Like a guard, you appreciate the value of order, and understand that routines can help people succeed. Your respect for tradition and the feelings of others is valuable, but, like many people, you may be missing opportunities to develop as a person, and to challenge others to do the same.

Want to develop your rebel talent? Here’s something to try tomorrow: Think of all your daily routines — what you wear, what you have for breakfast, how you get to work, etc. — and see how many of them you can disrupt, just for one day. Before bed, take a few minutes to reflect: What worked out well? And what else might you change?

Read REBEL TALENT by Francesca Gino to learn more about breaking the rules. Purchase at RebelTalents.org