Thank you for helping us keep the planet clean. Please follow these simple guidelines to avoid injury or distress when doing a cleanup.

Volunteers should wear a glove on the hand they are using to pick up rubbish. Volunteers should wear closed-toe shoes (no flip-flops or bare feet) at all times, and wear clothing and sun-block to protect from the sun.

Don’t touch or pick up dead animals, or attempt to move injured animals. Instead, notify the local council to make them aware of the animals and their location.

Volunteers should never pick up syringes, needles, or any hazardous objects. Mark the area and notify the council of the hazardous item’s location. Those items will need to be disposed of properly.

Always stay together by working in teams of at least two.

Be cautious and aware of sensitive habitat areas (i.e. wildlife, sand dunes). Be cautious of the ocean and aware of the tideline. Keep a distance back from the tideline as waves can roll in with strong force that might be expected. Avoid over-exertion, sunburn, heat exhaustion and dehydration. Bring and drink water in a reusable bottle.

All children under the age of 14 should be supervised by an adult or guardian at all times.

Volunteers should not lift anything too heavy - when in doubt, don’t try! Do not go near any suspected hazardous materials (e.g., propane tanks, oil or chemical drums, etc.). If debris is spotted that a volunteer suspects to be hazardous or potentially hazardous, the debris should be left untouched and the site should be immediately informed.

While it is highly unlikely that marine debris will be radioactive and hazardous, and although marine debris items such as drums or chemical canisters are uncommon, it is important that marine debris that is suspected as being hazardous be assessed and removed by trained professionals who can ensure the public’s safety.

The waste collected can be recycled using the nearest recycling bins or centre for your location.

Make sure you take lots of photos to document your cleanup and tag us in. Have fun and stay safe!