REPORT FROM THE PRESIDENT

Professor Gustavo Duque, MD, PhD, FRACP, GSAF, Chair of Medicine University of Melbourne, Director AIMSS

Dear Members of ANZSSFR,

It is my pleasure to submit my final report as President of the Society. Many exciting things have happened since we decided to create our Society at the end of our founding Conference in Melbourne in 2016. In the 2 years following the creation of our Society, we have approved our Constitution, registered our Society with all regulatory bodies, and established a close control of our finances by an independent accountant. We have a well-established Council with representation from all over Australia and composed by highly recognised leaders in the fields of sarcopenia and frailty research. Our Council meets on a regular basis and decisions are usually taken by consensus.

Two sub-committees have been created: Members Development and Scientific sub-committees led by Prof. Alan Hayes and Prof. Gordon Lynch respectively. The Membership Development Subcommittee oversees increasing and maintaining our membership, promoting our activities, and developing new opportunities for young investigators. Our Scientific Subcommittee is responsible for the scientific quality of our annual meeting and to support and advice our task forces.

Regarding our task forces, we implemented a Sarcopenia Criteria Task Force led by two young investigators Dr. David Scott and Dr. Jesse Zanker. The first meeting of this task force was held at the end of the annual meeting in Adelaide, where most leaders in the field of sarcopenia met and discuss a unified Australian and New Zealand position on our recommended definition for sarcopenia. This meeting was followed by a Delphi consensus and a publication in the Journal of Nutrition Health and Ageing. I would like to express my gratitude not only to David and Jesse but also to all the members of the Task Force for dedicating their time to this important initiative.

There are now some suggestions on future Task Forces. In fact, during our meeting in Dunedin, a Task Force on use of imaging for the diagnosis of sarcopenia will be established. Other future Task Forces will focus on the diagnosis of frailty and nutritional interventions for sarcopenia and frailty, including protein supplements and vitamin D.
Amongst all our activities, our annual scientific meeting is probably the most important to maintaining our Society’s role as an advocate and promoter of sarcopenia and frailty research in Australia and New Zealand. I was really impressed by the very high scientific quality and excellent organisation of the 2017 Meeting in Adelaide. A larger number of delegates from Founding Conference had the opportunity to listen to more than 40 presentations including some given by worldwide authorities in the field. I would like to thank Prof Renuka Visvanathan and her local organising team for their excellent job.

This year, our annual meeting is being held at the beautiful city of Dunedin (New Zealand) home of the very prestigious University of Otago. I have witnessed the fantastic and very dedicated job of A/Prof Debra Waters and her local organising committee, and could assure without hesitation, that this year’s meeting will maintain the high quality that characterises our meetings, while also keeping our friendly atmosphere full of networking and scientific exchange.

Next year, our annual meeting will be held in Sydney. I wish the best to Prof. Sue Kurrle and her team who have already started with the preparations supported by our very efficient event organising team at The Meeting People led by Lara Malcolm. I hope that attendance and participation at our meetings will increase every year as a proof that our Society is alive and strong while keeping our founding principles of equal participation of biomedical scientists, clinical investigators and allied health professionals, a balanced program between basic and clinical sciences, lots of oral presentations and networking opportunities, and a balanced agenda between frailty and sarcopenia.

A scientific society cannot survive without its young generation of scientists and clinical investigators. Therefore, I would also like to highlight that a new initiative promoted by Drs. Esmee Rejinierse and Jesse Zanker will be created to increase the involvement of young investigators within our Society. Their first step will be to organise a get together in Dunedin as a social activity to know each other and interact with our senior members in a relaxed atmosphere. Our Council is glad to support this idea and I wish them the best of success.

Another area of great progress within our Society is our international projection and the development of new collaborations. Our members have attended and actively participated at the International Conference on Sarcopenia and Frailty Research (ICSFR), including two our junior members who were sponsored by the Society to attend and present. In addition, our members have established strong links with the Asian Society for Sarcopenia and Frailty Research. Indeed, some members of that Society are expected to present in Dunedin. I think that these collaborations between societies play a pivotal role in developing the sarcopenia and frailty agenda all over the world.

