. Students in this introductory acting class will explore improv through theatre games, prompts, and collaboration. **Spots Available: 10.**

**Rhythms & Rhymes ($170)**

**Teaching Artist(s):** Stephanie Scelza  
**Mondays 5:30 PM-6:45 PM**  
*This class conflicts with Improv.*

Set your own poetry and rhymes to beats and music! From the silly to the serious, students will craft group and individual lyrics to fit pre-made and original beats and music. **Spots Available: 8.**

**Homestyle Yoga ($170)**

**Teaching Artist(s):** Amaya Alvarado  
**Tuesdays 10:45 AM-12:00 PM**  
*This class has no conflicts.*

Explore breath work, meditation, relaxation, and simple yoga poses that can be done at home in this introductory Yoga class. No special equipment required. **Spots Available: 10.**

**Art of Game Design ($170)**

**Teaching Artist(s):** Dave Chachere  
**Tuesdays 12:15 PM-1:30 PM**  
*This class conflicts with Tuesday’s CC Hallway.*

We’re living in a golden age of games. From board and card games, to role-playing and video games, games are a great way to spend time with friends and family while having a blast. This class will explore some of the most innovative new games, and will focus on what goes into making a game great—including the rules of the game, the visual design, and the strategy for playing. Students will play different games together online, and will spend the final weeks of the class designing an original game. Students will need two 6-sided dice, a standard set of playing cards, paper and something to write with. **Spots Available: 8.**
**Vocal Studio ($170)**
Teaching Artist(s): Tess Raunig
Tuesdays 2:00 PM-3:15 PM
*This class conflicts with Visual Art.*

This intensive music class focuses on the fundamentals of good singing technique and the development of each student’s personal solo repertoire. Class will begin with group warm ups, and students will then receive one-on-one mini lessons with the instructor. Students will be expected to practice outside of class time. *Spots Available: 8.*

**Visual Art ($170)**
Teaching Artist(s): Linnea Solveig
Tuesdays 2:00 PM-3:15 PM
*This class conflicts with Vocal Studio.*

Get your creativity flowing in this fun and playful art class. Students will use whatever drawing materials they have at home (ballpoint pens, colored pencils, anything!) to make imaginative drawings based on the instructor’s prompts. *Spots Available: 14.*

**Playwriting for Musical Theatre ($170)**
Teaching Artist(s): Matthew Zrebski
Tuesdays 3:30 PM-4:45 PM
*This class conflicts with Voice Acting (Section 1).*

Students will work with local professional playwright and director Matthew Zrebski to continue writing the script for next year’s (2021) summer show. You’ll learn the basics of what goes into writing a script for a stage play including elements like character archetypes, story arc, and some basic playwriting tools of the trade. This class will require work outside of class time. *Spots Available: 8.*

**Voice Acting (Section 1) ($170)**
Teaching Artist(s): Jason Rouse
Tuesdays 4:00 PM-5:15 PM
*This class conflicts with Playwriting for Musical Theatre.*

Voiceover actors perform the voices of characters in commercials, animated movies, and more. Students will rehearse scenes from actual commercials and other scripts with the goal of being able to confidently record a 30-second voiceover spot by the end of the term. The class will also cover inflection, pacing, diction, emotion, and how to incorporate notes from a director. If you love “doing voices,” or if you’re interested in acting and want to focus on your voice, this class will show you what it takes to be a professional voice actor. Two sections of this class are offered, please only register for one section. *Spots Available: 10.*
Voice Acting (Section 2) ($170)  
Teaching Artist(s): Jason Rouse  
Tuesdays 5:30 PM-6:45 PM  
This class has no conflicts.

Voiceover actors perform the voices of characters in commercials, animated movies, and more. Students will rehearse scenes from actual commercials and other scripts with the goal of being able to confidently record a 30-second voiceover spot by the end of the term. The class will also cover inflection, pacing, diction, emotion, and how to incorporate notes from a director. If you love “doing voices,” or if you’re interested in acting and want to focus on your voice, this class will show you what it takes to be a professional voice actor. Two sections of this class are offered, please only register for one section. Spots Available: 10.

Drumming ($170)  
Teaching Artist(s): Alex Geffel  
Wednesdays 12:00 PM-1:15 PM  
This class conflicts with Line Drawn Animation.

Explore rhythm and beats while using objects commonly found at home. No drums required! Spots Available: 12.

Line Drawn Animation ($170)  
Teaching Artist(s): Stephanie Scelza  
Wednesdays 12:00 PM-1:15 PM  
This class conflicts with Drumming.

