



ONLINE SAFETY

Tips for parents and carers to support their child in staying safe online

Here are some key steps to help you Safeguard your child(ren) when they are online:

- Ensure that you minimise the risks of accessing dangerous or inappropriate content by setting effective **parental controls** on all internet-enabled devices. Follow this link for guidance on how to do this: <https://www.internetmatters.org/parental-controls/>
- In today's modern world, children often have access to multiple internet-enabled devices but an effective way of monitoring your child's online activity is limiting the amount of devices which are internet-enabled and having these in a **central, open and 'family' location** so that you can monitor their activity
- Explain to your children that they must **prioritise safety** - especially the **importance of privacy**. They should not share personal information online (such as name, address, telephone number or which school they attend)
- Make time regularly to **review the search and internet history** of your child's device to ensure that the content they are accessing is appropriate and to check that your parental controls are still highly effective and up-to-date
- Spend time **discussing and talking about your child's online activity**; find out about their favourite videos, websites and content
- Maintain boundaries by setting **time limits for screen time** and encourage family time to talk, play games, be active, etc.

As a parent or carer, you can download a useful toolkit, resource sheet and family agreement sheet for online activity which has been produced by Childnet using the following link: <https://www.childnet.com/parents-and-carers/parent-and-carer-toolkit>

In addition, you can access Childnet's Parent and Carer hub using the following link: <https://www.childnet.com/parents-and-carers>

If you have any questions relating to accessing online or blending learning or associated technical issues (including username or password resets) please use the following link: <https://www.redhill.dudley.sch.uk/ict-support-page>