Other future initiatives will include the final approval of the ICD10-AM for sarcopenia, the establishment of education programs on sarcopenia and frailty all over Australia and New Zealand, and the integration within Governmental advisory bodies to promote the establishment of sarcopenia and frailty within our health policies, thus having an impact on our population.
Very special thanks to our Manager Gwen McMaster-Fay. Gwen has worked tirelessly to build a strong Society and to have a continuous presence online. Thanks to her very friendly approach and professionalism, Gwen has become our main contact person for any aspects related to the Society.

While writing this report, I have a mixture of feelings that include pride, assurance and a little of sadness. I feel proud because an idea that started 4 years ago has now materialised into a very respectable and solid Society, which is gaining strength and presence in Australia, New Zealand and overseas. By looking at our new President and all the members of our Council, I have a great assurance that the Society is in great hands. I will still be the Society Past-President for the next two years and its Founding President for (I hope) many more years. My compromise is with this Society and its success, and I will do all my best to support it from any of my future capacities. Finally, I also feel a little bit of sadness for transferring this “Quinceañera” Society to new hands, I think this is a normal feeling, but the future is promising, and our mission is clear. Let’s all work together to make this Society stronger and better every day.

With best wishes,

[TREASURER’S REPORT]

Mrs Rita Kinsella (Clinical Research Manager) Program Director
AIMSS, Clinical Research Manager Musculoskeletal & Allied Health

A new bank account was opened in ANZ on 24/9/2017. Deposits from the Meeting People to the end of December were in total $24,150 with a further $10,000 held in reserve by the Meeting People, for the cover of ongoing expenses in establishing and planning the 2018 Annual meeting in Dunedin, New Zealand.

From 24/9/17 administrative costs (printing, related conference expenses, wages) amounted to $10,579.00. The balance in ANZ at 31/12/ 2017 was $13,577.95. Following on from the 2017 Annual meeting, discussions were put into place to appoint an Accountant and Auditor for the 2018 year.

Membership fees remain unchanged at $100 for full members and $50 for Members in Training.
## 2017 Conference Figures

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For 2017-2018 outgoings are likely to remain unchanged but with the immediate challenge to not only attract new members but to maintain and support existing members and to encourage future sponsorship.

**OBJECTIVES OF THE SOCIETY**

- To arrange for and to promote, foster, develop and assist the study of research and the acquisition, dissemination and application of knowledge and information concerning sarcopenia and frailty in all its aspects.
- To promote improved standards of knowledge of muscle function and biology, biological mechanisms of sarcopenia and frailty, development of new biomarkers for sarcopenia and frailty, prevention of disability in sarcopenic and frail subjects, study of the mechanisms, clinical outcomes and treatments of osteosarcopenia, and all aspects of falls and fracture prevention.
- To encourage, stimulate and foster interest in: a) Musculoskeletal biology and function, sarcopenia and frailty amongst other interested persons including regional and international bodies; b) the promotion of networking collaborations nationally and internationally.
- To encourage participation of scientists from Australia and New Zealand at the International Conference on Sarcopenia and Frailty (ICSFR) and other related conferences.
- To encourage and to assist and arrange for scientists, practitioners and others to travel abroad and promote scientific communication and exchange in the fields of muscle biology and function, sarcopenia and frailty, and to centralise, facilitate and promote the research agenda on all aspects of sarcopenia and frailty in Australia and New Zealand.
- To advocate for the integration of sarcopenia and frailty in clinical practice across Australia and New Zealand and to develop a research agenda for sarcopenia and frailty in Australia, from a bench to bedside to community and back to bench perspective.
- To promote translational research and clinical trials (investigator-initiated and industry-sponsored) on sarcopenia and frailty in Australia and New Zealand.
Formalities of ANZSSFR:
Constitution of the Australian and New Zealand Society for Sarcopenia and Frailty Research
Corporations Act 2001
Australian Public Company, limited by Guarantee
A.C.N. 619237884
The ANZSSFR Constitution was submitted and approved by ASIC in May 2017.
The Constitution was formally and unanimously and approved at the meeting of the ANZSSFR Council held 5th August 2017.
Professional/ professional liability has been organised and completed.
ANZSSFR membership stands at 140 for 2017.
The Annual Scientific Meeting for 2018 was approved to be held in Dunedin at a date in November to be confirmed.
The convenor of the 2018 Conference was approved: A/Prof Debra Waters
A/Prof Debra Waters attended the Asian Conference 2017 in Korea this year representing ANZSSFR.
It was confirmed that $100 for membership fees to remain. Young investigators/students fee of $50
It was approved that ANZSSFR to have a Membership Development Committee used to promote allied health, nurses, frailty and Sarcopenia and a broad scope of health professionals. Prof Alan Hayes has been delegated to Chair the Committee.
Ms Gwen McMaster-Fay was approved as Manager of the ANZSSFR.