Get ready to create simple animations from line drawings! In this class we will develop stories and characters to create line drawings for introductory animations. All you need is a pen or pencil, paper, scissors, a smart phone or tablet with Instagram, and a stellar imagination! Spots Available: 8.

Kitchen Concertos ($170)  
Teaching Artist(s): Dave Chachere  
Wednesdays 1:30 PM-2:45 PM  
This class conflicts with Songwriting.

This brand-new class takes a hands on approach to learning about music performance, history, theory and technology. Learn how to make your own musical instruments, or use the ones you have in new ways. Being stuck at home doesn’t mean an end to musical creativity — here’s your chance to collaborate with other students in composing, performing, and recording original music. Spots Available: 10.
Songwriting ($170)
Teaching Artist(s): Tess Raunig
Wednesdays 1:30 PM-2:45 PM
This class conflicts with Kitchen Concertos.

Learn to combine original melodies with compelling lyrics in this collaborative songwriting class. Students will work together to create songs based on their own experiences. Whether you’re a musician interested in writing your own songs, a writer looking to create songs for others to sing—or if you simply love music and want to know what songwriting is all about—this class will introduce you to the nuts and bolts of writing a great song. Students will be expected to do some writing outside of class time. Spots Available: 8.

Drop-In Mindfulness & Meditation (FREE)
Teaching Artist(s): Billy Grossman & Lea Mulligan
Wednesdays 3:00 PM-3:30 PM
This session has no conflicts.

Mindfulness is the practice of living fully in the present moment, and meditation is the practice of clearing your mind. Both can be helpful for managing stress and strong emotions. In these calming and informative sessions, students will learn simple and effective mindfulness and meditation techniques. These sessions are free and open to any enrolled student. No registration is needed for this class, and students can join as many sessions as they like. However, if you do plan to join, please be on time. The zoom link for these session will be included in monthly student emails and weekly emails from teachers.

Rock Ensemble ($170)
Teaching Artist(s): Matthew Gailey with Choral Assistance from Tess Raunig
Wednesdays 4:00 PM-5:15 PM
This class has no conflicts.

PHAME’s Rock Ensemble is an auditioned, rehearsal-based class where students learn to perform popular music from pop, rock and jazz genres. This online class is only open to vocalists (we are not currently including drummers). If you have not yet auditioned for Rock Ensemble and wish to do so, please email Matthew at mgailey@phamepdx.org before registering for this class. Spots Available: 20.

Kick It Up ($170)
Teaching Artist(s): Michael Galen
Thursdays 11:45 AM-1:00 PM
This class conflicts with Acting 101.

Learn specific dance moves as well as choreographed sequences while getting your heart rate up and your body moving! Spots Available: 10.
Acting 101 ($170)
Teaching Artist(s): Laura Loy
Thursdays 11:45 AM-1:00 PM
This class conflicts with Kick It Up.

In this introductory acting class students will build an “actor’s toolbox” through theatre games and other collaborative activities. The class will explore a variety of acting styles, and will touch on some elements of professional theatre. Spots Available: 10.

Musical Theatre ($170)
Teaching Artist(s): Laura Loy & Michael Galen
Thursdays 1:15 PM-2:30 PM
This class conflicts with Digital Photography and Thursday’s CC Hallway.

Explore scenes and songs from your favorite musicals, sharpen your song and dance skills, and develop understanding of musical theatre history in this fun class that teaches you how to be a triple threat. Class time will include warm ups, videos, discussion, and specific instruction. Spots Available: 20.

Digital Photography ($170)
Teaching Artist(s): Dave Chachere
Thursdays 1:15 PM-2:30 PM
This class conflicts with Musical Theatre and Thursday’s CC Hallway.

Anyone can take pictures, but you need to understand what’s happening “under the hood” to take your photos to the next level. This introductory class will teach students about light and shadow, composition, color, perspective, and other tools for creating compelling photographs. Students will need to provide their own cameras. Phone cameras are ok. Spots Available: 10.

Choir ($170)
Teaching Artist(s): Matthew Gailey with Choral Assistance from Tess Raunig
Thursdays 2:45 PM-4:00 PM
This class has no conflicts.

PHAME’s largest class welcomes anyone who enjoys singing in a group, regardless of skill level. Come learn new songs and see many of your PHAME friends on screen! Spots Available: 35.
CC Hallways

We know that PHAME isn’t just about the classes—it’s also a fun and supportive place for students to connect with their peers and with PHAME staff. That’s why our Campus Coordinators (“CCs”) are hosting weekly online hangouts—called “CC Hallways”—where students can say hi, check in with each other, and see some familiar faces.

