

ant

menu

breakfast, lunch & dinner

# breakfast

weekdays until 4pm | weekends & public holidays until 12pm

## **Avo Toast (V)** 70

white sourdough, rye or mosbolletjie | avo | hummus | radish | spring onions | pumpkin & sesame seeds

## **Mushrooms on Toast** 90

white sourdough, rye or mosbolletjie | scrambled eggs | creamy mushrooms | bacon | parmesan

## **Breakfast Flat Bread** 75

flat bread | scrambled egg | bacon | spring onion | cheese sauce

## **Eggs & Toast** 35

white sourdough, rye or mosbolletjie

## **Add**

bacon 25 | mushrooms 25 | chips 25 | avo 20 | spinach 15 | haloumi 25 | tomato 6 | 40g smoked salmon trout 45

## **WF Breakfast\*** 80

2 eggs of your choice | bacon | mushrooms | fried tomato

## **Eggs Benedict**

white sourdough, rye or mosbolletjie | poached eggs | hollandaise

## **spinach (V)** 60

## **bacon** 85

## **smoked salmon trout (40g)** 95

## **Salmon Trout & Egg\*** 100

40g smoked salmon trout | scrambled eggs | cream cheese | avo

## **Omelette\*** 105

3 egg omelette | bacon | mushrooms | cheddar

## **Basil Pesto & Cheddar Frittata** (open omelette) 80

3 eggs | basil pesto | baby spinach | cheddar | parmesan | flat bread

## **Chicken Livers\*** 85

balsamic vinegar glazed chicken livers | scrambled eggs | green pepper & sambal oelek relish | crème fraîche | pickled onions

## **Asparagus & Egg\*** 100

poached eggs | asparagus | hummus | fried onion | spinach | haloumi | avo | pumpkin seed dukkah

...more  
breakfast...

\* served with a choice of: white sourdough, rye or mosbolletjie  
V vegetarian | V+ vegan | N nuts

# more breakfast

weekdays until 4pm | weekends & public holidays until 12pm

## **Short Rib Hash\*** 95

cubed potatoes | slow cooked short rib | fried egg | cucumber | chimichurri

## **Egg & Rice Pilaf (N)** 100

poached eggs | chicken breast | bacon xo | rice pilaf | yoghurt | flat bread | mint

## **Baked Beans & Bangers** 90

white sourdough, rye or mosbolletjie | chakalaka baked beans | poached eggs | pork bangers

## **Bacon & Banana French Toast (N)** 85

white sourdough, rye or mosbolletjie | banana | bacon | cream cheese | cashew nuts | rosemary honey

## **Yoghurt & Fruit Bowl (V)** 85

yoghurt | fresh fruit | berry compote | pumpkin seeds | honeycomb

## **Honey Butter Pancake (V)** 65

a thick pancake | honey butter | vanilla ice cream | milk crunch

\* served with a choice of: white sourdough, rye or mosbolletjie

# toasted sandwiches

served with potato crisps

## **Chicken & Avo Mayo\*** 90

chicken breast | avo | parmesan | avo mayo

## **Fried Chicken Sandwich** 90

deep fried chicken breast | mosbolletjie | pickled cucumber | mustard | honey butter

## **Aubergine, Tomato & Mozzarella\*** (V) 85

marinated aubergine | tomato | basil | mozzarella balls

## **Bacon & Brie\*** 85

bacon | brie | grape preserve

\* served with a choice of: white sourdough, rye or mosbolletjie

# flat bread

## **Beef Flat Bread (N)** 100

sliced cold seared beef fillet | baba ghanoush | spinach | cashew nuts | crispy onions | feta | mint | mint vinaigrette