COUNCIL MEMBERS ANZSSFR 2017

President: Prof Gustavo Duque. Vic
President Elect: Prof Robin Daly Vic
Secretary: A/Prof Debra Waters NZ
Treasurer: Mrs Rita Kinsella. Vic
Prof Andrea Maier. Vic & Tas
Prof Charles Inderjeeth. W.A.
Prof Susan Kurrle. NSW & ACT
A/Prof Ruth Hubbard. Qld
A/Prof Solomon Yu. S.A
Scientific Committee: Prof Gordon Lynch
Membership Development Committee: Prof Alan Hayes
PROF GUSTAVO DUQUE - FOUNDING PRESIDENT

Professor Gustavo Duque is a world leader in ageing and musculoskeletal research. He is a geriatrician and a clinical and biomedical researcher with special interest in the mechanisms and treatment of osteoporosis, sarcopenia and frailty in older persons. Prof Duque's major research interests include the elucidation of the mechanisms of age-related bone loss, osteoporosis, sarcopenia and frailty.

PROF ROBIN DAILY - SECRETARY & PRESIDENT ELECT

Professor Robin Daly (PhD, FSMA) holds the position of Chair in Exercise and Ageing in the Institute for Physical Activity and Nutrition at Deakin University in Melbourne, Australia. His research focuses on the integration of exercise and nutrition to prevent and manage diseases such as osteoporosis, sarcopenia, falls and fractures, as well as type 2 diabetes, certain types of cancer, and cognitive related disorders. Rob has over 20 years of experience in conducting human clinical, public health and translational intervention trials to evaluate the role of exercise and nutrition for preventing and managing common chronic diseases such as osteoporosis, sarcopenia, falls, type 2 diabetes, certain types of cancer as well as cognitive related disorders. He is also interested in health issues related to vitamin D deficiency (and treatment), dietary protein. omega-3 fatty acids and chronic low-grade systemic inflammation, and the translation of evidence-based research into practice.

A/PROF SOLOMON YU - SOUTH AUSTRALIA

Associate Professor Yu is currently a senior consultant geriatrician and Deputy Director of Aged and Extended Care Services (AECS) at the Queen Elizabeth Hospital, Central Adelaide Local Health Network. He is also a clinician researcher and completed his PhD study with Dean’s commendation, University of Adelaide, in 2014 on the topic of “Sarcopenia in Older People” under the supervision of Professor Renuka Visvanathan. The focus of his study looks at developing a tool for detecting sarcopenia at an early stage, so that preventive intervention can be introduced before detrimental effects set in.
CLINICAL / PROF CHARLES INDERJEETH - WESTERN AUSTRALIA

Clinical Professor Charles Inderjeeth is a Clinical Epidemiologist and Consultant Physician in Rheumatology and Geriatric Medicine. He is currently Director of Clinical Training (DCT), Research and Programs in the Area Rehabilitation and Aged Care and DCT for Sir Charles Gairdner and Osborne Park Hospital Group in Perth. He is a Clinician in Rheumatology, Geriatric Medicine and Osteoporosis.

He is a Clinical Professor (School of Medicine and Pharmacology University of Western Australia) and has been an honorary associate in the School of Medicine of the University of Tasmania. He is a Senior Board Examiner for the College of Physicians and an accredited Trainee supervisor. He is a member for the Australian Curriculum Framework for Junior Doctors and AMSEC Framework Working Group and AMSEC Framework Working group.

PROF ANDREA MAIER - VICTORIA & TASMANIA

Prof. Andrea Maier graduated in Medicine at the Medical University Lübeck (Germany) in 2003. She then registered as a specialist Internal Medicine-Geriatrician at the Leiden University Medical Centre, the Netherlands in 2009.

Her research is driven by her passion to unravel ageing mechanisms and the interaction of ageing and age-related diseases, with a particular focus on sarcopenia.

