RESOURCES FOR TEACHERS AND PARENTS

The Best Places To Find Birds On The Eastside
These places have a variety of opportunities for getting outside. All of them have birds. Enjoy yourself!

Bellevue
Bellevue Botanical Garden
http://www.bellevuebotanical.org

Mercer Slough Nature Park
https://parks.bellevuewa.gov/parks-and-trails/parks/mercer-slough-nature-park/

Issaquah
Cougar Mountain Regional Wildland Park

Kenmore
St. Edwards State Park
http://parks.state.wa.us/577/Saint-Edward

King Country
Lake Sammamish State Park
http://parks.state.wa.us/533/Lake-Sammamish

Kirkland
Juanita Bay Park (This is a favorite of Audubon members. The birds are WONDERFUL!)

Totem Lake Park

Redmond
Marymoor Park
https://en.wikipedia.org/wiki/Marymoor_Park
**Fun Outdoor Activities**
Check out these websites for some great ideas on fun ways to see and learn about birds.

**BirdSleuth K-12**
http://www.birdsleuth.org/pennington/
Feathered Friends Activities. Engaging science lessons brought to you by your local birds!

**The Cornell Lab of Ornithology BirdSleuth K-12 Free Resources**
(Additional resources are available at a cost.)
http://www.birdsleuth.org/free-resources
Lessons such as Bird Communication, Life in a Nest, Investigating Evidence and more.

**Educationpossible**
https://educationpossible.com/10-bird-learning-activities-kids/
10 activities for kids to learn about birds.

**Scholastic Lesson Plan**
https://www.scholastic.com/teachers/lesson-plans/teaching-content/beautiful-birds/
Information about projects for both teachers and families.

**You Tube: Birds**
https://www.youtube.com/watch?v=jF0Id-hH9y4
Numerous videos about birds. Many of them work well for kids.

**Websites About Birds**

**All About Birds**
https://www.allaboutbirds.org/guide/search/
A bird guide, bird cams, birding basics, news, features and information on how to get involved.

**Audubon (The Eastside: Kirkland, Redmond, Bellevue, etc.)**
https://eastsideaudubon.org
Information on how to get involved and get outside. Information about birds, field trips, classes, best places to bird and more.

**Audubon (National)**
http://www.audubon.org/birds
News and special features about birds, getting outside, conservation and information about the organization. The “Birds” section is a guide to birds.
Cornell Lab of Ornithology  All About Birds
http://www.birds.cornell.edu/Page.aspx?pid=1803
A bird guide, bird cams, birding basics and Living Bird magazine.

Cornell Lab Merlin
Choose one of your bird pictures to download on this web site. Merlin will give you possible species. Your pictures of birds will help train this new program.
https://www.engadget.com/2015/06/07/cornell-bird-photo-id/

Kidzone:  All About Birds
http://www.kidzone.ws/animals/birds1.htm
Information about birds, online activities and lesson plans for kids preschool to fourth grade.

National Geographic
https://www.nationalgeographic.com/animals/birds/?source=animalsnav
Information, videos and stories about birds.

Audubon Adventures
http://www.audubonadventures.org/Interactive_Puzzles.htm
Coloring pages, puzzles, fun activities

Books for Children
Here you will find a variety of books on birds (juveniles and adults), nests, and more for young readers. (Note: Information is from Amazon.com)

About Birds:  A Guide for Children by Cathryn Sill
The author offers a first thoughtful glimpse into the world of birds. Age Range:  4-7

About Hummingbirds:  A Guide for Children by Cathryn Sill
The guide includes simple, easy-to-understand language that teaches children about hummingbirds. Age Range:  4-7

About Penguins:  A Guide for Children by Cathryn Sill
The guide teaches children what penguins are, how they look, move, eat and where they live. Age Range:  4-7

Baby Birds by Bobbie Kalman
Children will understand why and how birds lay eggs and how hatchlings emerge from their shells. Age Range:  5-8 years.
**Backyard Birding for Kids by Fran Lee**
Lee teaches kids about birds of all varieties, how to make their backyard bird-friendly, how to build a bird feeder and more. Grade Range: 4-8

**Backyard Birds (Field Guides for Young Naturalists) by Karen Stray Nolting and more**
This book uses the original art of naturalist Roger Tory Peterson and the most effective method for bird identification. Age Range: 4-7

**Backyard Birds of Summer: The Perfect Introduction to Birding by Carol Lerner**
This combines beautiful watercolor illustrations with helpful tips on feeders, houses and appropriate food. Grade Range: 3-6

**Barn Owls by Melissa Hill and Gail Saunders-Smith**
Children will learn more about these pale nighttime hunters. Age Range: 4-8

**Beginning Birdwatcher’s Book: With 48 Stickers by Sy Barlow**
This fact-filled workbook will help young birders begin keeping their own life list as they learn about 48 common North American birds. Age Range: 8-14