These online hangouts are free and open to enrolled students. No registration is required. The link to the CC Hallway will be shared with students in an email at the beginning of the term, and Teaching Artists will also share the link with students in their weekly emails. You can also request the CC Hallway link from Rob by emailing him at rsmith@phamepdx.org. The link will be the same the whole term.

Some CC Hallways will be replaced with visiting artist workshops—these changes will be announced via email.

Fall Term CC Hallway Schedule:
Beginning September 14

Mondays: 12:00 – 12:55 PM
Tuesdays: 1:00 – 1:55 PM
Thursdays: 1:00 – 1:55 PM

How Registration Works

PHAME conducts registration by having each student fill out a registration form. After the priority deadline passes, PHAME staff process the forms in a random order and email students a list of classes they’ve been placed in. After the priority deadline students may still submit a registration form; however many classes may have already filled.

Step 1: Submit Your Registration Form
First, fill out our digital registration form. This form tells PHAME what classes you’d like to take. Registration forms submitted by the priority deadline (listed on the form) will be processed first, so if you can, submit your form by that deadline. Note that you will not submit payment with your form, and submitting a registration form does not guarantee you a spot in the class. You are encouraged to list alternate classes on your registration form, so if your top-choice classes are already filled, we can place you in alternate classes.

Step 2: PHAME Processes Your Form
We begin processing registration forms on the day of the priority deadline (the deadline is 9 am; we start processing later that day). Once we process your form, you’ll receive an email confirming which classes you’ve been placed in. This email will confirm how much you owe.
If You Get Tuition Assistance (or plan to apply)
Students who have submitted a Tuition Assistance Request form will receive a second email confirming their tuition assistance award and how much they owe—note that it might take us up to a week to send this second email. It’s ok to fill out the registration form before you fill out the Tuition Assistance Request form.

Adding & Dropping Classes
If you need to make changes to your registration after you receive your registration confirmation email, you may do so by calling Anya at (503)764-9718 ext. 5.

Paying for Classes
Paying by check is PHAME’s preferred payment method. PHAME also accepts credit cards and money orders. PHAME is not currently accepting cash—if this is a problem for you, please let us know and we can discuss.

Payment can be mailed to our mailing address, 1631 NE Broadway #134, Portland, OR 97232. To pay with a card by phone, please call Anya at (503)764-9718 ext.5.

Payment plans of up to three payments are available. One third of payment is due by the first week of classes, and full payment must be received by the end of the term. We send invoices for unpaid registrations a few weeks after registration starts, so if you need an official invoice, you can wait until you receive that invoice to pay.

Registration Policies & Fees
Tuition for each class includes a $10 non-refundable registration fee. The last day to drop a class without paying an additional fee is the Friday at the end of the first week of classes. For classes dropped during the second week of classes, students will be responsible for paying 25% of tuition owed or $10, whichever is greater. For classes dropped after the second week of classes, there are no refunds and students will be responsible for 100% of tuition owed.

The last day to register without incurring a late fee is the Wednesday before classes begin. After that date, registration must be done by calling Anya at (503)764-9718 ext. 5 and will incur a $10 per class late registration fee.

Tuition Assistance
PHAME can provide Tuition Assistance to students who demonstrate financial need. Tuition Assistance ranges from 5-80%, with the maximum award being $550 per term.

Students needing Tuition Assistance must apply once per school year, applying again every fall. To request Tuition Assistance, fill out our Tuition Assistance Request Form. The form is due no later than the Wednesday before classes begin.
Using Zoom for Online Classes

For students new to online learning

Getting Started
After you’ve signed up for online classes, the first step is to download Zoom, the program we use to run our online classes. You can view a tutorial explaining how to set up Zoom at www.phamepdx.org/school/#tech-support

Zoom Practice Sessions
You’ll also want to plan on attending a Zoom practice session. We have two to choose from, but you only need to attend one.

Option 1: Tuesday, September 8, 2 PM
Zoom link to join the practice session: https://zoom.us/j/94196720904

Option 2: Wednesday, September 9, 11 AM
Zoom link to join the practice session: https://zoom.us/j/94721071482

Joining Your Class
On the day of your class, you teacher will email you the link to your class 10 minutes before the class begins. You can join the class as soon as you receive the email, OR you can wait until the class time to join.

Your teacher will tell you in the email who the tech support person for your class is. We also list our tech support schedule in the tech support section of our term webpage www.phamepdx.org/school/#tech-support. If you have trouble getting into your Zoom class, you can contact the tech support person and they will help you out. If you can’t reach them, you can also try Rob at (503) 764-9718 ext. 2.

Sponsors
PHAME is supported in part by the following sponsors

Regional Arts & Culture Council
Oregon Arts Commission

Find out how you can support PHAME by visiting www.phamepdx.org/donate