



# Golden Triangle Cooperative

## Career and Technical Education Curriculum Family and Consumer Sciences

### Life Management

**Note: The outlined content may be taught as a semester course or may be integrated as a unit in comprehensive courses.**

CVT=Montana Career and Vocational Technical Education

<http://opi.mt.gov/PDF/Standards/ContStds-CareerTech.pdf>

WCS=Montana Workplace Competency

<http://opi.mt.gov/PDF/Standards/ContStds-Workplace.pdf>

TS=Montana Technology Standards

<http://opi.mt.gov/PDF/Standards/10ConStds-Tech.pdf>

**GTCC= Golden Triangle Coop Curriculum**

**Performance Based Standards:** Using reading, writing, listening, speaking, and technology skills, the student will:

**GTCC.LM.1** Evaluate career choices and individual interests and aptitudes emphasizing the use of technology. (WCS3B8#1,3,4) (WCS3B12#1,3,4) (WCS5B8#1,2) (WCS5B12#1,2) (WCS6B8#4-6) (WCS6B12#4-6)

**GTCC.LM.2** Apply financial management principles to budgeting, financial planning, consumerism, transportation, insurance, housing and clothing. (WCS1B8#2) (WCS1B12#2) (WCS6B8#1) (WCS6B12#1)

**GTCC.LM.3** Taking into consideration community resources, establish management techniques for time, goal setting, decision making and work vs. family. (WCS1B8#1) (WCS1B12#3) (WCS2B8#3) (WCS4B4#1)

**GTCC.LM.4** Establish good eating habits and wellness maintenance for the individual and family. (WCS6B8#1) (WCS6B12#1)

CONCEPTS	OBJECTIVES
<b>FCSIm.01 Managing Job and Career</b>	<b>FCSIm.01 Managing Job and Career</b>
.01 Career Consideration	.01 Compare and contrast the effects of income, lifestyle and impact on family on

	<p>career choice.</p> <p>a. Consider aptitudes, interests, and skills as they relate to career choices.</p>
.02 Job Attainment Skills	<p>.02 Create a portfolio that includes a resume, cover letter, and job application.</p> <p>a. Research, develop, and demonstrate responses to possible interview questions.</p>
.03 Career Pathways	<p>.03 Recognize career opportunities utilizing family and consumer science skills.</p> <p>a. Provide job shadowing, observations and work experiences whenever possible.</p>
.04 Soft Skills for Job Retention	<p>.04 Understand the importance of having a strong work ethic, demonstrating responsibility, understanding diversity, and utilizing effective communication skills for a successful employee/employer relationships.</p>
<b>FCSIm.02 Managing Finances</b>	<b>FCSIm.02 Managing Finances</b>
.01 Budgeting and Banking Skills	<p>.01 Demonstrate practical skills in writing checks and balancing a checking/debit account, choosing a savings plan and setting up a budget.</p>
.02 Financial Planning	<p>.02 Plan for lifelong financial security by investigating savings and investing tools.</p>
.03 Consumer Skills	<p>.03 Create a research paper covering consumers' rights and responsibilities; develop and demonstrate skills in comparison shopping.</p>
.04 Credit	<p>.04 Analyze types of credit.</p> <p>a. Demonstrate appropriate use of credit.</p>
.05 Transportation	<p>.05 Apply consumer skills to the purchase, and maintenance of vehicles.</p>
.06 Insurance	<p>.06 Assess how individual/family needs determine the different types of insurance necessary.</p>
.07 Living Environments	<p>.07 Determine and evaluate factors that affect housing decisions.</p>
.08 Clothing	<p>.08 Determine examine factors that affect</p>

	clothing decisions.
<b>FCSIm.03 Managing Personal/Family Resources</b>	<b>FCSIm.03 Managing Personal/Family Resources</b>
.01 Time	.01 Assess use of personal time and apply principles of effective time management skills.
.02 Values and Goals	.02 Examine personal values and formulate personal goals.
.03 Decision Making	.03 Evaluate decision making skills as it relates to management of time, money, activities, work, and relationships.
.04 Community Resources	.04 Research available community resource agencies.
.05 Managing Work and Family	.05 Analyze the multiple responsibilities and roles of family members.
.06 Technology	.06 Explore and utilize technology through reading, writing, and presenting.
<b>FCSIm.04 Managing Individual and Family Wellness</b>	<b>FCSIn.04 Managing Individual and Family Wellness</b>
.01 Eating for Good Health	.01 Assess nutritional needs and demonstrate the ability to provide or prepare nutritionally balanced meals.
.02 Maintaining Family Wellness	.02 Determine the factors that define family wellness and learn to incorporate, maintain, and develop these factors.