



# Personal Leadership Development Challenge

## Part 2: Personality Assessment

There is a brief video describing the activity, and a student document with details (see below).

### Your role

- Assign video to students to watch
- Students will be completing a free personality assessment using an online tool.
- Send supporting document to students. The assignment is detailed in the student document (copied below).
- If you want them to continue with the Group Discussion, or just continue the activity, you will need to let them know that is part of their assignment.
- You can also choose to change the assignment.

### *Copy of Student Document*

#### Personality Assessment

The personality assessment test will take about 10 minutes. Answer honestly, and try not to leave any “neutral” answers. The assessment will take an in-depth look at your personality, allow you to reflect on your personality type, and give you more information about your leadership style.

To take the test, go to <https://www.16personalities.com/free-personality-test>, and then scroll down and answer the questions. Once you complete the test, read through the results, including the names of other people who had similar results to you.

Now that you’ve received your results, you can complete your assignment.

#### Assignment

What was your personality type?

Do you agree or disagree with your personality type?

Who are some famous people with the same personality type?

What surprised you about your results?

Consider your role as a leader within your TSA chapter, and within your teams for your competitive events.

What do you bring to your team?

How do your strengths and weaknesses align with your contributions to your team?



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### Group discussion

If your advisor wants to continue the activity, or turn it into a group discussion:

Take some time to discuss your results with a team member or group.

- Do they agree with the personality type you received?
- Do you agree with the personality types they received?
- What did you learn from this activity that will help you be a leader in your TSA chapter, and/or work within your team groups?

It's important to know and understand your own, and your team's, strengths and weaknesses, so you can successfully contribute, and work together.