## **Chicken Korma Flat Bread** 90

a chicken breast | curry sauce | yoghurt | gooseberry chutney | cucumber

## **Pork Belly Flat Bread** 90

fennel & parsley pork belly | chimichurri | red cabbage coleslaw

V vegetarian | V+ vegan | N nuts

# steamed buns

two chinese steamed buns with filling

## **Prawns & Avo Mayo Steamed Bun** 135

4 battered deep-fried prawns | avo mayo | pickled carrot | cucumber | red onion | radish | sweet lime dressing

## **Vietnamese Steamed Bun** 70

pickled carrot | cucumber | red onion | radish | secret sauce

## **Katsu Chicken Steam Bun** 95

panko crusted chicken | red cabbage coleslaw | chilli crisp | WF peri peri sauce

## **Pork Belly Steamed Bun** 100

pulled pork belly | hoisin & 5 spice bbq sauce | pickled cucumber | spring onions | coriander

# wf burgers

## **The Classic Burger** 125

brioche bun | 180g burger patty | iceberg lettuce | pickled cucumber | red onion | dried tomatoes | ranch dressing | chips

### **Add**

pepper sauce 35 | parmesan cream 48 | biltong sauce 48 | cheese sauce 40 | porcini mushroom sauce 45

## **W&F Beef Burger** 140

brioche bun | 180g burger patty | caramelised onions | secret sauce | cheese sauce | chips

## **Bacon & Cheese Burger** 160

brioche bun | 180g burger patty | bacon jam | cheddar | iceberg lettuce | dried tomatoes | ranch dressing | chips

## **Biltong & Jalapeño Burger** 160

brioche bun | 180g burger patty | biltong | avo mayo | iceberg lettuce | dried tomatoes | feta | jalapeño relish | chips

## **W&F Chicken Burger** 105

brioche bun | chicken breast basted | caramelised onions | red cabbage | mayo | bbq basting | secret sauce | chips

# small plates

**"Sharing food is a form of expression."  
Maya Angelou**

## **Flatbread | White Sourdough | Rye | Mosbolletjie** 20

### **Add**

butter 5 | baba ghanoush or hummus 35 | roasted red pepper & nut purée (N) 45

## **Snails** 98

garlic, parsley, spring onion & feta compound butter | snails | oven roasted bread

## **Rib Eye Carpaccio** (N) 135

seared rib eye | WF braai spice | peanut & chilli oil salsa | cured egg yolk | oyster mayo | potato crisps | chives

## **Prawn Cocktail** 130

escabeche prawns | avocado | marie rose | lime | iceberg lettuce | tomato powder | chives

## **Ox Tongue** 80

sliced ox tongue | balsamic sweet mustard | celery & parsley relish | crispy onions | 7 spice seasoning

## **Octopus** 180

octopus | tomato | red onion | olives | feta | potatoes | gremolata | quinoa | citrus, garlic & oregano dressing

## **Haloumi** (V) 95

fried or grilled haloumi | kataifi | rosemary honey

## **Marinated Aubergine** (V) 85

marinated aubergine | mozzarella balls | tomatoes | basil | olive oil

## **Mushroom & Parmesan** (V) 100

a selection of mushrooms | parmesan | parmesan crisp | porcini powder

## **Pork Rib Tapa** 100

pork ribs | WF rib basting | crispy potato chips

## **Duck & Beetroot** 130

sous-vide duck breast | lavender | mixed berry & beetroot purée | wonder sauce | radishes | black olives & coconut crumble

...more  
small plates...

# more small plates

"...food-sharing is an innate way that we show our love for people we care about."  
**Dr. Theresa Nicassio**

## Flatbread | White Sourdough | Rye | Mosbolletjie 20

### Add

butter 5 | baba ghanoush or hummus 35 |  
roasted red pepper & nut purée (N) 45

## Chicken Wings 100

chicken wings | WF glazed | bbq basting |  
mayo | crispy potato chips

## Seared Tuna 110

sesame seed & 7 spice crusted seared tuna |  
bean sprouts | corn | red onion | cucumber |  
radish | spicy asian dressing