PROF SUSAN KURRLE - NEW SOUTH WALES

Prof. Susan Kurrle is a geriatrician practising at Hornsby Ku-ring-gai Hospital in northern Sydney and at Batemans Bay Hospital in southern NSW, and she holds the Curran Chair in Health Care of Older People in the Faculty of Medicine at the University of Sydney.

She has had a long interest in the diagnosis and management of people with dementia, and her research is particularly in the areas of physical conditions occurring in people with dementia, including falls and fall related injuries, delirium, and physical frailty.
Ms RITA KINSELLA - TREASURER

Rita Kinsella is a physiotherapist and is the Clinical Research Manager, Musculoskeletal Science & Allied Health at AIMSS, Australian Institute Musculoskeletal Science. Allied health professionals play a key role in the management of many musculoskeletal conditions and the team at AIMSS is involved in many areas of research using rehabilitation focussed interventions to address falls and fear of falling, balance and proprioceptive deficits, osteoporosis, sarcopenia and frailty in older adults.

PROF RUTH HUBBARD - QUEENSLAND

Dr Ruth E. Hubbard is a Senior Lecturer in Geriatric Medicine at the University of Queensland, Centre for Research in Geriatric Medicine (CRGM) and Consultant Geriatrician at the Princess Alexandra Hospital. She has an international reputation for her work on frailty in older people. Based on the number and nature of her publications, she is currently ranked number 5 in a list of the world’s leading experts in this field.

A/PROF DEBRA WATERS - NEW ZEALAND

Associate Professor Waters is the Director of Gerontology Research at the University of Otago in Dunedin New Zealand. She is also the Director of the University of Otago Collaboration of Ageing Research Excellence (CARE) research theme; Deputy-Director of the Ageing Well National Science Challenge and Vice President of the New Zealand Association of Gerontology. Since 2005 she has been involved with testing safe and effective life-style interventions for frail obese elders, effective community-based interventions for pre-frail older adults, and peer-led models of community falls prevention.

COMMITTEE CHAIRS

PROF ALAN HAYES - MEMBERSHIP COMMITTEE

Professor Alan Hayes is the Assistant Dean, Western Centre for Health Research and Education (WCHRE) located at Sunshine Hospital and the Deputy Director of the Australian Institute for Musculoskeletal Sciences (AIMSS). Professor Hayes has over 25 years’ experience in muscle physiology studies.
PROF GORDON LYNCH - SCIENTIFIC ADVISORY COMMITTEE

Professor Lynch is the Director of the Centre for Muscle Research at The University of Melbourne. He gained his Ph.D. in Physiology from The University of Melbourne (1992) and completed postdoctoral training with Prof. John A. Faulkner at the Institute of Gerontology at The University of Michigan, U.S.A. (1995-1997) while a NHMRC C.J. Martin Fellow. He was appointed Lecturer in Physiology at The University of Melbourne in 1999, promoted to Professor in 2008 and served as Head of the Department of Physiology from 2011-2016.

Australian and New Zealand Society for Sarcopenia and Frailty Research

SARCOPENIA DIAGNOSIS TASK FORCE

The primary aim for this Task Force is to determine a single operational definition of sarcopenia for promotion to clinicians and researchers in Australia and New Zealand. This may be achieved through one of the two following strategies:

- Adoption of an existing international operational definition, measurements and cut-points with research activities including validation of cut-points within Australian older adult cohorts.
- Development of a new Australian and New Zealand operational definition, measurements or cut-points, the methods for which may or may not be informed by existing international definitions.

Task Force Members will be invited to discuss these potential (and other strategies) and, if a preference is agreed upon, to engage in associated research activities.

INVITED MEMBERS OF THE TASK FORCE:

Gustavo Duque, David Scott, Jesse Zanker, Rob Daly, Alan Hayes, Josh Lewis, Manuel Montero-Odasso, Charles Inderjeeth, Andrea Maier, Debra Waters, Sandra Iuliano, Kerrie Sanders, Sharon Brennan-Olsen, Julie Pasco, Steven Phu, Solomon Yu, Esmee Reijnierse, Chris Girgis, Tim Henwood, Paul Gregorevic, Mathis Grossmann, Justin Keogh, Vasani Hirani, Renuka Visvanathan.
**DR DAVID SCOTT**

Dr David Scott (PhD, 2010) is an exercise scientist whose research focuses on the effects of age-related changes in body composition on physical performance, falls and fracture risk. He is a current NHMRC Career Development Fellow at Monash University and holds an Honorary appointment at The University of Melbourne. He conducts studies on the effects of sarcopenia and obesity on bone and muscle health in older adults, and the role of exercise and vitamin D in preventing falls and fractures. He has expertise in dual-energy X-ray absorptiometry, peripheral quantitative computed tomography and objective assessments of physical activity and muscle function.

