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FITNESS. FAMILY. COMMUNITY.



SUMMER SPIN SCHEDULE							
	MON	TUES	WED	THUR	FRI	SAT	SUN
6:00 AM - 6:50 AM	JANA			SHANNON			
6:30 AM - 7:20 AM		TANYA	ERIN		MICHELLE		
7:00 AM - 7:50 AM				TANYA			
9:00 AM - 9:50 AM						TANYA	HANNAH
9:30 AM - 10:20 AM	TANYA	HANNAH	TANYA	JANA	TANYA		
10:00 AM - 10:50 AM						TANYA	SARAH
10:30 AM - 11:20 AM	TANYA		TANYA		TANYA		
4:00 PM - 4:50 PM		SHANNON		ROZ			
5:30 PM - 6:20 PM	TANYA	JANA	AMANDA	SARAH			
6:30 PM - 7:20 PM		HANNAH		HANNAH			