1-TO-1 PROGRAM
END OF YEAR OUTCOME EVALUATION

Our mentoring programs have served over 3,000 matches since 1979, with over 90% completing the full year program (33-67% for similar programs nationwide). 2021 has looked a little different for mentoring but has proven to be just as effective. Our team developed a highly-rated youth-led iterative social emotional learning curriculum and continues to provide weekly support and wraparound services for our families. Friends for Youth shifted all screening, training, and mentoring services online, cutting down processing times to just 4 weeks while continuing to make the highest quality mentorship matches.

100% of all of our regularly attending students stayed in school, even through the pandemic (including a student we re-enrolled in San Jose, whose single mom didn’t speak English and had trouble navigating the school system).

For the last five years, as a requirement of our program, 100% of our students in 6th grade and above have visited a college campus.

88% thought about college and careers since meeting their mentor.
85% avoided legal involvement.
80% avoided or decreased suspensions since meeting their mentor.
78% skipped less class or did not skip class since meeting their mentor.
54% maintained or improved their grades over the year.

For 42+ years, we’ve accomplished our goal of keeping 100% of our youth in school while in our program.

We are extending our reach to alumni mentees. Among the 250 we support and who are otherwise at risk of dropping out, over 80% graduated high school/earned their GED and went on to find work, or attend vocational schools.
GROUP PROGRAM
END OF YEAR OUTCOME EVALUATION

In our school-based group mentoring program, mentors tag team to provide safe spaces for students to have discussions and to connect with others on campus. Each session is facilitated by Friends for Youth staff. We have just developed our 4th iteration of a student-led curriculum. There are 10 students per group, with at least 4 positive adults to offer academic and emotional support each week. Students are referred by school administration based on low attendance, academic grades, and behavioral issues.

Some metrics from the End of Year Post Survey sent to our Group 2020-21 students:

- 100% would recommend this program for other students.
- 100% would like to be a part of this program next school year.
- 100% have not been involved in the juvenile justice system.
- 92% have not been suspended in the last 6 months.
- 96% have good attendance in school.
- 96% try hard to do well in school.
- 96% feel that they have someone they can count on for help when they need it.
- 92% want to go to college.
- 100% feel that their mentors help them find positive ways to deal with challenging issues and emotions.
- 100% feel that they have someone who supports them in developing their interests and strengths.
- 100% feel that the mentoring program has helped them feel more connected to their school.

Some feedback from the End of Year Post Survey when asked "What did you like most about the Friends for Youth Group Mentoring Program":

- "We got close and I didn’t really expect to be as open as I am so it’s good cause you get to talk to the people working and always have good convos."
- "I have someone to talk to."
- "The people there are really nice and fun ;)"
- "They felt like friends and it was comfortable talking to them."
- "The games were so fun."
- "They were supportive."

Hear from our Mentees themselves here. →

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School-based Group Mentoring cohort at Sequoia High School, 2019, 9th Grade Girls