**Bird (DK Eyewitness Books) by David Burnie**
Children will learn how birds’ bodies are designed for flight, why wings are different shapes and sizes, how and where birds make their nests and why eggs are different colors. Age Range: 8-12

**Bird Log Kids (Nature Journals)**
The positive effects of journaling have been celebrated for decades. This book presents simple questions that gently guide children to record and draw their important bird observations. Age Range: 5-12

**Bird Talk: What birds are Saying and Why by Lita Judge**
Birds have lots of ways of communicating: They sing and talk, dance and drum, cuddle and fight. But what does all of the bird talk mean? Age Range: 6-9

**Birds, Nests & Eggs (Take Along Guides)**
Kids will learn how and where birds build their nests and all about their young. Plus the guide features activities that are fun and easy to do. Age range not available
Everything Birds of Prey: Swoop in for Seriously Fierce Photos and Amazing Info by Information by Blake Hoena
This book introduces kids to eagles, falcons, talons, beaks and everything else about birds of prey, the world’s most ferocious fliers. Age Range: 8-12

Bring on the Birds by Susan Stockdale
Introduces young readers to distinctive birds and their unique qualities. Meet birds such as the Blue-footed Booby and Red-billed Oxpecker. Age Range: 2-4

Can You Find These Birds? (All About Nature) by Carmen Bredson
This little guide is perfect for new readers. They will learn how to identify many common birds by reading about their traits and seeing photos of the birds in nature. Age Range: preschool-kindergarten

Crinkleroot’s Guide to Knowing the Birds by Jim Crinkleroot
Crinkleroot shares the excitement and rewards of bird watching, identifies more than fifty birds and includes facts about bird anatomy, behavior, life cycles and more. Age Range: 6-9

Everything Bird: What Kids Really Want To Know About Bird FAQs by Cherie Winner
The question-and-answer format packed with photos and kid-appealing layout provides basic information about habitat, diet, life cycle and history. Age Range: 8-11

Feathers: Not Just for Flying by Melissa Steward
Meet 16 birds and find out how they use their feathers. They are not just for flying. Age Range: 6-9

Fine Feathered Friends: All About Birds by Trish Rabe
Dick and Sally find themselves on a bird-watching tour led by the Cat in the Hat. They go motoring around the world to observe our fine feathered friends in their natural habitats. Age Range: 4-8
**Heard the Nesting Bird?**  By Rita Gray
Hear all the different bird calls and the quiet of a mama bird waiting for her eggs to hatch. Fun and informative facts are learned right from the bird’s bill.  Age Range: 4-7

**How Do Birds Find Their Way** by Roma Gans
Arctic Terns fly more than 10,000 miles. Tiny little hummingbirds fly nonstop over the ocean for 500 miles. How do they know which way to fly? Why don’t they get lost? Read and find out.  Age Range: 4-8

**Let’s Learn About Birds** by Cheryl Shireman
This book is full of beautiful color photos of various types of birds in assorted activities.  Age range not available

**Look Up!: Bird-Watching in Your Own Backyard** by Annette LeBlanc Cate
Quirky full-color illustrations portray dozens of birds chatting about their distinctive characteristics. Tongue-in-cheek cartoons feature banter between birds, characters and the reader.  Age Range: 8-12

**Books for Adults**

*Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder* by Richard Louv

*Sharing Nature With Children* by Joseph Cornell

*I Love Dirt: 52 Activities to Help You and Your Kids Discover the Wonder of Nature* by Jennifer Ward

*How to Raise a Wild Child: The Art and Science of Falling in Love with Nature* by Scott D. Sampson

*Nature Education with Young Children: Integrating Inquiry and Practice* by Daniel R. Meier and Stephanie Sisk-Hilton

*The Curious Nature Guide* by Clare Walker Leslie

*The Nature Connection* by Clare Walker Leslie

*Keeping a Nature Journal* by Clare Walker Leslie Roth

*To Look Closely* by Rubin

*The Nature Principal* by Richard Louv

*Birdology, 30 Activities and Observations for Exploring the World of Birds* by Russo

*Everything Bird, What Kids Really Want to Know about Birds* by Winner

*Raptor, A Kid's Guide to Birds of Prey* by Laibach and Smith

*Journey With Owls* by Evers and Taylor

*Bird* by David Burnie

"We all have those memories from childhood: jumping into a cool lake on a hot summer day, intently watching ants on the march or spending hours just laying back and looking at clouds. And whether we realized it or not, those moments in the outdoors helped shaped our views on the world around us. But those kinds of memories are fading fast for many young people today. The statistics are alarming: in a typical week, only 6 percent of children ages 9-13 play outside on their own and kids 8 to 18 spend an overwhelming 53 hours a week using entertainment media.

*Getting kids back outside is more important than ever—for the sake of the kids and the future of our planet. Spending time outdoors at a young age is critical to fostering a healthy conservation ethic.*" The Nature Conservancy