**DR JESSE ZANKER**

Jesse is the Fellow in Geriatric Medicine at Western Health and will be a fully-fledged geriatrician in December 2018. He graduated from the University of Melbourne medical school in 2010, and subsequently undertook a Master of Public Health and Tropical Medicine at James Cook University. Jesse is passionate about preserving the independence and quality of life of older adults. Pursuing this interest, he started undertaking research with Prof Gustavo Duque and AIMSS in 2016. He enrolled as a part-time PhD student in 2018, studying the operational definition of sarcopenia. The first project in this capacity was as a panel member and co-author of the Delphi method-based consensus statement on the operational definition of sarcopenia in Australia and New Zealand.

**MEMBERSHIP**

**Benefits of Membership**

Being a member of the ANZSSFR enables more positive contact with other societies and facilitates reaching out to others. Benefits include:

**NETWORKING**

ANZSSFR is the only Society in Australia and New Zealand fully dedicated to the promotion of translational research on sarcopenia and frailty in Australia and New Zealand. It is also charged in lobbying all levels of government and health systems to integrate sarcopenia and frailty in clinical practice and health policies. The annual meeting is an excellent opportunity to do networking and to interact with other members sharing similar research interests.
INTERNATIONAL LINKS

Strong links have been established the International Conference on Sarcopenia and Frailty Research ICSFR, (travel grants and discounts are being negotiated). The ANZSSFR is also in close integration with the Asian Society for Sarcopenia and Frailty Research.

Membership fees: $100 per year for professional/full members and $50 per year for in-training members.

FULL MEMBER

Full Members shall be elected by the Membership Committee. They shall be such persons who have made an application to join the Society setting out their qualifications and who, in the opinion of the Committee, are deserving of membership. A decision of the Committee in respect of any application for membership shall be final.

MEMBER IN TRAINING

Members in training are those currently undertaking work towards a degree or higher degree that includes, but is not limited to: BSc, BSc (Hons), BN, MBBS, Masters, PhD, FRACGP, FRACP, FRACS. The membership committee may elect as in-training members any member who is appropriately recognised by the Society as "in training". They shall be such persons who have made an application to join the Society, setting out their qualifications and career stage, and who, in the opinion of the Council, are deserving of membership. This membership includes students in health professions, junior and advanced trainees in clinical specialties, students in any biomedical discipline, and students of allied health professions. In-training members shall be entitled to all benefits of membership.
ANZSSFR 2017 Annual Meeting/Conference.
ADELAIDE HEALTH AND MEDICAL SCIENCES BUILDING, THE UNIVERSITY OF ADELAIDE, SOUTH AUSTRALIA.

The ANZSSFR Conferences, held annually in November, is a shared initiative of the Australian Institute for Musculoskeletal Science (AIMSS), University of Melbourne, Victoria University and Western Health. During the two days of the Conference, leaders in the field of Sarcopenia & Frailty from Australia, New Zealand and overseas present. It provides an ideal opportunity to establish new networks and collaborations with many colleagues sharing interest in Sarcopenia and Frailty. These conferences are a unique opportunity to learn about new biological mechanisms, prevention strategies, biomarkers, diagnostic and therapeutic approaches.

LARA MALCOLM | CONFERENCE ORGANISER

Lara has over 20 years’ experience in organising meetings and conferences. She has had extensive involvement with a large range of meetings and clients as a conference manager. Her experience has been in running scientific, academic and professional meetings with a variety of clients in a range of venues both locally, interstate and within New Zealand. She has been Founding Director and Principal Consultant at The Meeting People since 2004.
2017 LOCAL ORGANISING COMMITTEE

Local Organising Committee
Professor Renuka Visvanathan, Convenor
Associate Professor Solomon Yu
Dr Ivanka Hendrix
Dr Natalie Luscombe-Marsh

