



Helena van Vliet AIA Dipl.-Ing. is a Biophilic Architect, Researcher & Speaker on Health and the Built Environment. She is Principal in charge at Helena van Vliet LLC. [www.helenavanvliet.com](http://www.helenavanvliet.com)

Born and raised in Germany Helena holds a Vordiplom in Architecture from the Rwth in Germany, as well as an M Arch from the University of Pennsylvania. She is licensed in the U.S. as well as in Germany.

Helena considers Architecture a Health Care Profession, and has made the creation of spaces, which foster cognitive ease and positive emotional engagement with place her primary area of exploration. She views human attachment to and caring for place as essential for true sustainability as well as for cognitive and physiological well-being. Helena is a biophilic consultant and facilitates biophilic design workshops and design charrettes. She is a regular contributor at the biophilic design hub [Human Spaces](#), and a steering committee member for the [Biophilic Cities Network](#). Locally, she is the President of [bioPhilly](#), a grass roots organization, which promotes wild habitat biodiversity in urban Philadelphia.

As adjunct faculty, Helena teaches biophilic design at [Pratt Institute](#) in NY. She is a Senior Thesis Advisor in the M.S. in Sustainable Design Program at [Jefferson University](#), and advises students nationally and internationally on biophilic design.

Helena is a member of the NIH 'Health in Buildings Roundtable.' As a guest speaker, she lectures at universities and corporate events on biophilic and design, biophilic urbanism, and on the direct connection between architecture and health.

