One day International Health Promoting Campuses Symposium
Sunday 7th April 2019, 9.30 am – 3.15 pm
Sudima Hotel, Rotorua, New Zealand

8.30  Optional Qigong  Dr Jackie Blunt - Takitapu Room

9.30  Powhiri and welcome  Trevor Simpson, Dr Anna Thorpe, Karen Hicks

9.45  Brief introductions  Dr Anna Thorpe

10.00  One planet campuses and communities: Universities and colleges facing the Anthropocene
Trevor Hancock, Public Health Physician & retired Professor, School of Public Health and Social Policy, University of Victoria, Canada

10.35  Tying Health Promotion in Higher Education to Regional & Global Agendas
Dr Gerry Eijkemans, Unit Chief, Health Promotion and Social Determinants of Health, PAHO Pan American Health Organization/WHO World Health Organization, USA

11.10  Whole university leadership for health, wellbeing and sustainability
Sue Powell, Professor of Public Health, Manchester Metropolitan University, UK & Co-Chair of Healthy Universities UK

11.35  Dr Matt Dolf, Director Strategic Support, UBC, Canada & Chair of Canadian Health Promoting Campuses Network (by video link, questions taken by Professor Joan Bottorff, UBC)

12.00  Connecting exercise  (Dr Jackie Blunt)

12.10  LUNCH - Okareka Room

12.55  Meditation exercise (Dr Jackie Blunt)

1.05  The strategic implementation of health and wellbeing

1.10  1. Potential lessons from teaching anti-racism in the context of Aotearoa New Zealand
(Moderator:  Dr Anna Thorpe) - Rotomahana Room

Dr Heather Came, Senior Lecturer, Taupua Waiora Centre for Māori Health Research, AUT
Auckland University of Technology, & co-chair of STIR: Stop Institutional Racism, Aotearoa NZ

1.55  Integrating indigeneity: A new guide for practice
Karen Hicks, Professional Teaching Fellow, University of Auckland, Senior Lecturer Health Promotion, Unitec and Dr Anna Thorpe, Health Promoter, Canterbury District Health Board, NZ, joint co-chairs of the TWANZ Tertiary Wellbeing Aotearoa NZ network

2.10  2. Promoting mental health on campus (Moderator:  Dr Jackie Blunt) - Takitapu Room

Creating health promoting campus environments to support relaxation
Yuqing He, PhD student, Lincoln University, NZ

1.40  Raising Awareness of Mental Health in Higher Education: A working model for teachers
Josephine NwaAmaka Bardi, Lecturer & Lead for mental health research, University of East London & ESRC PhD student, Nottingham University, UK

2.15  AFTERNOON TEA - Okareka Room

2.30  Panel discussion and Call to Action (Moderator: Karen Hicks)

3.15  Close

4.00  IUHPE opening - Energy Event Centre