Scientific Committee
Professor Renuka Visvanathan
Associate Professor Solomon Yu
Professor Gustavo Duque
Professor Rob Daly
Professor Ian Cameron
Professor Ian Chapman
Associate Professor Debra Waters
Ms Rita Kinsella (Scientific Secretary)

Guest Presenters:
Prof Cyrus Cooper OBE, Dr Manuel Montero Odasso, Prof Matteo Cesari
Dr Olga Theou, Dr Paul Gregorevic, A/Prof Debra Waters, A/Prof Dina Lo Giudice
It is my pleasure to welcome you to the Australian and New Zealand Society for Sarcopenia and Frailty Research 2017 Annual Meeting. Following the successful inaugural conference in Melbourne last November, the 2017 conference is in Adelaide, South Australia also known as the Festival City.

Both Sarcopenia and Frailty are increasingly important and affect many people, especially those aged 80 years and older. Identifying, preventing and treating these conditions will better allow older people achieve healthy ageing.

Over two days, there will be opportunity to hear from internationally renowned scientists and clinicians and collectively, we will improve our knowledge base in these important health related topics.

There will be opportunity to showcase new research as well as network with our colleagues where we can share ideas and forge collaborations. The abstracts will be published in a special issue of the Australasian Journal of Ageing.

This national conference is multidisciplinary in nature and will be attractive not only to clinicians but also scientists from multiple disciplines not limited to epidemiology, food science, bench-top research and health economics.

On behalf of our Scientific/Steering Committee, I would like to welcome you to Adelaide.

Invited speakers include

- Prof Cyrus Cooper OBE
  United Kingdom
- Dr Manuel Montero-Odasso
  Canada
- Professor Matteo Cesari
  France
- Dr Olga Theou
  Canada
- Dr Paul Gregorevic
  Australia
- Assoc Prof Debra Waters
  New Zealand
- Assoc Prof Dina LoGiudice
  Australia

VENUE
Adelaide Health and Medical Sciences Building, The University of Adelaide, North Terrace, Adelaide, South Australia

For further information:
Lara Malcolm, Meeting Manager
The Meeting People Pty Ltd
PO Box 764, Mitcham SA 5062
T +61 8 8177 2215
M +61 (0)411 439 410
E lara@themmeetingpeople.com.au
W anzafsrmeeeting.com.au
This national conference is multi-disciplinary in nature and attractive not only to clinicians but also scientists from multiple disciplines not limited to epidemiology, food science, bench-top research and health economics.

The conferences’ intensive program included plenary lectures given by major leaders in the field followed by parallel one-hour symposia selected from proposals submitted by participants.
Welcome to Country - Opening ceremony.

The Hon Ken Wyatt AM, MP Minister for Indigenous Health and Minister for Senior Australians and Aged care, officially opened the 2017 conference together in meeting with ANZSSFR Council members for an informal Meet the Minister Breakfast.
Award Recipients at the 2017 ANZSSFR Conference.

Highest ranked abstract – Clinical Sciences: $1,000

Construct and predictive validity of SARC-F as a risk assessment community screening tool for sarcopenia.

Wee Shiong Lim1, Laura Tay, Yew Yoong Ding, Audrey Yeo, Suzanne Yew, Bernard Leung, Cher Heng Tan, Noor Hafizah, Mei Sian Chong.

Tan Tock Seng Hospital, Singapore.

Highest ranked abstract – Biomedical and translational Research: $1,000

The effects of vitamin D supplementation on skeletal muscle function and fatigue in sedentary and physically active mice.

Danielle Debruin1,2, Emma Rybalka, Craig Goodman, Alan Hayes.

Institute of Sport, Exercise & Active Living (ISEAL), College of Health & Biomedicine, Victoria University, Melbourne, Victoria, Australia, Australian Institute for Musculoskeletal Science (AIMSS), Western Health, Melbourne, Victoria, Australia.
Best poster presentation (selected at the conference): $500

*Relationships of inflammatory markers TNF-α, IL-6, IL-10 and IL-1RA with age and muscle parameters in healthy young and old individuals.*

**Lachlan AN Thang**, Camilla SL Tuttle, Sarianna Sipila, Lauri Stenroth, Marco V Narici, Jean-Yves Hogrel, Gillian Butler-Browne, Jamie S McPhee, Mati P, Helena Gapeyeva, Andrea B Maier

Department of Medicine and Aged Care, The Royal Melbourne Hospital, The University of Melbourne, Melbourne, Australia,

