MISSION
Friends for Youth’s mission is to empower underserved youth through mentorship and community relationships.

VISION
Our vision to provide every young person who needs a mentor with a mentor.

CORE VALUES
Equity and social justice
Community-centered collaboration
Innovation and agility
Individual and organizational Integrity
Respectful, supportive relationships
Responsive, high quality service

Friends for Youth Board and Executive Leadership
BOARD OF DIRECTORS

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BOARD CHAIR
SERVING SINCE 2018

MARK JOHNSON
BOARD VICE CHAIR
SERVING SINCE 2015

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SERVING SINCE 2020

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DAVID BIRNBAUM
SERVING SINCE 2021

KATHIR SUNDARRAJ
SERVING SINCE 2021
Our small team of now 10, is an 100% first generation American, BIPOC team. We all come from immigrant families, and a majority of us are the first in our families to go to college, some of us the only ones to go to graduate school. We come from the communities we serve; in a lot of ways, we are these kids.
1-TO-1 PROGRAM
END OF YEAR OUTCOME EVALUATION

Since 1979, Friends for Youth has been the recognized gold standard for 1-to-1 mentoring, matching disenfranchised youth with a caring adult mentor. We continue to prioritize protecting our vulnerable youth populations and foster quality mentoring relationships that stand the test of time; many of our mentorships last for years, or will endure for a lifetime. We have made more than 2500 matches to date with over 90% completing the full one-year program (33-67% for similar programs) and an 100% safety rating.

100% of our students have avoided suspension from school.
100% report that their mentor motivates them to do better in school.
100% report since meeting their mentor they feel more happy and positive.
100% report that spending time with their mentor helped them take their minds off things by doing something with them.
95% avoided legal involvement.
95% never used drugs and those who have decreased usage.
85% talked to an adult in the past year about a possible career or thought about college.
80% maintained good or improved attendance.
For 43+ years, we’ve accomplished our goal of keeping 100% of our youth in school while in our program.

We are extending our reach to alumni mentees. Among the 250+ we support and who are otherwise at risk of dropping out, over 80% graduated high school/earned their GED and went on to find work, or attend vocational schools.

www.friendsforyouth.org

1-to-1 Mentor Ash and Mentee Jonathan

Read more Friendship Stories here:

SCAN ME
GROUP PROGRAM
END OF YEAR OUTCOME EVALUATION

In 2016 we launched a school-based group program to address rising dropout rates for low-income, BIPOC 9th graders in our local communities. We set out to prove that if youth had at least one positive relationship at school -- they would stay engaged and remain in school. Many of our mentors return year after year to stay with their students through elementary to middle and high school transitions. We have since expanded into 10 other Peninsula schools and sites. This year in particular, we see the immense need for connection from our students, who oftentimes feel isolated in their homes and school systems.

91% agree that they would recommend this program for other students.
92% agree that they would like to be part of this program next school year.
98% have not been involved with the juvenile justice system in the last 6 months.
71% try to help other people when they can vs only 38% pre evaluation
68% have a close trusting relationship with an adult outside of their family vs 31% pre evaluation
58% are practicing ways to take care of their health and emotions (examples: self care, hobbies, deep breaths, asking for support etc.) vs only 22% pre evaluation
68% try hard to do well in school vs only 38% in the pre evaluation
71% have at least 1 career path they are thinking about for when they are older vs 51% pre evaluation
62% know some of their strengths and where they can improve vs only 29% pre evaluation
67% have a safe space outside of their household they can go to when they need support vs only 32% pre evaluation

When asked "What did you like most about the Friends for Youth Group Mentoring Program":
"I was able to be more engaged with people from my school"
"How you could feel at home with the mentors"
"I liked how we were able to talk about anything without being judged."
"its very welcoming"

Hear from our mentees themselves:

www.friendsforyouth.org
OUR MENTEES AND FAMILIES

We serve low-income to very low-income BIPOC families, with many single parent households (55%) from South San Francisco to San Jose. We partner closely with local schools and nonprofits, with intentional focus in higher need areas like South San Francisco, North Fair Oaks, Redwood City, East Palo Alto and Sunnyvale. 17% of our kids identify as LGBTQ+ and 9% of our youth come from unconventional family structures like kinship and foster care.

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**Income Distribution**

- **< 10,000**: 75
- **10,000-24,999**: 50
- **25,000-49,999**: 25
- **50,000-74,999**: 25
- **75,000-99,000**: 10
- **100,000-149,000**: 5
- **>150,000**: 2

**Gender Distribution**

- **Female**: 46.9%
- **Male**: 44.8%
- **Non Binary**: 5.2%

**Race Distribution**

- **Latinx**: 77%
- **Black**: 3.7%
- **Asian**: 3.5%
- **Pacific Islander**: 3%
- **Multiracial**: 6.7%
- **Asian**: 3.5%

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**Program Statistics**

- **41 New 1-to-1 Matches**
- **59 Waitlist Kids**
- **61 Alumni Mentees**
- **139 Students in Groups at 2 School Districts, 5 Schools and 2 Sites**
- **1200 Total Individuals**

www.friendsforyouth.org
Because of the generous support from our community funders, our revenue was $1,124,795, an increase of +34% from our budget of $839,395 for FY20-21.

In addition, we passed a major milestone achieving over $1 million in funding without federal grants for the first time in Friends for Youth's history.

82% of our funding goes directly to our programs.
THANK YOU TO OUR MAJOR DONORS

Dennis F
Jim P & Elena E
Donna & Allan M
Henry P
Victoria M
Mark J
John & Pat D
Ted W
Derek B
John G
Robbi C
Mindy R
Mike J
Connie M
Steven M
Linda G
Bruce B
Andy K

Joy V
Sandeep & Sonia A
Anne C
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Robert D
Kirk A
Gary W
John W
Paul H
Jerry C
Judy H
Jane J
Christopher K
Karen W
Marcus W
Jeffrey J
Cathy K
Kevin M
“After decades of conducting surveys, analyzing data, and writing journal articles, Search Institute researchers and practitioners have arrived at a surprisingly simple conclusion: nothing, nothing has more impact in the life of a child than positive relationships.”

Developmental Assets creator Peter Benson