Prom

The Hottest Trends & Styles
- Major Sparkle
- Shimmery Colors
- Playful Prints
- And More!

Glam All Night
Stay-Put Updos
Dance-Proof Makeup
Long-Lasting Curls

Next-Level Shoes, Bags + Bling
Your Goal: Calm Down Redness

**Cleanse**
“Look for a wash with soothing ingredients and ideally without fragrances, dyes, or alcohol,” says Deanne Robinson, M.D., cofounder and president at Modern Dermatology of Connecticut and a member of the Women’s Dermatologic Society. Try Burt’s Bees’ cleanser, which calms skin with cotton extracts and aloe.

**Treat**
Slather on a serum with bisabolol, which helps aid penetration of the formula’s active ingredients. (First Aid Beauty’s has redness-reducing nourishing botanicals like ginger, licorice, and white-tea extracts.)

**Moisturize**
Ceramides (essential fatty acids that help rebuild the skin’s barrier) are great for sensitive complexions because they protect from irritating pollutants. Aveeno’s night cream is also packed with soothing oats.

**Mask Moment!**
“Due to its anti-inflammatory effects, oatmeal has been used for centuries to calm angry skin,” says Jeremy Green, M.D., of Skin Associates of South Florida. Nix pink skin in a pinch by popping on St. Ives Soothing Oatmeal Sheet Mask ($2, drugstores), or DIY by mixing together equal parts oatmeal and honey. Gently massage the mixture onto clean skin, chill for 15 to 20 minutes, then rinse.