## Short Rib 140

slow cooked short rib | WF glazed |  
red cabbage coleslaw

## Calamari Tapa (N) 105

crispy fried calamari tubes & heads |  
apple | red onion | radish |  
roasted red pepper & nut purée

## Pork Belly 110

pork belly | apple & fennel purée | apple | fennel |  
pickled mustard seeds | crispy pork skin

## Chicken Livers 95

balsamic vinegar glazed chicken livers |  
green pepper & sambal oelek relish |  
crème fraîche | pickled onions | melba toast

## Pickled Fish 95

cape malay pickled fish | coriander chutney |  
poppadum

## Cigars (3 per serving)

slow cooked short rib | cowboy butter 110  
hoisin bbq pork belly | pineapple & chilli ketchup 100  
mint, feta & haloumi | honey ranch dressing (V) 90

# salads

## Smoked Salmon Trout 155

mixed lettuce | smoked salmon trout | radish |  
cucumber | celery | red onion | tomatoes |  
apple | fennel | wasabi mayo

## Honey Sesame Chicken 145

mixed lettuce | chicken breast | red onions |  
green pepper | apple | pomegranate |  
sesame mayo | soy & honey-sesame dressing

## Brie Salad (V|N) 145

mixed lettuce | quinoa | pumpkin seeds |  
sesame seeds | sunflower seeds | beetroot |  
broccoli | green beans | brie | cashew nut |  
sesame mayo

## Tuna Vietnamese 187

sesame seed & 7 spice crusted seared tuna |  
mixed lettuce | pickled carrot | cucumber |  
red onion | radish | avo mayo | sweet lime dressing

## Greek Salad (V) 110

mixed lettuce | tomatoes | olives | feta |  
green pepper | red onion | greek salad dressing

# vegetarian

## Aubergine (V+) 140

miso & ginger glazed aubergine | pineapple |  
coconut rice | coconut flakes | cucumber |  
basil | teriyaki sauce

## Mushroom (V) 145

porcini mushroom purée | a selection of mushrooms |  
parmesan | asparagus | mash potatoes |  
parmesan cream sauce

## Lentil Curry (V|N) 145

lentils | basmati rice | potatoes | coconut flakes |  
toasted almonds | spinach purée | sambals |  
caramelised banana

# poultry

## **Full Chicken** 195

+/- 1kg full chicken | bbq basting or WF peri-peri sauce | red cabbage coleslaw | chips

## **Thai Green Chicken (N)** 165

chicken breasts | rice noodles | cucumber | peanuts | basil | mint | coconut & green thai sauce

## **Chicken, Mushroom & Parmesan** 170

chicken breasts | a selection of mushrooms | mash potatoes | porcini mushroom sauce | parmesan

## **Wings 1 Kg** 220

1 kg wings | bbq basting | ranch dressing | chips

# seafood

## **Calamari** 210

grilled or fried calamari tubes & heads | chips | miso mayo | nori

## **Prawns (N)** 265

8 prawns | rice pilaf | spicy garlic sauce

## **Hake** 170

beer battered fried or grilled | chips | WF tartar sauce | pea hummus

## **Teriyaki Salmon** 390

grilled salmon | teriyaki sauce | green beans | confit fennel | mash potatoes | yoghurt | grapefruit foam | teriyaki & dill sauce | nori

## **Hake & Miso** 185

grilled hake | white rice | spinach purée | charred broccoli | olives & caper miso sauce | olives | sesame seeds

# combos

## **Seafood Combo** 320

beer battered fried or grilled hake | grilled or fried calamari tubes & heads | 3 prawns | coconut rice | miso lemon butter sauce

## **Tuna & Calamari** 280

sesame seed & 7 spice crusted seared tuna | grilled or fried calamari tubes & heads | greens | honey, soy & sesame noodles | avo mayo | nori

## **Calamari & Prawn** 280

grilled or fried calamari tubes & heads | 3 prawns | chips | miso lemon butter sauce | miso mayo

