The Youth Education Committee offers a variety of student workshops. Our lesson plans support Washington State's Essential Academic Learning Requirements. All presentations are interactive, hands-on and can be adapted to the needs of students. A walk to look for and identify birds can be added to any of the presentations below and usually lasts at least 30 minutes. For more information or to schedule a workshop, contact: youthprograms@eastsideaudubon.org or call 425-576-8805.

**Introduction to Birds:**
Age range: Kindergarten through fifth grade
Length: 30-40 minutes
Description: The workshop teaches students what makes a bird a bird. Students will connect various birds with their need for a supportive environment and will learn to appreciate birds as a part of the wonder of the natural world.

**Birds: A Detailed Introduction**
Age range: Sixth through eighth grades
Length: 45-60 minutes
Description: The workshop explores what makes a bird a bird: vertebrae, egg laying, endothermy, feathers, flight, syrinx.

**Bird Identification:**
Age range: Fourth through twelfth grades
Length: 40 minutes
Description: The workshop teaches students how to identify birds by examining shape, field marks, behavior, etc. They will use this knowledge to find and identify birds. This workshop is best followed by a walk.

**Using Binoculars:**
Age range: Third through eighth grades
Length: 20 minutes
Description: The workshop focuses on how binoculars work. Students will learn how to follow birds in motion with binoculars and how to communicate their positions through descriptive words. Students will practice their newly learned skills on a bird walk.
**Using Field Guides:**
Age range: Third through fifth grades  
Length: 20 minutes  
Description: The workshop focuses on teaching students how to use a field guide. The students will learn the parts of a field guide and how to locate specific birds and read a field guide.

**Backyard Birds:**
Age range: Kindergarten through twelfth grade  
Length: Depends on the audience  
Description: The workshop focuses on identifying the common birds seen in our area. The workshop is best if it includes a walk to find and identify these and other birds.

**Introduction to Owls:**
#1  Age range: Sixth through twelfth grades  
Length: 45-60 minutes  
Description: The workshop focuses on the general characteristics of owls. Students will learn to appreciate how form and function work together in the owl’s ears, eyes, beaks, talons and feathers. In addition, they will learn how an owl hunts, catches and eats prey.  
#2  Age range: Third through fifth grades (may be adapted for primary grades)  
Length: 45 minutes  
Description: The workshop focuses on the general characteristics of owls: food, vision, hearing, beak, etc.

**Owl Pellets:**
Age Range: First through eighth grades  
Length: 20-90 minutes  
Description: This presentation introduces students to owl pellets and can vary in length. For the shorter presentation, the students gain an overview of owl pellets. The longer lesson plan includes taking apart owl pellets and examining the material (bones, fur, etc.) found inside. The latter includes a small fee.
**Talons:** An add-on to other workshops  
Age range: First through fifth grades  
Length: 20 minutes  
Description: The workshop examines the talons of raptors: location, definition and use.

**Nests:**  
Age range: Kindergarten through third grade  
Length: 20-30 minutes  
Description: The workshop focuses on the various nests that birds build.

**Migration:**  
Age range: Fourth through eighth grades  
Length: 45-60 minutes  
Description: This lesson plan focuses on the migration of birds between summer and winter habitats. Students will learn the benefits and challenges of migration and play a game to reinforce their knowledge.

**Bird Beaks and Food:**  
Age range: Kindergarten through fifth grade  
Length: 30-40 minutes  
Description: The workshop focuses on the types of food that birds eat with special emphasis on beaks. Students can make a simple feeder to take home.

**Habitat**  
Age Range: 4-8 grades  
Time: 45 minutes  
Description: The lesson plan focuses on some of the habitats in Washington State, their importance to birds, and the birds that reside in those locations.