*The $1000 prize monies to be used to attend the ICSFR in Miami, 2018.*
Sponsorship & Trade Displays 2017 Conference

**AMGEN**-
Platinum

**ELI LILY**-
Silver

JC Measurements

The Hospital Research Foundation

**Institutional Sponsorships**

Frailty and Healthy Ageing
Centre of Research Excellence

[University of Adelaide logo]
 Exhibitors:

Nutricia

Hologic

A2 Milk

AIMSS

Thank you to the Companies for the generous sponsorship & support for the ANZSSFR for the 2017 Conference.
Some captured moments of the 2017 ANZSSFR meeting
Invited Plenary Abstracts

Sarcopenic and Obese: Challenges for Identification and Treatment

A/Professor Debra Waters, Director of Gerontology Research, Dunedin School of Medicine, University of Otago, New Zealand.

Osteoporotic fracture: recent advances in risk assessment, prevention and treatment at the bone muscle interface

Professor Cyrus Cooper, MRC Life Course Epidemiology Unit, University of Southampton; and Institute of Musculoskeletal Sciences, University of Oxford, UK.

For a complete 2017 presentation report go on line to:

2017 Annual Meeting of the Australian and New Zealand Society for Sarcopenia and Frailty Research (ANZSSFR), 24–25 November 2017, University of Adelaide, South Australia

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Published on behalf of AJA, Inc. which represents The Australian and New Zealand Society for Geriatric Medicine, Aged and Community Services Australia, COTA Australia, and the Australian Association of Gerontology.
AIMSS brings researchers closer together and improves the health and well-being of the communities in which we live and work through innovative and integrative musculoskeletal research and advocacy.

Frailty.net is an international educational resource that aims to help geriatricians, primary care physicians and other health care professionals involved in the care of older persons implement frailty into clinical practice.

Aging in Motion (AIM) is a coalition of organisations working to advance research and treatment of sarcopenia and age-related functional decline.
ANZSSFR 2018 Conference

The 2018 Annual Conference will be held at St David Theatre Complex, University of Otago, in Dunedin, New Zealand. It will showcase international speakers, new research, emerging researchers, and will provide time to network with colleagues to share ideas and explore collaborations. The abstracts will be published in a special issue of the Australasian Journal of Ageing. This national conference is multi-disciplinary in nature and will be attractive to scientists and clinicians from multiple disciplines including medicine, epidemiology, exercise physiology, nutrition, basic sciences and body composition measurement and methodologies.

**AWARDS & GRANTS:** ANZSSFR offers the following awards at the annual 2018 conference.

- Highest ranked abstract – **Clinical and translational Sciences**
- Highest ranked abstract – **Biomedical Sciences**
- Best poster presentation - (selected by the attendees).

The highest ranked abstracts receive $1000 to be spent to attend the International Conference of Sarcopenia and Frailty ICSFR 2019. The best poster receives $500, no conditions attached.

**TRAVEL GRANTS:**

Up to 5 member-in-training travel grants of $1000 will be offered to the authors of the highest ranked abstracts at the conference. The travel grant is to be used for travel, accommodation and registration for the ANZSSFR 2018 meeting.

Application for the travel grants on submission of research abstracts.

Travel grants are only available for in-training members based outside the host city in that year.
Related international Conferences for Members in 2018-9

ANZBMS Annual Scientific Meeting
2ND–5TH, SEPTEMBER 2018 | Queenstown

2019 details check the ANZBMS website

https://frailty-Sarcopenia.com/abstract.php

New symposium for the ICFSR 2019 (International Conference on Frailty and Sarcopenia Research) in Miami Beach 20-22 February 2019

U.S. Department of Health and Human Services (HHS) Initiatives to Improve Function, Promote Healthy Aging and Independent Living Among Older Adults.

- Aging Research Supported by the National Institute on Aging (NIA): Announcing the NIA Central Biorepository.
- Chronic Disease Self-Management Education (CDSME) Programs and Other Services and Supports Resources.
Administration

Gwen McMaster-Fay - Executive Manager

Gwen McMaster-Fay combines her interesting roles as Executive Manager of the Australian New Zealand Society for Sarcopenia Frailty Research (ANZSSFR) and Manager of the Australian Institute for Musculoskeletal Science (AIMSS).

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