NONPERISHABLE FOOD ITEMS:

- Bottled or Canned Juices
- Soups and Stews
- Spaghetti Sauce

Canned Fruits - Applesauce, Mixed Fruit, Mandarin Oranges, Peaches, Pineapple, etc.

Canned Vegetables - Beans, Corn, Green Beans, Peas, etc.

Canned Proteins - Beef, SPAM, Tuna, Corned Beef, Pork, etc.

Macaroni and Cheese

Noodles - Spaghetti, Macaroni, Egg Noodles, Fettuccini, etc.

- Peanut Butter
- Jams and Jellies

Canned Pasta - Spaghetti with meatballs, Beef or Cheese Ravioli, Spaghetti Rings, etc.

- Cereal - Hot and Cold
- Hamburger, Chicken, or Tuna Helpers
- Rice - Plain or Flavored

Other items to consider:

- Toilet Paper
- Diapers and Wipes
- Shampoo and Conditioner
- Deodorant
- Toothbrushes and Toothpaste