## **Half Chicken & Short Rib** 210

half chicken | bbq basting or WF peri peri sauce | short rib | WF braai spice | chakalaka | chips

## **Fillet & Prawn** 280

200g fillet | 3 prawns | coconut rice | asparagus | spicy garlic sauce | WF glazed

## **Tom Yum Chicken & Prawns** 220

chicken breasts | 4 prawns | charred corn | coconut rice | coriander | prawn & tom yum sauce

## **BBQ Grill** 300

250g sirloin | short rib | pork ribs or chicken wings | chips | chakalaka | WF glazed | WF rib basting | WF braai spice | jus

## **Mixed Grill** 340

250g sirloin | 200g lamb chops | pork ribs or chicken wings | chips | WF glazed | WF rib basting | jus

## **Pork Belly & Prawn (N)** 255

fennel & parsley pork belly | 4 prawns | rice pilaf | baby spinach | prawn & tom yum sauce

## **Ribs & Wings** 325

400g pork ribs | 8 wings | WF rib basting | bbq basting | ranch dressing | chips

## **Ribs & Prawns** 345

400g pork ribs | 6 prawns | WF rib basting | spicy garlic sauce | rice

## **Wings & Short Rib** 245

400g short rib | 6 wings | WF braai spice | bbq basting | chakalaka | chips

## **Half Chicken & Lamb Chops** 260

half chicken | bbq basting or WF peri peri sauce | 200g lamb chops | chakalaka | WF glazed | chips

# comfort food

## **Oxtail** 300

beer, bay leaf & coriander braised oxtail | green beans | mash potatoes | gremolata powder

## **Short Rib** 230

slow cooked short rib | pickled cauliflower | mash potatoes | bone marrow | gremolata powder | bacon xo jus

## **Lamb Curry** 295

leg of lamb | black rice | coconut flakes | gooseberry chutney | crispy onions | baby marrow | pumpkin seed dukkah | coriander

## **Pork Belly (N)** 220

fennel & parsley pork belly | peanuts | pea hummus | black rice | basil | jus

## **Lamb Shank** 345

600g slow braised lamb shank | tomato & red wine sauce | mash potatoes | carrots | mint dressing

## **Chicken Curry (N)** 180

chicken breast | basmati rice | potatoes | coconut flakes | toasted almonds | spinach purée | sambals | caramelised banana

**"Food is a lot of people's therapy – when we say comfort food, we really mean that. It's releasing dopamine and serotonin in your brain that makes you feel good."**  
**Brett Hoebel**

## classic cuts

choose one side | onion rings | WF glazed | jus

**Fillet** 200g 220

**Sirloin** 250g 180

**Rib Eye** 350g 260

## special cuts

available in different sizes | priced by weight

### **Dry Aged Meat on the Bone**

greens | chips | onion rings | WF glazed | porcini mushroom or pepper sauce

### **Dry Aged Steak & Hollandaise**

dry aged steak | mash potatoes | asparagus | onion rings | garlic & soy sauce hollandaise

### **Tomahawk**

confit garlic, spring onion & feta compound butter | parmesan chips | onion rings | WF glazed | chimichurri

## meat & more

### **Rib Eye & Bone Marrow** 310

350g rib eye | bone marrow | soy & onion sauce | bone marrow & caramelised onion relish | roasted vegetables | WF glazed | chips | jus

### **Rib Eye & Mustard** 280

350g rib eye | mustard sauce | WF glazed | jus | chips

### **Fillet & Parmesan** 290

200g fillet | porcini mushroom purée | asparagus | king trumpets | mash potatoes | parmesan cream sauce | jus

### **Sirloin & Greens** 220

250g sirloin | greens | mash potatoes | pickled onions | WF glazed | jus

### **Biltong & Sirloin** 240

250g sirloin | mash potatoes | roasted butternut | onion rings | biltong sauce

### **Ostrich Steak (N)** 230

moroccan marinated ostrich | grape preserve | pickled beetroot | roasted butternut | rice pilaf | pumpkin seed dukkah | yoghurt

### **Lamb Chops** 325

400g lamb chops | green beans | mash potatoes | WF glazed | jus

### **Pork Ribs** 255

400g pork ribs | chips | WF rib basting

# Extras

- Confit Garlic** 40
- Greens** 40
- Cauliflower** 40
- Chips & Miso Mayo** 35
- Mash Potatoes** 39
- Oven Roasted Vegetables** 39
- Coconut Rice** 30
- Black Rice** 35
- Rice Pilaf (N)** 40
- Onion Rings** 20

# Sauces

- Japanese Garlic Sauce** (contains soy sauce) 40
- Pepper Sauce** 35
- Mustard Sauce** 35
- Parmesan Cream** 48
- Porcini Mushroom Sauce** 45
- Biltong Sauce** 48
- Miso Lemon Butter Sauce** 35
- Cheese Sauce** 40
- Garlic & Soy Sauce Hollandaise** 40

# after dinner drinks

**Whiskey Don Pedro** 60  
jameson

**Don Pedro** 45  
amarula | kahlua | frangelico

**Irish Coffee** 60  
jameson

**Grappa Veneta** 42

# Desserts

**Porcini S'more** 90  
torched porcini marshmallow | porcini shortbread | chocolate & cocoa nib truffle | meringue | vanilla ice cream | caramel chocolate foam

**White Chocolate Cheesecake** 80  
white chocolate cheesecake | mixed berry & star anise sauce | vanilla sablé | white chocolate & coconut powder | lemon fluid gel

**Chocolate & Peppermint** 90  
aero peppermint chocolate mousse | caramel | white chocolate & peppermint ganache | chocolate wafer | peppermint gel | honeycomb | cream mousse

**Local is Lekker** 80  
malva pudding | cinnamon custard | cinnamon pap tuile | milk crunch | orange marmalade gel | gooseberries

**Ice Cream & Chocolate** 86  
vanilla ice cream | chocolate cream | honeycomb | chocolate powder | milo meringue | milo sauce

**Lemon & Fennel Sundae (N)** 80  
olive oil & sumac gelato | caramelised sugar bits | olive oil & sumac cake | appeltiser jelly | almonds | poppadum tuile | fennel caramel

# bottled mineral water

**Aquavita** (still & sparkling) 500ml 22

**15<sup>th</sup> On Grace** (still & sparkling) 750ml 45

**Acqua Panna** (still) 500ml 45 | 750ml 75

**S.Pellegrino** (sparkling) 500ml 45 | 750ml 75

# cold beverages

**Soft Drinks** 28

**'Tizers** 38

**Iced Tea** 32

**Toni Glass Iced Tea** 32  
berry baobab | kiwi cucumber & mint

**Toni Glass Iced Tea** (sugar free) 32  
litchi & lime | sweet apple gooseberry

**Fresh Squeezed Juice** 48

**Ginger Shot** 12

**Milkshakes** 45  
oreo | chocolate | strawberry | coffee | milo

**Iced Coffee** 43  
choc cookie | salted caramel

# hot beverages

**Coffee** 32

**Cappuccino** 36

**Cremaccino** 42

**Espresso Single** 25

**Espresso Double** 30

**Latte** 38

**Flavoured Latte** 43  
turmeric & honey | matcha green  
beetroot & ginger | spiced chai

**Milo** 43

**Hot Chocolate** 43

**Water & Honey** 15

**Toni Glass Teas** 30  
camomile | earl grey | masala chai  
lemongrass ginger | vanilla black

**Teas** 25  
roibos | five roses | chamomile | earl grey



10% surcharge for 8 pax or more  
right of admission reserved  
all masses refer to approximate mass uncooked,  
food items may contain traces of sesame seeds,  
nuts or tree nuts  
should you have any food allergies,  
please enquire about our ingredients &  
preparation methods